

THE

MONTAGE

SUMMER 2018

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THE MDHA VISION STATEMENT

The vision of the MDHA is for Registered Dental Hygienists to be recognized as primary health care professionals providing client-centred oral health care for all Manitobans.

THE MDHA MISSION STATEMENT

To advocate for and promote the profession of Dental Hygiene; to support our member-owners by providing opportunities for professional development; to encourage evidence based practice and lifelong learning; and to provide education and health promotion to the public.

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Executive Director's Message



I truly hope that everyone has been enjoying the summer months thus far. It has been a hot one, and I hope that everyone has been able to enjoy some time outdoors and a break away from the business of regular life.

At the MDHA we have had a great wrap up to our spring events and are very much looking forward to hitting the ground running in the Fall. Our June AGM saw attendance near 200 hygienists. Those in attendance enjoyed breakfast while listening to reports from various stakeholders and friends of the MDHA, committee reports and a yearly summary of the association's activities. See the AGM wrap up article within this issue of Montage for more information on the AGM.

Our Big Bike Fundraiser was once again a huge success in mid June – huge thanks to Laura McDonald and Larissa Bubnowicz for organizing the MDHA team and executing such a fun event for an extremely worthwhile cause.

I am pleased to inform membership that Sheryl Slosower has agreed to take on the role of Chairperson of the Professional Development Committee of the MDHA. Sheryl brings a vast knowledge of relevant topics and engaging speakers to us and we look forward to working with her. Please watch for information coming this Fall regarding new PD offerings from the MDHA in addition to the free webinars currently being offered by the CDHA.

I am also very excited to once again announce the joint RHPA preparations committee that has been struck between the MDHA and CDHM. This committee is made up of members from each organization and is working towards preparing the professions RHPA application in order to be ready when government names dental hygiene to transition. The committee has already had meetings with upper level government, including Avis Grey, Deputy Minister of Health where opportunities for the moving the profession forward are being discussed. Stay tuned for exciting developments from this group!

On behalf of Amanda and I, I would like to wish all our members a wonderful remainder to your summer. To keep in touch with all the MDHA's events and news, please like us on Facebook!

Lee Hurton

Executive Director
executivedirector@mdha.ca

Alumni Association



The University of Manitoba School of Dental Hygiene Alumni Association is happy to announce another successful year. Our AGM May 3rd showcased two research presentations from alumni, Pf. Kathy Yerex on her masters thesis topic, "Exploring cat cariology and the link to human pattern of caries in cat owners." And another from Terri Archibald, the winner of our Baccalaureate student poster presentation scholarship for 2018 titled, "Using the PDSA quality improvement model to provide dental hygiene services to youth with type 2 diabetes." Both were very intriguing and engaging and we wish them both well in their future endeavours. We also had support from the MDHA and SDH with the Director of SDH, Pf. Mary Bertone bringing greetings and from our new Executive Director/Registrar of CDHM, Arlynn Brodie. Our membership is overall stable and we encourage those who wish to renew their membership status to contact us at umsdhaa@outlook.com for a membership form. Annual fees are \$30 and \$10 for students. We are hope to raise enough funds to host a wine and cheese event this winter 2019 to offer networking opportunities to alumni, faculty and dental hygiene students, so

consider supporting us by attending our fundraising events this fall.

This Sept 28th plan to join us in celebrating our Alumnus of Distinction for the School of Dental Hygiene for 2018, Dr. Gayle Halas (see photo). Gayle is the research director of the Dept Family Medicine, College of Medicine, Rady Faculty of Health sciences at the Ft Garry Hotel. Gayle has participated in research, education and community service and has made her mark in Medicine as well as Dental Hygiene and is a truly worthy of this honor.

We would like to thank our UMSDHAA executive committee for their hard work this past year: Simone Jaman, co-president and membership chair, Janet Huynh, treasurer, Duyen Tran, student rep and secretary, Mel Selaman, student rep, and Natasha Kravtsov, faculty representative, Public relations chair Ruhi Akther, observing member, Corinne Latoske, and past-president, Cindy Isaak-Ploegman.

We are also grateful for our ongoing collaboration with the MDHA executive committee and thank them for their support.

Best is yet to come, Co-President, *Florina Atienza*





There I was, six years ago, sitting in my

car in a school parking lot frantically reviewing my notes, rehearsing, butterflies flying in formation in my stomach and absolutely terrified about making my first ever MDHA Community Outreach oral health presentation to a first grade class.

In the years since that morning, in response to requests that have come in to the MDHA, I have had many opportunities to visit schools, day cares, seniors residences, and groups for developmentally challenged young adults to talk about oral health care. Most recently I had the opportunity to present to six classes at H S Paul School in St. Vital on March 23rd and to three classes at the King's School on May 11th.

It is always a great experience visiting classrooms and teaching the kids about the importance of taking good care of their teeth and how to do it. Some things are universal ... kids love having a visitor to their classroom, they love the educational puppets that the MDHA has available for doing presentations, they love getting a new toothbrush (so do the teachers!), and there will be kids with a story to tell about their teeth, dental experiences and completely unrelated topics during question time. And, nothing quite compares to getting a hug and hand coloured thank you cards from the kids.

If you are not already on the email list to receive notices of requests for oral health presentations through the MDHA's Community Outreach Committee may I



encourage you to contact Meghan McKee at communityoutreach@mdha.ca and put your name on the list. The MDHA has resources available for members to borrow including a variety of educational puppets, books, typodonts, and games. The first presentation is the hardest but doing them is so rewarding *and* they can count for a PAR or as hours worked (but not both for the same presentation).

Heather Sirkowsky, RDH



H S Paul School students, Grades K –3



The King's School
Mrs. Campbell's Grade 2 students

MDHA Annual General Meeting Wrap-up



The 2018 MDHA Annual General Meeting was held on Saturday, June 9th at the Victoria Inn Hotel & Convention Centre. Members in attendance enjoyed a buffet breakfast while taking in the meeting and speakers.

In addition to the MDHA Board of Directors in attendance, greetings were brought by Karina Hiebert, CDHM Executive Director, Mary Bertone, Dean of the School of Dental Hygiene and Simon Jaman, School of Dental Hygiene Alumni Association Vice-President.

Manitoba's CDHA representative Deanna Mackay updated the group on recent CDHA news including its newly released image bank (free resource available on the CDHA website) as well as highlighted the free webinars now being offered.

MDHA President Taleisha Doiron & Executive Director Lee Hurton were up next to take

membership through an overview of the MDHA's activities over the course of the last fiscal year. Taliesha and Lee's reports can also be found within the MDHA's Annual report which was circulated prior to the AGM.

Through the election process that took place within the AGM, the MDHA is pleased to welcome three new Board members to its team – Geraldine Spence, Alyssa Montierro and Charissa Jacinto. As Taleisha Doiron's term as President was also due, Laura McDonald has agreed to step in as incoming President of the MDHA. Thank you to all of these amazing volunteers for filing each of these roles!

Once the formal part of the AGM was complete a few guest speakers had their opportunity to address the crowd. Alison Reis from Sun Life Financial was able to give an overview to members regarding the Long-Term Disability coverage and options available to them. Lastly, Brenda Macaulay presented her "Fit to Sit" program and took members through a few examples of her exercise program designed to help dental hygienists be just that – fit to sit!

Thank you to all members who attended the meeting and showed their support of the





Thank you to all members who attended the meeting and showed their support of the association and the important work that the MDHA does for its members and the profession. See you at next years AGM taking place Saturday, June 8th, 2019.





2018
CDHA
SUMMIT

Charlottetown, Prince Edward Island



CDHA National Conference 2019

SAVE THE DATE

October 3-5, 2019
St. John's, NL



Dental Hygiene Quarterly



LEARN MORE, SAVE MORE!

Get **three years** of learning for one low price.

SUBSCRIBE TODAY!



CDHA CORNER

Hello friends and colleagues!

It's that time of year again! We have had two great MDHA events at which we networked and reconnected with one another.

*First, MDHA held its annual "Welcome to the Profession" dinner. I had the pleasure of bringing greetings and congratulations on behalf of the Canadian Dental Hygienists Association (CDHA) to our new colleagues, the graduating class of 2018. This event is always fun as the excitement of those just entering our profession is so reinvigorating. To the new Manitoban graduates, once again: **CONGRATULATIONS** and best wishes for a successful career as a dental hygienist!*

The second event was MDHA's annual general meeting, at which I gave a presentation on CDHA's five "ends" or goals that were developed from your feedback.



1. Public Policy Environment

Members play a key role in influencing the public policy environment to improve not only their ability to practise as primary health care providers, but also the overall health of Canadians.

2. Professional practice

Members have the resources to work as an integral part of a health care team.

2.1 Healthy and Respectful Workplace

Members have the resources to ensure a healthy and respectful workplace.

3. Public Recognition

The Canadian public understands and values the dental hygiene profession.

4. Professional Knowledge

Members create, contribute to, and utilize a growing body of professional knowledge and research.

5. Leadership

Members' potential for professional leadership is developed.

In my next few submissions here, I will share highlights of what CDHA does to help achieve each of these "ends."

I hope you have a great summer!

Cheers,

Deanna Mackay, MSc, RDH
CDHA board director, Manitoba
directors@cdha.ca

WHAT'S NEW AT CDHA?

PROFESSIONAL DEVELOPMENT

CDHA is committed to supporting your ongoing professional development with **webinars that are now available to members for FREE**, saving you hundreds of dollars.

FREE webinars now on demand:

Community Water Fluoridation

Instrument Reprocessing Essentials

A Comprehensive Approach to Dry Mouth & Sensitivity, *sponsored by Colgate*

Orofacial Function Matters

www.cdha.ca/webinars

Online Courses

Radiation Safety for Dental Hygienists

Developed with the Ontario Association of Medical Radiation Sciences, this four-module online course will provide you with fundamental knowledge about the safe operation of x-ray equipment. Find out how radiation affects the body and how you can protect yourself, your co-workers, and your clients from unnecessary exposure.

www.cdha.ca/radiationsafety

UNMASKING OUR DENTAL HYGIENE SUPERHERO!

The submissions were numerous—818 in all, including 17 from Manitoba—and the judging extremely difficult, but we're thrilled to finally unmask the identity of CDHA's dental hygiene superhero. Congratulations to our competition grand prize winner Donna Lee and two honourable mentions: Mary Ito and Lisa Chovin. We look forward to sharing all the inspiring stories over the coming year.

2018 CDHA SUMMIT

Registration is now open for CDHA's fall summit #CDHASummit18 in PEI. Join us for a leadership session, sponsored by Philips, featuring presentations on respectful workplace culture, using social media, and advocacy and, on day two, a professional development session followed by lunch and CDHA's annual general meeting, sponsored by Johnson & Johnson. www.cdha.ca/summit

TIP SHEET FOR DENTAL HYGIENE IMAGES

Are you using images of dental hygiene clinicians, clients or practice settings on your website? For an oral health advertising campaign? To enhance fact sheets or brochures? If so, please review and download CDHA's handy new checklist to ensure you are accurately portraying dental hygienists and reflecting proper dental hygiene practice.

www.cdha.ca/imageBank/Top_TipsDHPPhotos_final.pdf

NEW MEMBER BENEFIT: RED CORNER STORE

Proudly Canadian, RED Corner Store is committed to offering you exclusive savings on major brands including Kate Spade, Swarovski, Vitamix, and LG, with attentive service and easy shopping. FREE shipping is available on products such as appliances, electronics, housewares, jewelry, apparel, and more. Start shopping and saving today!

www.cdha.ca/redcornerstore



FREE
Online Course

Lifelong Smiles for Individuals with Intellectual Disabilities

Available for all oral health professionals!

Special Olympics
British Columbia



Special Olympics
Health

MADE
POSSIBLE BY **Golisano** FOUNDATION

Register today at cdha.ca/LifelongSmiles



STRENGTH IN MEMBERS

THE CANADIAN DENTAL HYGIENISTS ASSOCIATION



Education

All webinars are *FREE*

Insurance

Coverage up to \$5M aggregate

Job Board

Over 700 positions posted annually

New Benefit!

Counselling

Workplace, stress, and family issues

View all the benefits at www.cdha.ca/Benefits
Renew your membership at www.cdha.ca/Renew

Prize-a-Day GIVEAWAY

Renew before November 1 and receive automatic entry in our prize-a-day giveaway draw for the chance to win a PHILIPS Sonicare power toothbrush.*
The earlier you renew, the better your chances of winning!

*All new and renewing members will be entered in the draw.



CONTEST

MEMBERS IN THE COMMUNITY

Part of MDHA's Mission includes providing education and health promotion to the public – we couldn't meet this objective without your dedicated effort.

Our members are doing a lot of great work and we want to highlight it – and say thanks! – to you for supporting community outreach initiatives.

Share your Community Outreach experience (either through MDHA or your own initiative) for a chance to win one of two gift cards for \$10 in each edition of the Montage!

Send a short write up of your experience (include pictures if you want) and send to info@mdha.ca.

*Winning submissions will be randomly drawn and announced in the next edition of the Montage

GOOD LUCK!



WE WOULD LOVE TO HEAR FROM YOU!

We would love to hear from you! If you have something you would like to see included in the MDHA Montage please contact us at info@mdha.ca!

We always appreciate member contribution! The MDHA Montage is about connecting with members so share your photos, announcements, and dental hygiene news with us!

CONNECT WITH US!

Like the MDHA on [Facebook](#)
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Follow us on Instagram [@MDHA_](#)





Manitoba
Dental
Hygienists
Association

Office Address:

200E - 1215 Henderson Highway
Winnipeg, Manitoba R2G 1L8

Phone Number:

(204)-981-7327

Website:

www.mdha.ca

Email:

info@mdha.ca

