

Montage



Dear Member of the Manitoba Dental Hygiene Association:

You are invited to attend our **Annual General Meeting**, at the Inn at the Forks, to be held on Wednesday June 6, 2007 at 6:30 p.m. Speaker to be announced. Please RSVP by May 30, 2007 by calling 981-7327 or email mdha2@mts.net.

This is your opportunity to learn more about the work of the MDHA over the past year, meet your board members, and take an active role in the governance of your Association. **We will be accepting nominees for the following positions:**

- President-elect
- Sponsorship
- Provincial Council Of Women representative
- Professional Development Co-Chair
- Rural representatives for Professional Development
- Northern
- Interlake
- South/West

If you have any questions regarding any of the positions, please don't hesitate to email us at mdha2@mts.net or phone us at 981-7327.

We extend thanks and appreciation to the following board members who will be leaving the board of directors at the conclusion of the 2007 Annual General Meeting:

- Harriet Rosenbaum - Executive Director
- Signe Jewett - Provincial Council of Women (co-chair)
- Natasha Kravstov - Provincial Council of Women (co-chair)
- Leanne Enns - Sponsorship
- Montage editors that are leaving Lauren Semkiw, Ashleigh Ives and Caitlin Barg

Manitoba Dental Hygienists' Association

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E-mail: mdha2@mts.net

Spring 2007



SPECIAL POINTS OF INTEREST:

- MDHA Boo at the Zoo a Success pg. 5
- Letter of concern regarding preventative scaling module pg. 10
- Look what our members have been up to pg. 11

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President's Message...

By Kim Legary, MDHA President

As I sit down to write this submission for the Spring Montage I can see signs of the season change outside my window. The snow is melting and thanks to the clocks springing ahead three weeks early this year, the days are longer. Spring is the time of year in Manitoba that we awake from our winter hibernation, a.k.a. routine, and long for days of outdoor activities and life at the Lake. We plan to organize our lives, starting with our closets, and we set goals for gardening and daily outdoor exercise. We want to move forward and better our station in life.

To better our position in life we have to consider our careers. The advancement of our careers as dental hygienists requires us to engage in lifelong learning, participate in profession awareness, and partake in activities which focus on the improvement of oral health for the members of the population that we serve. Organized dental hygiene in Manitoba has set goals for the betterment of the profession of dental hygiene. The dental hygienists of Manitoba will soon be self-regulated and by the time you read this article we should have a Registrar and Board of Assessors for the College of Dental Hygienists of Manitoba (CDHM) in place. Those of you familiar with Darby and Walsh's Human Needs Conceptual Model for Dental Hygiene Care will realize that we are entering the implementation stage of self-regulation. Thanks to a very dedicated group of professional dental hygienists the need for self-regulation of dental hygiene was assessed and in conjunction with the Government of Manitoba its implementation has been planned. The CDHM Transitional Council will oversee the initial year of operation of the College, at which time the operation will be evaluated, and the College will move to autonomy. This will advance dental hygiene in Manitoba to a new level of professionalism.

Continued on page 6...

Message from your President- Elect

“Ride the waves of change, and don’t get pulled down by the current.”

- T.S. Josephson

I spent the winter months planning for and anxiously anticipating a dental mission to *Ghana, Africa* with the U of M Community Centre for Oral Health. When I was invited to go, I was understandably thrilled and excited at what I saw as an incredible opportunity. But as the day to board the plane inched closer, my feet got colder and colder. Was I really ready for this? Could I actually go through with it? The fear of the unexpected was getting the best of me.

I am pleased to tell you that I did get on that plane. Had I taken the safe route, that path of least resistance, like I have done a thousand times before, I would have missed out on one of the most fulfilling experiences of my life. I walked away from this experience with many lessons, and if you buy me a cup of coffee sometime (I’m a “double-double girl”) I’ll tell you all about them. Among those lessons was what I learned about embracing change. Change may come with challenges, it may even be scary, but without risk there is no reward. And you may find that you didn’t need have to be scared after all.

With self-regulation just around the corner, our profession is on the brink of significant change. I have always believed that dental hygiene self-regulation was a positive move, the right move, but what will the future bring? How will it work for dental hygienists? Will it work to open up access to care? Our professional future may not yet be written, but we do not need to fear this change. Dental hygienists have always been key providers of oral health care, but now as we move forward, we can be recognized as the health professionals we truly are!

Continued on page 5...

Dear Manitoba & Canadian Dental Hygienists,

The College of Dental Hygienists of Manitoba Transitional Council is seeking applicants for the position of Interim Registrar. The position is available part time until CDHM is fully operational (approximately 12 months), at which time the volume of workload will be assessed by the Council, and if warranted, a full time position would be established for which this successful candidate will be eligible to apply.

In-province applicants – This is a unique professional opportunity to combine with your existing practice.

Out-of-province applicants – Consider a significant career move where you could combine creating the foundation of the College with your areas of expertise, such as clinical practice or potential part-time clinical teaching at the University of Manitoba School of Dental Hygiene.

Please find additional details on the CDHM-TC web site (<http://www.gov.mb.ca/health/cdhmtc/index.html>). Note that the application deadline has been extended until April 30, 2007.

Consider this opportunity to contribute to your profession and to play an important role in the creation of our College. These are exciting times for dental hygiene in Manitoba!

Continued from page 4.....

MDHA Executive Director Harriet Rosenbaum is poised on the brink of change. After more than two decades of dedicated service to Manitoba's dental hygienists, Harriet is stepping aside to take on new challenges. Harriet, we thank you for making a difference in our profession. Undoubtedly you have helped to create many smiles in your time with us!

Yaa Asantewaa

(Mary Bertone, my new Ghanaian name, as given to be by locals)

Dental Hygiene Welcome to the Profession Reception

The Manitoba Dental Hygienists' Association will be hosting a reception for the new graduates of the University of Manitoba, School of Dental Hygiene. All members are welcome to attend:

Old Spaghetti Factory at the Forks
Wednesday May 9th at 6:30 p.m.

Please RSVP by May 1, 2007 by email to mdha2mts.net or phoning 981-7327.

Congratulations to the Dental Hygiene Class of 2007!

Continued from page 3...

To reach this new level of professionalism organized dental hygiene requires participation from its membership. The Manitoba Dental Hygienists' Association needs you to become actively involved in the profession of dental hygiene in Manitoba. So please take the time to evaluate your present contribution to your profession and consider volunteering with the MDHA on some level that will allow you to grow as a dental hygienist and expand your present horizon. It is time to spring clean your career, and involvement with a group of enthusiastic dental hygienists may be just the revitalization that you need.

In closing I would like to extend my gratitude to Harriet Rosenbaum for her many years of dedication to the MDHA. She has served extensively as a volunteer and as the MDHA's first Executive Director. Her input and enthusiasm will be missed, but she will live on as a role model to those who will follow her. Harriet, the Dental Hygienists of Manitoba wish you a bright and restful retirement.

Congratulations to...

Mickey Wener, Carol Yakiwchuk, and Mary Bertone who received the 2006/07 Crest Oral-B Health Promotion Award (clinical team) in recognition of their extensive work in the area of mouthcare training for caregivers. An important component of their success in improving the oral /overall health of dependent adults has been a collaborative partnership with Deer Lodge Centre's speech language pathologists ~ health professionals whose scope also focuses on the oral cavity. Along with numerous mouthcare workshops being offered over the years that have spanned several health regions and provinces, this team's most recent collaborative efforts involved keynoting the Winnipeg RHA yearly *Safe Feeding and Swallowing Refresher Series*, which was offered at 4 sites in Winnipeg and included caregiver representation from all personal care homes (PCH) within the Winnipeg RHA. Caregivers who participated in the "train-the-trainer" oral care workshop left empowered with a simplified training presentation on CD and an oral care demonstration tool kit to then educate others within their own PCH facility. Along with mentoring dental hygiene students, this group also welcomes fellow dental hygienists with a keen interest in expanding their skill in this area.

Read all about it on pg. 100 of the latest CJDH



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FRIDAY, MAY 11, 2007

MOUThcARE FOR CAREGIVERS - YOU cANNOT BE HEALThY WITHOUT ORAL HEALTh!

Mickey Wener BS (Dent Hyg), MEd CTESL; Carol Yakiwchuk RDH

Lorraine Glassford RDH; Mary Bertone RDH

The Centre for Community Oral Health and the School of Dental Hygiene are happy to present for the third time, an increasingly popular workshop, "Mouthcare for Caregivers". This hands-on session will be provided to our participants in the Faculty's state-of-the-art dental lab facilities. Providing quality mouthcare for those who are dependent on others can improve their quality of life whether they are being cared for at home or in a long-term care facility. Caregivers can make a difference by helping others to keep their teeth for enjoying and eating a healthy diet, to avoid painful tooth decay and costly treatment, to feel and smell fresh and clean, and to prevent serious infection that can lead to other potentially life-threatening problems, such as aspiration pneumonia.

Participants will update their mouthcare knowledge and skills by learning why the people they care for are at risk for oral disease; the connections between the mouth, the body and overall health; what causes oral disease; mouth tissues.... what's normal—and what's not; strategies & products for routine and challenging daily mouth care; products that work to make a tough job easier; and the ingredients needed to promote oral health at your facility.

This workshop includes presentation, video clips, demonstrations, practice on realistic dental models, and a handout and product package. Join us for a truly informative course.

Time: 9:00 a.m. - 12:30 p.m.

Place: Brass Lab (2nd floor)
780 Bannatyne Ave
Winnipeg, MB

Fee: \$50 - payable in advance by participant.

All caregivers welcome - health care aids, nurses, speech/language pathologists, occupational therapists, educators, administrators, and others.

All interested oral health professionals are invited to participate.

Executive Director's Report:

I would like to use the report in this issue to thank you and good bye to the Manitoba Dental Hygienists' Association. I am retiring from the association this June 2007. I have been active in our profession at some capacity or another for the last 26 years and at this time need a break to pursue other interests. It has been an honour, and a very rewarding yet sometimes frustrating experience serving as your executive director. I have seen our association grow professionally and numerically. At the point of writing this report our association has 333 members. That is fantastic.

What I wish for our association is continue to have the passion to grow and develop as a membership organization. I would like to inspire all of the MDHA members to get involved and be active in your association.

Thanks for the memories, there are many!!

Harriet Rosenbaum

2006-2007

Dental Hygiene Professional Development Calendar



Saturday May 12, 2007 (10-3pm, 4Cr.)

U of M Calendar

Laura **MacDonald**, Dip DH, BSc (DH), MEd; Dean **Kriellaars**, PhD; Brenda **Kulik Macaulay**, MB Fitness Instructor. "Core Body Strength and Your Practice"

SPRING (Dates TBA)

School of Dental Hygiene (3 day course)
"Local Anesthetic Certification Course"
Please call 789-3683 for registration.

School of Dental Hygiene
"Restorative Certification Course" (3 day course)
Please call Diane Girardin at 789-3683 for registration.

*Please contact Shannon at 275-2189 or shannonk@mts.net for information

*Please call the Winnipeg Dental Society (Chris Cottick) at 988-5300 for information on registration

To Toronto and back (in three days)

2007 CDHA Student Summit

By: Deanna Mackay

On January 20th in Toronto four classmates and I attended the first ever Student Summit meeting put on by the Canadian Dental Hygienist Association. This event proved to be very beneficial. Speakers from across Canada spoke on topics such as: Employment Contracts and Issues in the Workplace, Professional and Public Accountability, Risk Management and Professional Liability, Advanced Education, Canadian Armed Forces, Community Health, Independent Dental Hygiene Practice, Restorative Dental Hygiene Practice, and Industry-Based Clinical Education.

The high quality of the presenters combined with the exposure to non traditional dental hygiene careers provided a great framework for future conferences to build on. This is an excellent opportunity for dental hygiene students to network with other students and develop an understanding of what professional conferences involve.

Aside from the conference the trip to Toronto provided lasting memories with fellow peers (and the food wasn't bad either.....chocolate fountains....). This trip would not have been possible without the generous donation from the School of Dental Hygiene. We hope that due to the positive feedback from attendees and the host CDHA, this will be the start of an annual tradition.





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