

MONTAGE

FALL
2013



(Clockwise from top: 1st, right to left - former acting SDH Director, Sheryl Feller; first SDH Director, Dr. Marnie Forgay; former SDH Director, Salme Lavine; current SDH Director, Dr. Joanna Asadoorian; 2nd - Dr. Forgay and Dr. Asadoorian; 3rd - Dr. Asadoorian and guests)



School of Dental Hygiene is 50 Years Young!

A tremendous congratulations to the University of Manitoba, School of Dental Hygiene for 50 years of excellence in oral health education!

On Saturday, September 21st, the school - where many of our own members have matriculated from - celebrated, yes, its 50 year milestone! The champagne brunch took place at the University's Bannatyne campus, the same campus, where back in 1963, the first class began. The event was well attended

with many stories and memories shared.

Here's looking forward to another 50 years of excellence!

Also, congratulations go out to 2013 Alumni of Distinction recipient for Dental Hygiene, Pattie Moore! Pattie is honored for her over 30 years as an oral health professional with a focus on public service and a commitment to promoting health to underserved populations. You are an inspiration to us all Pattie! (Photos on page 7)

"Life starts all over again when it gets crisp in the fall" -F. Scott Fitzgerald

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MDHA VISION

To be the collective voice of Manitoba Dental Hygienists in promoting the profession; cultivating partnerships with member-owners and other stakeholders and empowering our member-owners for the good of the profession and the public

MISSION STATEMENT

To advocate and promote the profession of Dental Hygiene; represent our member-owners, encourage lifelong learning and evidence based practice; and provide education & health promotion to the public. This includes:

- Acting as the collective voice, resource and advocacy body for Dental Hygienists
- Providing professional development and social networking opportunities
- Encouraging continued growth and development of the profession
- Creating public awareness of the profession of Dental Hygiene
- Providing opportunities for health promotion, education and community outreach

MESSAGE FROM YOUR PRESIDENT

Hi everyone! I hope you all had a fantastic summer.

My name is Stephanie Champagne and as you may know, I am the MDHA President for the 2013-2014 term. I would like to thank Shauna McGregor and the entire executive board for all of their hard work and dedication to the past term. I would not be able to be in the position that I am without their guidance and expertise.

Furthermore, I would like to send out a warm welcome to our new and returning board members. The dedication of our board members is what makes this association work. This year we have some new executive board members added to our roster. Larissa Bubnowicz is the new President Elect. Larissa graduated from the University of Manitoba in 2013 and has great passion for the dental hygiene profession. Charissa Jacinto is our new treasurer and she graduated from the University of Manitoba in 2012. Charissa has a great enthusiasm for learning and will be a great asset to the MDHA board. Maricris Reyes is our new secretary and she graduated from the University of Manitoba in 2012. Maricris will be a fantastic asset to the MDHA executive board as she has a very positive attitude and is willing to help in any way she can!

Since our last montage submission, we have employed a wonderful administrative assistant, Amanda, who is available to help with any questions or concerns and/or direct them to the appropriate venues. Her hours are Mondays, Thursdays 5pm-8pm and Wednesdays 9am-1pm and she is located at Unit 200E 1215 Henderson Highway. We would like to welcome any MDHA members or non members to stop by and have a look at our new office and meet our lovely admin assistant! She can also be reached at 1.204.981.7327 if anyone is looking for more information.

I am very excited for the year ahead. I am eager to work with the new and old board member to bring our MDHA members what they want. This association belongs to you and we need your input. If anyone would like to lend some of their ideas or their time to our association, please contact us at info@mdha.ca, or 1.204.981.7327.

Stephanie Champagne, RDH

MDHA President

MESSAGE FROM YOUR PRESIDENT ELECT



Dearest greetings! My name is Larissa Bubnowicz and I am honoured to be a part of the MDHA as your President-Elect for this current 2013-2014 term. I would like to welcome you all to a new MDHA year and express my sincere gratitude to the association, and its members, for this privilege and opportunity of being part of your Executive Board Committee.

Before being accepted into the School of Dental Hygiene, I studied and received my undergraduate Bachelor of Science degree in Microbiology from the University of Manitoba. It was during this time that I discovered my love and passion for oral health care from my experience as an orthodontic and implant patient, at the University of Manitoba Faculty of Dentistry. It was then that I developed admiration for the role of dental professionals and was inspired to contribute to making an influential difference in the lives of dental clients.

I am fortunate that I am currently employed full-time between the offices of River North Dental Centre and LifeSmiles Dental. Practicing with both offices is providing me with the opportunity of experiencing different community based dental clinics, each particular in their own unique clinical practice atmosphere, environment, skill set and clientele.

My love for the profession extends beyond solely the private practice clinical setting. I am privileged to be conducting research, within the field of dental biomaterials and specific to that of dental enamel fluoridation, with the mentorship and guidance of Dr. Rodrigo França, Assistant Professor of the Department of Restorative Dentistry. This has continued to be a life changing experience, as I regularly attend and present at various dental research conferences, and am currently in pursuit of journal publication. In addition, I truly enjoy dedicating my time to that of academia, as a part time faculty instructor for the Department of Restorative Dentistry, for both first year dental and dental hygiene students.

I am proud to be part of a primary health care profession that is highly regarded amongst the local community, one that is involved with its heart and soul, through preventive education, promotion, volunteering and with outreach programs. As a profession, we have been fortunate to have been previously mentored and guided by many brilliant, genuine and admirable individuals. As the future of this association, it is important to me to contribute to the advancement of the profession and to be able to give back to its members and community, all in a nature that is positive, welcoming and supportive.

Therefore, I am greatly looking forward to my presidential commitments of the upcoming three years, learning of the association and its members, and the way in which I can advocate, represent and collaborate with everyone best. I hope that I can be as dedicated and as influential as so many of my colleagues and mentors before me.

I truly look forward to personally meeting each of you and for the future endeavours of our association!

Larissa Bubnowicz, B.Sc, RDH
MDHA President – Elect

WELCOME MDHA'S ADMINISTRATIVE ASSISTANT



Hello There!

My Name is Amanda Marten and I am the new MDHA's office Administrative Assistant. I have been working in the office for the past 3 months learning about the association and familiarizing myself with the dental hygienist profession. I have been a stay-at-home mom and wife for the past 7 years. I have a 7 year old and a 2 year old. The girls sure do keep this mama busy. Besides driving the girls to and from activities and organizing play dates I have also taken up running. Wow! What a challenge and a thrill all at the same time. I love it! While working only part-time at the office still allows me time to be with my girls and my husband, the best of both worlds.

I look forward to working with the board members in day-to-day operations and planning functions. I hope to be able to generate ideas and spark creativity within the association.

Please feel free to contact me through email (amarten@mdha.ca) by phone (204-981-7327) or come on down and see me in person. I look forward to hearing from you.

My office hours are:

Monday 5pm to 8pm

Wednesday 9am to 1pm

Thursday 5pm to 8pm

"No one can whistle a symphony. It takes a whole orchestra to play it."

Amanda Marten

CONTEST! MEMBERS IN THE COMMUNITY!

Part of MDHA's Mission includes providing education and health promotion to the public – we couldn't meet this objective without your dedicated effort.

Our members are doing a lot of great work and we want to highlight it – and say thanks! – to you for supporting community outreach initiatives.

Share your Community Outreach experience (either through MDHA or your own initiative) for a chance to win one of two gift cards for \$10 in each edition of the Montage!
Send a short write up of your experience (include pictures if you want) and send to info@mdha.ca.



*Winning submissions will be randomly drawn and announced in the next edition of the Montage

GOOD LUCK!!

See page 12 for winners!



ANNUAL GENERAL MEETING

COLLEGE OF DENTAL HYGIENISTS OF MANITOBA

CDHM WELCOMES MEMBERS
TO THE

FIFTH YEAR ANNIVERSARY OF SELF-REGULATION

WE ARE PLEASED TO ANNOUNCE THAT THE
ANNUAL GENERAL MEETING (AGM) OF THE
COLLEGE OF DENTAL HYGIENISTS OF MANITOBA (CDHM)
IS SCHEDULED FOR:

OCTOBER 19, 2013

9:00 AM – 1:30 PM

CENTRO CABOTO CENTRE

1055 WILKES AVE, WINNIPEG, MB

REGISTRATION FROM 9:00 – 9:30 AM

MEETING: 9:30 – 11:30 AM

CELEBRATION LUNCH AND NETWORKING EVENT
TO TAKE PLACE IMMEDIATELY AFTER THE
ANNUAL GENERAL MEETING

STAY TUNED FOR INFORMATION ON HOW TO REGISTER!

FOR INFORMATION, PLEASE EMAIL: CDHM@CDHM.INFO

OR CALL US AT: **(204) 219-2678**

"CDHA CORNER"

The CDHA Corner is where you will find updates and reminders from your National Association!



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1. Test conducted through University of Nebraska Medical Centre College of Dentistry and YRC Inc. Published data are available on file. C13135

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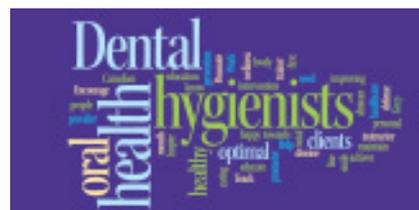


Will you be part of where we're going?

The 2013–2014 membership renewal notices have been issued. CDHA membership provides you with **credibility, visibility and voice** in addition to:

- [a brand new employee and family assistance program \(EFAP\),](#)
- [a first rate professional liability insurance program,](#)
- subscriptions to a [professional magazine](#) and [research journal.](#)
- [numerous other value added products and services.](#)

Join us as we continue to move the profession forward. Renew your membership, enjoy the benefits and celebrate 50 years with CDHA.



Alumni of Distinction Gala



(Above, right to left:
Donna Dowie,
Stephanie Gordon,
Laura MacDonald,
Pattie Moore, Mary
Bertone, Shauna
McGregor and
Larissa Bubnowicz;
To the left: Dr. Barry
Rayter, 2013 Faculty
of Dentistry 2013
Alumni of Distinction
and Dr. Frank
Hechter, 2011 AOD)

(Below: Linda Pharand presenting Pattie Moore with the 2013 Alumni of Distinction Plaque at the gala on September 20, 2013)



Pacific Dental Conference

Save these dates!

March 6-8, 2014 Vancouver, BC



Featured Speakers



Nancy Andrews
Cheri Wu
Dani Botbyl
Shannon Pace Brinker



Kristy Menage Bernie
Fay Goldstep
Bart Johnson
Michele Williams



Jo-Anne Jones
Chris Scappatura
Sonia Leziy
Carla Cohn

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- Enjoy Canada's premier two day dental tradeshow featuring all the newest equipment and products at over 500 exhibitor booths in the PDC Exhibit Hall

'UBC Speaker Series'
and other UBC celebrations

UBC DENTISTRY 50 YEARS



Online registration begins October 15th, 2013 at... www.pdconf.com

“Dear Editor”

Dental Hygiene at the 2013 Biomedical Youth Summer Camp

By Raymond Wang, RDH



Recently, I was presented with the opportunity to volunteer at the Biomedical Youth Summer Camp at the University of Manitoba. The camp ran for a week from July 22nd to 26th 2013. This camp is hosted by students from the Faculty of Medicine in conjunction with the Biomedical Youth Program which combines the Alan Klass Memorial Program for Health Equity, Dept. of Community Health Sciences, Faculty of Medicine and University of Manitoba as an outreach initiative (as defined from the volunteers orientation PDF). This sparked my interest and I jumped at the opportunity to volunteer.

I was to present for a day on July 25th and my task was to present to youth ranging from grade eight to twelve regarding what a dental hygienist (DH) is, common practices performed by a DH, how DH's work inter-professionally and how to apply to the School of Dental Hygiene. I would present to two groups, one in the morning and one in the afternoon. Immediately, words like “site visit” and “action plan” from Ms. Mary Bertone's

Community Health class raced through my mind. This was my chance to pull from all the knowledge that I had learned from the School of Dental Hygiene.

I attended the Biomedical Youth Summer Camp (BYSC) volunteer orientation to gain some base knowledge about the camp and the youth I would be presenting to. Then I prepared my presentation and PowerPoint accordingly. I really wanted the students at the camp to leave with a better understanding of what a DH is and maybe spark some interest about becoming a DH. My PowerPoint included many pictures and I brought along scalers, study models, a dentoform, radiographs (taken on a Dexter) and Kilgore teeth to pass around for the students to see. Initially I wanted to do a disclosing tablet activity with the students, however due to the lack of access to a sink and room constraints I decided to leave it out. I also prepared a short survey for the students to fill out after my presentation so that I could get some feedback about the presentation. It consisted of six statements with corresponding ranking based on the Likert scale and an area for free responses.

So finally, the day of my presentation arrived and I made my way to the Bannatyne campus at the University of Manitoba. Overall there were about 200 students at the camp ranging from grade four to twelve. There was an energetic atmosphere around the camp as the students all seemed excited to be there. The volunteers were made up of students and graduates and they were also all very enthusiastic. It felt like a great environment for the youth to learn about all things science.

I presented to a total of 30 students ranging from grade eight to twelve. They all were eager to learn and asked great questions. Their existing knowledge also

(continued on next page)

surprised me which was displayed through their willingness to answer questions and share their thoughts. Comments from the surveys about the visuals that were passed around were “I really liked passing around the tools and the examples of the teeth”, “I liked the models, pictures and dental tools” and “I liked learning what you actually do at the university and I liked the tools and other stuff that were passed around”.

In the end, I feel like I was able to achieve both my personal goals and what the co-ordinators wanted to achieve following my presentation at the BYSC. I know this through the results of the surveys that were filled out. A total of 22 surveys were returned. I wanted the students at the camp to leave with a better understanding of what a DH is and 87% of the students agreed or strongly agreed that “I have a better understanding of what a dental hygienist is after this presentation”. Also, I hoped to spark some interest in dental hygiene and although modest, there was a reported increase in interest in DH. 14% of the students agreed or strongly agreed that “I was interested in dental hygiene before this presentation” and 32% agreed or strongly agreed that “My interest in dental hygiene has increased as a result of this presentation”.

One of the most rewarding examples of the interest in DH was shown through the comments on the surveys. Here is a sampling of some of the responses: “Thank you! I liked learning because I am slightly getting over my fear of dentists...”, “I liked how the presenter explained how to become a dental hygienist specifically. I definitely have more interest in this career now.” and “Thank you for sharing your presentation! I really enjoyed it and am starting to consider a job in the dental field”.

Something I learned by doing this presentation and can improve for next time is putting more effort into including a hands-on activity. Like I previously mentioned, I had thought of including one but gave up on the idea prematurely. Some of the comments reflected this, comments such as “No activity? :(” and “I would have liked to do hands-on activities”.



After the students filled out the surveys, they received a toothbrush and toothpaste provided by the Manitoba Dental Hygienists Association. Naturally, they were most excited for this part.

Overall, my experience volunteering at the 2013 Biomedical Youth Summer Camp was a very positive one. It was an experience that I learned a lot from and will be able to apply to future presentations. I am glad I was able to promote education and the great field that is dental hygiene.

Thank you to the Manitoba Dental Hygienists Association and Biomedical Youth Program for this great opportunity.

Andrea Moore O'Connor, BHE
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Professional Development

MDHA Professional Development.....Life Long Learners.....

By now most of us have received your postcards in the mail. Sorry for the confusion.

We have an exciting year ahead with a great lineup of speakers. We took your suggestions to heart and have offered the lecture series on different nights this year, for those who cannot make it on one night only.

Our lecture series has begun. Our first lecture by Dr Perry was about Squamous Cell Carcinoma. Dr Perry's information was delivered through a combination of slides and quick references for the participants to use later in their private practice. As usual, participants were not disappointed.

If you missed the first lecture, members are still welcome to register for future events as we have three more lectures in the series. We are looking for suggestions for the last topic, so feel free to send us your ideas. I guarantee you will not be disappointed.

It is with great excitement that we have partnered with the Manitoba Dental Assistants to present 50 Shades of Something....Women's Sexuality and Aging. This will be presented by Lois Glover from the Mature Women's Resource Centre, located at the Victoria Hospital. This lecture promises to be filled with humor and great information. So please save the date. November 23 .2013. Also note that you Need to register by November 1st.

So, keep the postcards handy, and watch for email blasts.

Hoping to see you at the next event,

Karen Kiazzyk Kaatz

Professional Development Chair

Winnipeg Rhapsody - October 26th, 2013 - 7 credits



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**MDHA
2013/14
Professional
Development
Calendar**

**November 4,
2013**

7pm - 9pm

Faculty of Dentistry,
Schwartz Theatre

Presented by Kelly Tye
Vallis, M.S. SLP

Dysphagia and Oral
Health: Common
Concerns in Long-term
Care

*MDHA Lecture Series

**November
23, 2013**

10am - 1pm

(Registration 9am)

Cabot Centre, 1055
Wilkes Ave, Wpg, MB

Presented by Lois
Glover RN, BN,
NCMP

"50 Shades of
Something...Women's
Sexuality and Aging"
(In collaboration with Manitoba
Dental Assistants Association)

**January 24,
2014**

Annual Mid-Winter
Convention

Convention Centre,
Winnipeg, MB

Presented by Dr. Davit
Sweet O.C. DMD,
Ph.D.,DABFO, FICD,
FACD

CSI Winnipeg:
Investigating High
Profile Cases

**February 4,
2014**

7pm - 9pm

Faculty of Dentistry,
Schwartz Theatre

Presented by Dr.
Robert Schroth DMD,
MSc, PhD

Caries Risk Assessment

*MDHA Lecture Series

**March 13,
2014**

7pm - 9pm

Faculty of Dentistry,
Schwartz Theatre

Topic and Speaker
TBA
(chosen by you!)

*MDHA Lecture Series

**March 22,
2014**

10am - 1pm

Location TBA

Presented by Dr. David
Clark, Bsc., DDS, MSc
(Oral Pathology),
FAAOP, FRCDC

Psychiatric Illness and
Dentistry: Challenges
to Oral Care (Manitoba
Dental Hygienists Course)

MDHA wants to hear from you!

We are currently in the process of planning for next years professional development calendar and we need your help. MDHA would like to know which topics, speakers, courses you would be interesting in attending. Our goal it to provide YOU the member with a professional development calendar that will help you achieve your continued growth and development as a dental hygienist.

Members in the Community WINNERS are:

Ashley Fehr and Stephanie West!

Congratulations! You have won a \$10 gift certificate to Tim Horton's!

Thank you for supporting community outreach initiatives and sharing your experience!

You are doing GREAT work!

Employment

Members, if you are looking for employment do not forget to check our website for job postings which are regularly updated. Just visit us at www.mdha.ca and click on Employment Opportunities. Also contact us if your office needs to place a job posting at: employment@mdha.ca.



Contact Information:

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200E-1215 Henderson Highway
Winnipeg, Manitoba R2G 1L8

Phone number:

204-981-7327

Website: www.mdha.ca

Email:

info@mdha.ca

Employment Postings:

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