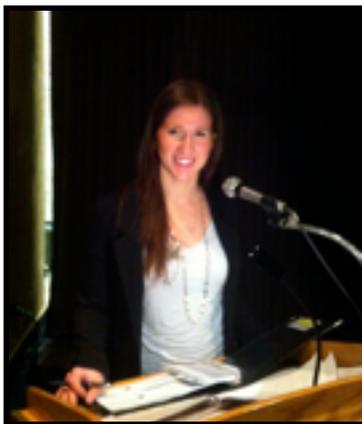
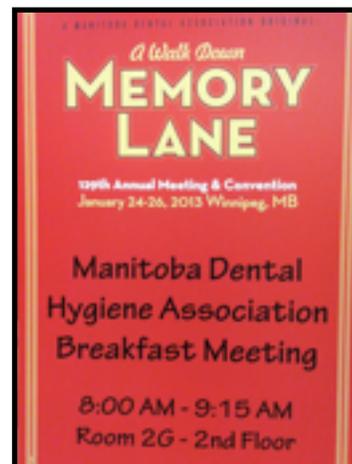


MONTAGE

SPRING
2013



(Clockwise: Shauna McGregor; SDH 3rd year students; Deanna Mackay, Erin Melendez and Kaleigh Warden)



MIXING BUSINESS WITH BREAKFAST

Another successful MDHA breakfast was held at the January 25th MDA Convention. The event was well attended by members who took the opportunity to mingle and enjoy a bite to eat before getting down to business.

The agenda included updates on the MDHA's exciting new office space, the 2012 CDHA AGM in Saskatoon, the MDHA's 'Run For The Cure' fundraising, upcoming Professional Development opportunities, the Mentorship Program, community outreach and volunteer opportunities, and National Dental Hygienist Week.

It was announced that the MDHA AGM will take place on Saturday, June 8, 2013 - with the location to be announced - and members got a sneak peak at the new MDHA promotional video!

As well, greetings were brought from Cindy Issac-Plogeman, President of the University of Manitoba, School of Dental Hygiene Alumni Association and from Dr. Joanna Asadoorian, Director of the School of Dental Hygiene.

Attendees also had the opportunity to 'earn' additional door prize tickets by visiting the displays being presented by

the 3rd year SDH students and asking questions.

Once again the event was a success! Feedback on MDHA events is always welcome and encouraged and contact information can be found on the last page of the newsletter.

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MDHA VISION

To be the collective voice of Manitoba Dental Hygienists in promoting the profession; cultivating partnerships with member-owners and other stakeholders and empowering our member-owners for the good of the profession and the public

MISSION STATEMENT

To advocate and promote the profession of Dental Hygiene; represent our member-owners, encourage lifelong learning and evidence based practice; and provide education & health promotion to the public. This includes:

- Acting as the collective voice, resource and advocacy body for Dental Hygienists
- Providing professional development and social networking opportunities
- Encouraging continued growth and development of the profession
- Creating public awareness of the profession of Dental Hygiene
- Providing opportunities for health promotion, education and community outreach

MESSAGE FROM YOUR PRESIDENT

April is Oral Health Month! This is an excellent opportunity to increase public awareness about oral health care and disease prevention and a chance to highlight the Dental Hygiene profession.

National Dental Hygienists week is April 7th- 13th, 2013

MDHA has been working hard to organize and plan community outreach initiatives that promote the dental hygiene profession and give back to the community. This year MDHA will be providing oral health presentations to students and staff at the Southeast Collegiate. Southeast Collegiate is a school where First Nation Youth can attain a good education in an environment that is culturally appropriate and sensitive to students.

MDHA will be participating in the second annual blood drive in

partnership with Canadian Blood Services. The Blood Drive Challenge will take place during NDHW with our big DRIVE day on April 12th, 2013. I encourage you to come out, bring family, friends and other DH colleagues to donate and help save lives. MDHA is proud to be a part of such a good cause.

My challenge to you during National Dental Hygienist week: Promote the profession of Dental Hygiene when you are providing dental hygiene care to your clients, talk about the profession of dental hygiene and how we celebrate our week to SHINE!

We hope to see you at our upcoming professional development!

- April 13th 2013 Dr. Igor Pesun DMD, MS, FACP, FRCD(C) will be presenting "The Role of Dental Implants in Providing Patients with Optimum Oral Health" The presentation will be held in Brandon Manitoba at The Victoria Inn Hotel from 9 am- 12pm. This informative presentation will use case based scenarios to show how dental implants can

help to improve patient's oral health as well as demonstrate maintenance protocols for various types of dental implant restorations.

- Thursday May 16th, 2013 MDHA along with Dentsply Ultrasonics will be hosting an Ultrasonics course. Location TBA.

If you have any questions or would like additional information please contact mdha@info.ca If you are interested in Volunteering to Help out the PD committee please let us know. We would love to have you!

MDHA welcomes its members to be actively involved in our association. We are currently looking for members who would like to volunteer their time - big or small- on our board, chairing a committee, or at any one of our oral health related events throughout the year. Please contact MDHA if you are interested in volunteering. We hope to hear from you!

Shauna McGregor, RDH
MDHA President

Read & Win FINAL WINNERS are:

Tara Kinchen, Jeanette Rainkie and Suzanne Morin!

Congratulations you all have won a \$10 gift certificate to Tim Horton's!

Thank you to all who have participated in the Read and Win Contest! To read about our **new contest** see page 12 of this issue!

MESSAGE FROM YOUR PRESIDENT ELECT

Is it true... Is winter really over? I hope it is because I'm ready to ditch the winter boots and replace them with flip flops!

With spring coming around the corner so quickly, the MDHA has been busy organizing events for National Dental Hygienists Week, which falls from April

7-13! Again this year we will be hosting a segment on CTV Morning Live with Kris Laudien focusing on children's oral health. In addition, this year for National Dental Hygienists Week, we are focusing some of our volunteer efforts on the aboriginal community. We will be providing information on general oral health to the students at South East Collegiate. These students are primarily from the Northern reserves and come to Winnipeg to complete their high school education. We have also joined together with The First Nations Voice (a newspaper

proudly 100% owned by First Nations people and the only publication endorsed by the Assembly of Manitoba Chiefs) to bring forward information on general oral health to the newspaper's vast readership.

We are also very happy to announce that the MDHA board has been working hard to get our new office up and running. Soon we will have a space of our own and be able to serve Manitoban dental hygienists better than ever before. If you have any questions or concerns for us, you will soon be able to visit us at our office

*The UMSDHAA and School of Dental Hygiene
at the University of Manitoba are pleased to announce:*

Nominations Are Now Open for the 2013



Traditions of Excellence, Horizons of Change

Alumni of Distinction Award

The University of Manitoba School of Dental Hygiene Alumni Association, in association with the School of Dental Hygiene at the University of Manitoba, welcomes nominations for the annual awards for excellence in oral health. Fill out the interactive nomination form that is attached to this communication and hit the 'Submit by Email' button. Also, please remember to send the CV / resume of the person being nominated.

Nomination forms can also be printed and sent by fax or delivered via Canada Post to:

*University of Manitoba, School of Dental Hygiene
Alumni of Distinction Selection Committee, UMSDHAA
c/o D-212, 780 Bannatyne Avenue, Winnipeg, MB R3E 0W2
Fax: 204.789.3948*

• Nominations close April 13, 2013 •



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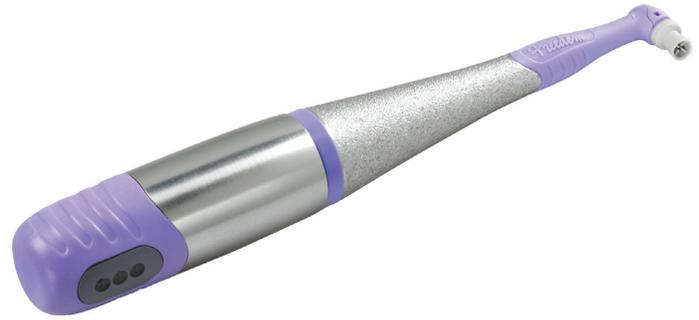
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MESSAGE FROM YOUR EXECUTIVE DIRECTOR

There's no place like home...
there's no place like home...

This has been an exciting spring for MDHA!! As many of you are aware of by now....**WE'VE MOVED!!** MDHA now has a physical home – no more virtual location working out of basements and the university!! Our office is located on the second floor of the Kingsford Building at **200E-1215 Henderson Highway** (through the doors marked Business Centre).

Finding a permanent home was one of the priorities we've been working towards the past couple years – and one of our specific objectives for this year. Through

your support, the association has been growing and expanding over the years. And so, we felt it was time to establish a physical place to call our own as well. After a number of months looking for a fit that was right for MDHA – we found one here!

Having a physical presence means much more for the association than just having a place to work out of. By having a physical presence, it will help increase our recognition and credibility in the community not only for the association, but also for the profession of dental hygiene. Having a centralized location will also provide operational efficiencies by having one place to store and distribute supplies from. For everyone who provides much needed help on our volunteer initiatives, or your own community outreach projects, we hope having a single location from which to pick-up/return supplies and promotional material from will make it easier to get the assistance you need from your association to undertake this important work.

Part of having an office location will also include hiring a part-time staff member. A huge benefit of this will be having someone on the other end of the phone – or to meet with in person if you come down to the office – if you have questions, concerns, or comments about membership, professional development, mentorship, community outreach, or any one of our many initiatives.

As of right now, we're in the process of getting the office set up and finalizing the last few logistical details – but we can hardly wait to be open for business very soon. We look forward to personalize your MDHA experience a bit more and to continuing our goal of representing you better! I hope you're as excited as your board is to finally have a place to call home!

Cynthia Wiebe, P.Eng.

Executive Director



(MDHA Headquarters: 200E-1215 Henderson Highway)

**School of Dental Hygiene
University of Manitoba
1963 – 2013**

The School of Dental Hygiene is marking its 50th anniversary year and is hoping that everyone will join in the celebration.

It was back in 1963 that the first 12 students began classes at the brand new Faculty of Dentistry building at the University of Manitoba's Bannatyne Campus. Under the guidance of the founding director, renowned Professor Marnie Forgay, the School of Dental Hygiene soon became the destination of choice for those looking to pursue a career in the then-budding profession of dental hygiene.

Much has changed since those days and the school has grown and prospered throughout that time. Now, students, faculty, staff, administrators are in the throes of making plans to mark this most auspicious occasion.

"We are delighted to have this opportunity to mark this very rare and special occasion," said Dr. Joanna Asadoorian, director of the school. "The School of dental Hygiene hopes that all of our alumni and friends will join with us in celebrating this wonderful milestone."

"The bonds forged by students at the school have always been very strong and often last many, many years," Dr. Asadoorian said. "Every year we host class reunions and this year we have the opportunity to host the biggest reunion of them all. So we hope everyone will make a point of coming out and joining with us this September."

Dental Hygiene Alumni are invited and encouraged to contact the School of Dental Hygiene and/or the University of Manitoba School of Dental Hygiene Alumni Association to find out the latest developments and to get involved in what promises to be a fun-filled and nostalgic weekend. Updates will be made available on the Faculty website. See you in the fall!



NEW!
"CDHA
CORNER"

Welcome to another new feature in your Montage!
The CDHA Corner is where you will find updates and reminders
from your National Association!

Official Launch for National Dental Hygienists Week™

It's almost here! Have you decided how you will celebrate the profession from **April 7 to 13**? [We have a multitude of FREE resources you can download and print](#)—a new flyer of celebration ideas to get you started, publicity tips, Top 10 Oral Health Tips poster, a teeth trivia quiz and much more.



CDHA COMMUNITIES
**Online public health
community**

Are you committed to addressing oral health inequities? Are you interested in increasing your public health skills and capacity? Join the newly formed online public health community and become connected with other dental hygienists who share your interests, concerns and struggles. [This forum allows you to mentor, support and encourage others.](#) Questions? [Email moderator](#) to be invited to join.



CDHA GO2PLACE
**Spring product
showcase**

The [CDHA product showcase](#) highlights the latest oral health products on the market. The showcase includes product features and benefits, clinical research behind the product, how the product works, when to use the product ... plus a whole lot more. [Check out our latest featured product for spring ... Sensodyne® Repair & Protect from GlaxoSmithKline \(GSK\).](#)



**2013 Oral Health for
Total Health
celebrations**

Get ready.....National Dental Hygienists Week™ is coming. **Celebrate with us from April 7 to 13.** Even more great new resources are available this year to help you celebrate, including publicity tips, celebration ideas, oral health tips poster, trivia quiz, a national colouring contest. Coming soon to www.cdha.ca/ndhw

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"Dear Editor"

The dental hygiene community says goodbye to Dianne Gallagher.

(Submitted by Prof. Laura MacDonald)

On January 12, 2013 Dianne Gallagher passed away at the Victoria Hospice. Many dental hygienists in Manitoba knew her as a friend, a colleague, and a mentor.

Dianne was a University of Manitoba alumnus. She pioneered the National Dental Hygiene Certification, the scope of practice and competencies, was a warrior for self-regulation, and a leader on so many levels for the profession, including serving as CDHA President.

She retired from Camosun College in British Columbia a couple of years ago. There is a Dianne Gallagher Inspiration Award given to a deserving dental hygiene student annually at Camosun College. The University of Manitoba, School of Dental Hygiene honored Dianne as an Alumni of Distinction in 1999.

"Dianne was a dental hygiene philosopher, a visionary pioneer in the advancement of the profession. Her colleagues new her as one of the great 'movers an shakers."

Dianne was a mentor to multitudes of students and colleagues. She was a dear friend to so many. May she rest in peace. May her presence in our lives guide us to be good and kind, and strong and courageous.

(Quote from Spring 2013 Faculty of Dentistry Alumni Bulletin article by Prof. Laura MacDonald, Dr. Marnie Forgay and Dianne Landry)



(Pictured above: Karen Kiazzyk Kaatz and family)

What has the "Grassroots Hygienist" been up to.....

Every winter I make a visit to the northern town of Gillam Manitoba to visit family. The temperatures this year were mind boggling. One day, with the wind chill it was -56C. This year, I was given the opportunity to give a dental presentation to my granddaughter's kindergarten class of 24.

So, on February 14, armed with Mr. Teeth, a huge demo brush and plenty of dental goodies I went to Gillam School. They all watched attentively as Mr. Teeth spoke about what teeth do and how we can take care of them to make them last our entire lives. They asked the best questions that only a four year old can ask and delighted me with tales of their dental experiences. As February is also reading month, I

read Robert Munch's "Andrew's Loose Tooth". This book spoke to most of them, as many had experienced a loose tooth and did not hesitate to show me.

I can only hope that this will become my routine for future visits as I certainly enjoyed the opportunity.

Sincerely,
Karen Kiazzyk Kaatz, RDH

In February 2013, my husband and I took a holiday to the Dominican Republic with two other couples...what a great time!

The women in our group are both in the dental field, and so it was that we ended up volunteering at a not-for-profit dental clinic in the mountains south of Cabarete. This venture (along with a free medical clinic) is supported by an onsite tourist attraction, namely Monkey Jungle and Ziplining Adventures. Spending time in this 2 chair clinic was so rewarding, as we were able to help impoverished Dominican and Haitian people who were in dire need of both scaling, restorations and extractions. Onsite, a retired

orthodontist from Alberta (Gerry) was a huge asset, as he coordinated the patients for the day, and served as our interpreter. He also gave us basic Spanish "dental lingo" which proved to be very entertaining for our patients! Eg. I realized why one of my patients burst out laughing as I explained that the " anaesthetic wouldn't hurt me much" (the difference between 'No molesto mucho' and 'No te moleste mucho'). Our hobbies helped with many projects around Monkey Jungle...from keeping the autoclave humming, fixing doors and toilets, to serving as "engineering consultants" for the new brick addition to the dental clinic!

Thanks to the MDHA for providing tooth brushes for the clinic. Most dentists and auxiliaries who volunteer their time bring supplies, which are greatly needed and appreciated by the patients. Hopefully by next year there will be an additional 2 chairs in use, which will be an asset for the clinic which serves the public every Saturday (by local dentists) and for volunteers to use during the week. If you are interested to find out more about this interesting place, visit www.monkeyjungledr.com or you can contact me at: pg1985@hotmail.ca

Gloria Kroeker
RDH

(Left to right: Gloria Kroeker and Gerry [resident volunteer] with patient; Judy G., Gloria Kroeker and Tana G.; patient and Gloria Kroeker)



(Left to right: Gerry [resident volunteer], Gloria Kroeker and husband Pete, husband Gary and Tana G., Judy G. and husband Neil); 2-chair clinic with future addition on right)

(A letter from a member of the MDHA after attending this years Breakfast and Business meeting; reprinted with permission from the author)

To our dedicated MDHA executive,

For many years I have attended conferences and meetings, and have been directly involved in my past associations throughout Ontario. Having moved to

Manitoba four years ago now, it hasn't been until recently that I have felt a part of such a great organization.

I wanted to express my thanks and gratitude for such a great presentation at the general meeting at the MDA conference. Your level of personal dedication, and efforts in creating and

promoting our profession has maintained my faith in Dental Hygiene.

Its people like yourselves that make us proud to say we are Dental Hygienist's.

Thanks for all your efforts,
Terri Archibald

College of Dental Hygienists of Manitoba's Practice Guidelines on Supervision



This policy will help to clarify two main issues:

- 1) **Supervision**
- 2) **Legal Practice Settings**

1. Clarification of Supervision Requirements for Registered Dental Hygienists

BEFORE 3000 HOURS:

Section 3(2)(b) of the *Dental Hygienists Regulation* states that there be a supervision requirement by a dentist for those registered dental hygienists with less than 3000 practice hours, i.e. without the Extended Practice (RDH-EP) designation. Supervision can be open to interpretation as either *direct* or *indirect*.

- **Direct**: the supervising dentist is physically present for clinical care* provided by the RDH.
- **Indirect**: the supervising dentist oversees the clinical care* being provided by the RDH, but is not physically present.

The degree to which either direct or indirect supervision is used is jointly determined and agreed upon between the RDH and the employing dentist. Key factors need to be taken into consideration such as the experience of the dental hygienist and public safety.

It is the RDH's responsibility for professional practice to ensure that when working under indirect supervision that the public's interests are central. RDHs working under indirect supervision need a written statement of who is providing supervision, either the employing dentist or an alternative dentist.

AFTER 3000 HOURS:

Once 3000 career hours of practice has been reached, the RDH is eligible to apply to be placed on the Extended Practice Roster. The RDH-EP can self-initiate clinical care* in all approved settings and programs without the supervision of a dentist. This allows for dental hygiene clinical care to be rendered outside of dentist-owned practices in settings such as personal care homes, hospitals, government health clinics, etc.

(...continued on next page)

In the interest of public safety, for both RDHs and RDH-EPs [*Dental Hygienists Regulations 3(3)*], appropriate consultation must be sought by the dental hygienist in the case of concerns regarding a client's oral health condition, medical condition, or medications.

2. In What Practice Settings can Dental Hygienists Legally Provide Care?

RDHs and RDH-EPs (Extended Practice) can autonomously:

- Provide oral health promotion (education, advocacy) for any client/group in any setting, for example, caregiver education in personal care homes or early childhood caries education for pre/post natal groups.
- Provide the services required to fabricate and deliver mouthguards for clients in any setting, including the dental hygienists home, an arena, or the client's home.
- Provide oral therapeutic agents (anticariogenic agents, desensitizing agents, periodontal chemotherapeutic agents) and sealants for any client in any setting such as a school, a community health clinic, or an individual's home.

RDH-EPs can provide clinical care* autonomously:

- In designated government Personal Care Homes (PCHs), hospitals and psychiatric facilities.
- In Manitoba Regional Health Authorities, First Nations or Inuit communities, and cities/towns through affiliation with the Federal, Provincial or a municipal government.
- As part of a University of Manitoba setting or program.
- In a setting approved by the patient's dentist through referral. This could include a satellite practice, a client's home, or any other setting.
- In a setting or oral health program not included in the legislation, but approved by the Minister of Health. For example this was the process used to allow RDH-EPs to self-initiate at Siloam Mission.



MDHA 2013 Professional Development Calendar

April 13,
2013

9am - 12pm
Victoria Inn
Brandon, MB

Dr. Igor Pesun, DMD,
MS, FACP, FRCD(C)

The Role of Dental
Implants in Providing
Patients With Optimum
Oral Health

May 16,
2013

6:30pm - 9:30pm
TBD
Winnipeg, MB

*dinner will be provided,
registration begins at
6:00pm

Contemporary
Ultrasonics
Instrumentation: A
Visual Presentaion
(co-sponsored by
DENTSPLY Canada)

April 7-13
2013

National
Dental
Hygienists
Week



MDHA wants to hear from you!

We are currently in the process of planning for next years professional development calendar and we need your help. MDHA would like to know which topics, speakers, courses you would be interesting in attending. Our goal it to provide YOU the member with a professional development calendar that will help you achieve your continued growth and development as a dental hygienist.

NEW CONTEST: MEMBERS IN THE COMMUNITY!

Part of MDHA's Mission includes providing education and health promotion to the public – we couldn't meet this objective without your dedicated effort. Our members are doing a lot of great work and we want to highlight it – and say thanks! – to you for supporting community outreach initiatives. Share your Community Outreach experience (either through MDHA or your own initiative) for a chance to win one of two gift cards for \$10 in each edition of the Montage! Send a short write up of your experience (include pictures if you want) and send to info@mdha.ca.

*Winning submissions will be randomly drawn and announced in the next edition of the Montage



KEVIN RILEY
General Manager – Prairie Zone



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Residence: 204-467-9789

21 Murray Park Road Unit D, Winnipeg, MB R3J 3S2
E-mail: kevin.riley@henryschein.ca

Employment

Members, if you are looking for employment do not forget to check our website for job postings which are regularly updated. Just visit us at www.mdha.ca and click on Employment Opportunities. Also contact us if your office needs to place a job posting at: employment@mdha.ca.



Contact Information:

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Phone number:
204-981-7327

Website: www.mdha.ca

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info@mdha.ca

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