

MONTAGE

FALL
2012



(Above Left: Diane Girardin; Above Right: Lorraine Glassford, Marcia Rushka, Diane Girardin, Terri Archibald; Below: Shauna McGregor, Kaleigh Warden, Deanna Mckay, Diane Girardin, Mary Bertone, Kathy Yerex, Stephanie Champagne, Cynthia Wiebe)



WELCOME TO A NEW MDHA YEAR!

Welcome back to a new MDHA year! We hope everyone had a great summer and that you are ready for the 2012/13 year ahead.

There are many events and professional development opportunities planned for the upcoming year, as well as volunteer opportunities. As well, a new group of students have entered the dental hygiene program with the MDHA Mentorship Program in full swing!

One event that we've already celebrated was on September 28, 2012 at the Faculty of Dentistry Alumni Gala. Among friends and colleagues, Diane Girardin was honored with the Alumni of Distinction Award for a career dedicated to a high standard of care and the continuing advancement of the dental hygiene profession. Along with shaping future hygienists at the School of Dental Hygiene and clinical practice, Diane has also given her time in many other ways including

being a past president of both CDHA and MDHA. Congratulations on this great honor Diane!

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MDHA VISION

To be the collective voice of Manitoba Dental Hygienists in promoting the profession; cultivating partnerships with member-owners and other stakeholders and empowering our member-owners for the good of the profession and the public

MISSION STATEMENT

To advocate and promote the profession of Dental Hygiene; represent our member-owners, encourage lifelong learning and evidence based practice; and provide education & health promotion to the public. This includes:

- Acting as the collective voice, resource and advocacy body for Dental Hygienists
- Providing professional development and social networking opportunities
- Encouraging continued growth and development of the profession
- Creating public awareness of the profession of Dental Hygiene
- Providing opportunities for health promotion, education and community outreach

MESSAGE FROM YOUR PRESIDENT

Welcome Back! I hope everyone had a great summer.

I would like to thank Kaleigh Warden, Past President for her hard work and dedication serving as President for MDHA for the 2011-2012 Term. I would also like to thank the executive board and committee members both past and present. Your time and commitment to your profession and association has not gone unnoticed.

Fall marks the beginning of a new year for MDHA. There are lots of events to look forward to. There will be many outreach opportunities, Professional Development, Run for the Cure as well as National Dental Hygienists Week to name a few.

I recently had the opportunity to attend the Canadian Dental Hygienists Association (CDHA) Annual meeting and Presidents' meeting that was held in Saskatoon, Saskatchewan this year. I had the privilege of meeting other Provincial Presidents from across Canada as well as Executive members and Directors of CDHA. Dr. Peter Cooney, Chief Dental Officer with the Public Health Agency of Canada was also in attendance. He delivered a presentation that examined current oral health trends in Canada. Following Dr. Cooney's presentation we were given the opportunity to ask questions and discuss topics such as water fluoridation and access to dental care services. The open discussion allowed Provincial Presidents and Executive Directors to chat about matters that impact how they provide care in their communities. To be surrounded by such motivated individuals who are passionate about the Profession of Dental Hygiene was an eye-opening experience. I felt proud to be a part of such a remarkable group people.

I look forward to the year ahead. I am eager to work hard to accomplish our goals, create new ones and to promote the dental hygiene profession and the continued growth of our association.

The MDHA is YOU and without YOU we would have no association. Please feel free to contact me (info@mdha.ca) if you have any questions, concerns or recommendations. I am always open to new ideas and suggestions and would love to hear what you have to say. Let me know what you want out of your association.

Sincerely,

Shauna McGregor,
MDHA President

Read & Win!

Once again we have had another successful session of our Read & Win contest.

Answers to the last Read & Win questions are:

- 1) Workplace Safety Group
- 2) Any two of Treasurer, President Elect, Eastman Representative or Professional Development Committee
- 3) September 30, 2012
- 4) Kathy Perchalski

First person that correctly answered the questions was:

Kathy Yerex!

The following two MDHA members were randomly drawn from those who entered:

Suzanne Morin

Tara Kinchen

Congratulations you all have won a \$10 gift certificate to Tim Horton's!

See page 18 for this issues Read & Win questions!

Employment

Members, if you are looking for employment do not forget to check our website for job postings which are regularly updated. Just visit us at www.mdha.ca and click on Employment Opportunities. Also contact us if your office needs to place a job posting at: employment@mdha.ca.

MESSAGE FROM YOUR PRESIDENT ELECT



Hi there! My name is Stephanie Champagne and I am proud to be the new 2012-2013 President Elect for the MDHA.

First off, let me tell you a little bit about myself. I am a recent graduate from the University of Manitoba and am now working full time at Hanover Dental in Steinbach. I am originally from Lac du Bonnet, Manitoba and enjoy spending much of my free time outside, whether it be on the river or in front of a fire. I have dedicated a lot of time to my life and career as a dental hygienist, and I am happy to be continually learning and exploring the profession. I am especially excited to have this opportunity to be a part of the MDHA!

Being a busy new grad, I was worried that I would lose contact with many of the wonderful people that I've met throughout my years at The School of Dental Hygiene, which is exactly what appealed to me about joining the MDHA. I am now able to interact and share ideas with my dental peers on a regular basis and make a difference in the lives of all dental hygienists in Manitoba. It is truly inspiring to have so many dental hygienists advocate on behalf of their profession and their association.

I'd like to thank the MDHA for this wonderful opportunity and I can't wait for the excitement ahead!

Stephanie Champagne
MDHA President Elect

It's time for **YOUR** annual recare appointment

You wouldn't forget to floss so don't forget to renew!

Dear member:

Just a friendly reminder...

it's time to revisit that important decision to renew your 2012/2013 national professional membership with CDHA/MDHA. Renew by September 30 for a chance to win a gift card for an iPad.

Your membership gives you credibility, visibility and voice.

Plus...\$3 million liability insurance program that offers **even more benefits** this year, our **new e-magazine Oh Canada!** that celebrates both our profession and members, as well as numerous other value added products and services including a brand new exclusive benefit, not available through any other dental hygienist association. Starting November 1, all CDHA members will have free access (a \$246 value!) to the online, bilingual **Compendium of Pharmaceuticals and Specialties – e-CPS**.

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MESSAGE FROM YOUR EXECUTIVE DIRECTOR

I was fortunate enough this year to be able to represent MDHA at the CDHA AGM in Saskatoon this September. This was a great opportunity for me to connect with other provincial Executive Directors and Presidents; to share ideas, concerns, look for synergistic opportunities, network, and also to get an update on the national direction of your association.

There was a lot of great information shared at the meetings I attended. One of the key messages that was driven home – that I would like to repeat for you – is that CDHA (and MDHA!) is here for YOU. The association is involved in so many things that are important to dental hygiene; and there is so much that membership can provide to you! Here's a snapshot of just a few:

- We are constantly looking for ways to help advocate on behalf of Dental Hygienists and elevate the role of the dental hygienist and highlight the extensive skill set that you possess.
- Did you know that CDHA has full time staff on hand to help answer your questions? Are you connected to social media? Call, tweet or message away – the answers to your questions are much closer than you might think!
- Are you interested in alternative practice? Or extending your own knowledge base? CDHA/MDHA offers plenty of professional development opportunities including conferences, meetings, 19 online courses, and 13 webinars on various topics.
- How about access to CDHA and MDHA journals and newsletters?
- Want to promote oral health in your community or to specific groups? MDHA is here to help – we have supplies available for use and can help you out!
- Starting in November, you will also have access to e-CPS which will allow you to quickly search over 2000 drugs, vaccines, and natural health products.
- Looking to continue your education? There are scholarship opportunities to help fund the journey.

And really, the list goes on and on and on.... We are committed to working together, for you, to help make membership in our association a relevant part of your career!!!

The other thing that was very valuable about participating in the CDHA meetings is the fact that I came out of it feeling completely inspired and recharged – which is perfect going into a new year with your association! There are so many great things happening with your organization level! And I feel so honoured to be your Executive Director and to be able to have a role to play in not only promoting the profession of dental hygiene, but in representing you, the Manitoba RDH's, and helping things happen here in your Province!

Cynthia Wiebe
Executive Director



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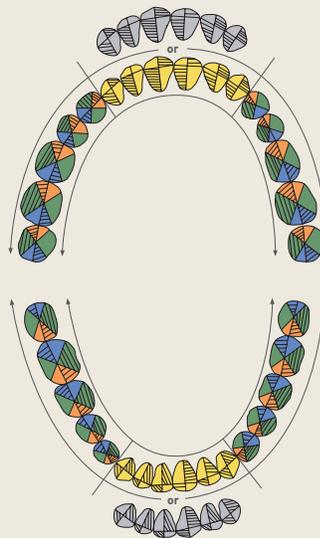
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Featured speakers of interest to Dental Hygienists include:

Barbara Bancroft
Marvin Berman
Eva Grayzel

Reagan McVeigh
Shannon Nanne
Tricia Osuna

Toni Pieroni
Geza Terezhalmay
Cheri Wu

Winnipeg Rhapsody

Save The Date!

Saturday, October 13, 2012

The Fort Garry Hotel Spa & Conference Centre
222 Broadway, Winnipeg, Manitoba R3C 0R3

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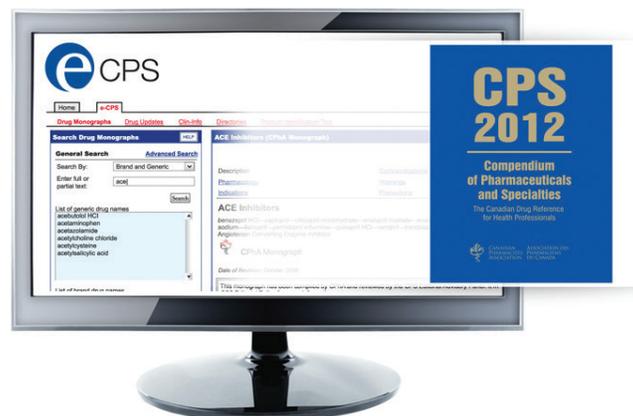
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Starting November 1, e-CPS included with CDHA membership fee!

CDHA is pleased to announce a brand new exclusive benefit, not available through any other dental hygiene association. Starting November 1, 2012, all CDHA members will have free access (a \$246 value!) to the online, bilingual Compendium of Pharmaceuticals and Specialties – e-CPS.

Features:

- Current Canadian information on more than 2000 products (drugs, vaccines, medical devices and natural health products)
- Quick and easy search functionality by brand name, generic name, therapeutic class, manufacturer and DIN or NPN
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- Product images search functionality by shape, colour and more
- Handouts for patient drug information
- Updated bi-weekly
- A bilingual product



Learn More!

Check out www.cdha.ca/e-cps for more information

PROFESSIONAL DEVELOPMENT CALENDAR



MDHA Professional Development Calendar 2012 / 2013

October 17, 2012

CDHA Webinar
7-8 pm

Canadian Memorial
Chiropractic
College

Webinar 1 of 3:
Preventing
neuromuscular
disorders: Repetitive
motion injuries,
posture and more

November 14, 2012

CDHA Webinar
7-8 pm

Canadian Memorial
Chiropractic
College

Webinar 2 of 3:
Preventing
neuromuscular
disorders: Repetitive
motion injuries,
posture and more

November 24, 2012

9-12 am
Place: TBA
Winnipeg, MB

Dr Anthony Iacopino

Latest Information on
Oral-Systemic Link

December 5, 2012

CDHA Webinar
7-8 pm

Canadian Memorial
Chiropractic College

Webinar 3 of 3:
Preventing
neuromuscular
disorders: Repetitive
motion injuries,
posture and more

January 25, 2013

9-12 am
MDA Convention

Rebecca Wilder

Hot Topics in
Periodontics for the
Dental Hygienist

April 13, 2013

9-12 am
Brandon, MB

Dr Igor Pesun

Dental Implants

Spring 2013

Time and Date TBA

Ultrasonics
Workshop



MDHA wants to hear from you!

We are currently in the process of planning for next years professional development calendar and we need your help. MDHA would like to know which topics, speakers, courses you would be interesting in attending. Our goal it to provide YOU the member with a professional development calendar that will help you achieve your continued growth and development as a dental hygienist.

KEVIN RILEY
General Manager – Prairie Zone



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Winnipeg, Manitoba
R2V 4C7

Phone number:
204-981-7327

Website:
www.mdha.ca

Email:
info@mdha.ca

Employment Postings:
employment@mdha.ca

Read & Win!

First MDHA member to correctly answer the questions and emails their response wins a \$10 gift certificate.

Two additional entries will be randomly chosen to win a \$10 gift certificate!



1) Who received the School of Dental Hygiene Alumni of Distinction Award at this years Alumni dinner?

2) Who was the captain of this years Run for the Cure, team "Brush for the Cure"?

3) Who is this year's President Elect?

4) Who will be talking about "Hot Topics in Periodontics for the Dental Hygienist" at the next MDA Convention?

GOOD LUCK!!