

MONTAGE

SUMMER
2012



(In photos, clockwise: MDHA AGM guest speakers Ms. Penny White and Dr. Peter Cooney, with Kaleigh Warden;

Shauna McGregor and Kaleigh Warden - incoming and out-going presidents, respectively;

Tara Kinchen, Kim Dewar, Andrea Fruehm, Mary Bertone, Kathy Yerex and Signe Jewett - out-going MDHA volunteers)



MANY THANK YOUS AND CONGRATULATIONS!

Thank you volunteers, guests and members for another successful MDHA Annual General Meeting! The financials were reviewed, updates given and gavel passed on. As well, farewells and thank yous were said to volunteers leaving the board and new volunteers welcomed!

Following the meeting was a lecture by Dr. Peter Cooney, Chief Dental Officer, and Penny White, RDH, on the current hot topic: Fluoride (now available on the MDHA website).

Other exciting news from the past few months include welcoming the graduates from the 2012 University of Manitoba, School of Dental Hygiene to the profession, with a special congratulations to Karla Zamrykut on winning the prestigious Governor General Bronze Metal, the MDA Gold Metal and 4 other awards! Well done everyone!

A final congratulations goes to Kathy Perchalski for winning the job market and labour survey draw! She won a \$100 Visa gift certificate from MB Association.

And a final thank you to all those who volunteered their time to make National Dental Hygienist Week a smashing success! Way to go!

Inside this issue:

Volunteer Opportunities	6, 8
CDHM Update	11
"Dear Editor"	12
Local Anesthetic Course	14
Run For The Cure	17



MDHA VISION

To be the collective voice of Manitoba Dental Hygienists in promoting the profession; cultivating partnerships with member-owners and other stakeholders and empowering our member-owners for the good of the profession and the public

MISSION STATEMENT

To advocate and promote the profession of Dental Hygiene; represent our member-owners, encourage lifelong learning and evidence based practice; and provide education & health promotion to the public. This includes:

- Acting as the collective voice, resource and advocacy body for Dental Hygienists
- Providing professional development and social networking opportunities
- Encouraging continued growth and development of the profession
- Creating public awareness of the profession of Dental Hygiene
- Providing opportunities for health promotion, education and community outreach

MESSAGE FROM YOUR PRESIDENT

Wow! Where does the time go? A year ago at this time I was just beginning my term as MDHA President, wondering how I could possibly handle this role and represent the MDHA in the way it deserves to be represented. I wanted to make sure that I gave my Association my all and being the voice of the MDHA was something I took very seriously because I was representing all of you. Now my term is over and the gavel has been passed. The last year has been a complete whirlwind but I can honestly say that I have enjoyed every minute of it. I have had some incredible experiences, met some wonderful people and learned more than I could have ever imagined.

A lot was accomplished this year and I am so thankful to have been a part of it. At the Board level we made some significant changes to the way we function, including revising our meeting structure and altering the formatting of some of our major member meetings. We are still working to review and update our bylaws and develop an MDHA Policy Manual. At the community level we were involved in a lot of very positive activities such as filling and delivering hampers for the Christmas Cheer Board, working alongside the *Healthy Start for Mom and Me* Parenting Program during National Dental Hygienists Week, holding our first-ever MDHA blood drive, hosting the CDHA's Annual General Meeting, participating in the 2011 Run for the Cure, numerous oral health initiatives and so much more.

It has really been a privilege to be your president this past year. There were challenges but we made significant progress while having a lot of fun and laughs along the way. I certainly learned a lot and want to thank each of you who helped to make this last year so gratifying for me.

Thank you to all of the MDHA board members, committee members and official representatives for the many hours you devote to the MDHA. Your constant support, hard work and determination never ceases to inspire me. I don't know how to make my THANK YOU big enough to really express my appreciation for all that you do. It's because of your time and energy that we are able to grow and evolve as a professional association and as a profession overall.

I also want to thank Cynthia Wiebe, our Executive Director (and my right hand WO-man!) for all of her support, dedication and hard work throughout the last year.

Thank you to Kathy Yerex for paving the way for me and for always being there for me when I had questions or needed guidance.

And finally, thank you to each and every member that volunteered at events throughout the last year - big or small. Without our volunteer members, we would never be able to reach so many members of the community and we certainly wouldn't be able to move our profession forward.

It has truly been an honor to serve as the President of the Manitoba Dental Hygienists Association for the 2011-2012 term. For those of you that think you might like to get more involved within the MDHA, help to advance the profession of Dental Hygiene and make a lasting impact within your community - I say go for it. I'm sure glad I did.

"In order to succeed, your desire for success should be greater than your fear of failure." *Bill Cosby*

Respectfully submitted,
Kaleigh Warden

MESSAGE FROM YOUR PRESIDENT ELECT

Summer is here!

I would first like to say a big thank you to Kaleigh Warden and Cynthia Wiebe along with all of the MDHA board members and volunteers who helped put together such an amazing AGM. I am always excited to have the opportunity to catch up with my fellow friends and colleagues and enjoy some yummy food. I especially enjoyed the presentation from guest speakers Dr. Peter Cooney and Penny White, RDH

Summer is officially here. As I transition into my new role as President of MDHA I reflect on this past year. My first thought is "time fly's when you are having fun"! What an exciting year this has been. I have had the privilege to work with some amazing people. MDHA provides such wonderful opportunities to get out in the community and give back as well as network with other professionals.

National Dental Hygienist Week was a big success. Thanks to all of the volunteers who came out to share their knowledge and expertise of the dental hygiene profession. Health promotion is a strong passion of mine and I am so happy that we were able to promote oral health to the community through providing presentations and dental screenings to the Healthy Start for Mom and Me programs, the segment on Living Well with CTV television as well as the Red Cross Blood Drive. Way to go!

(continued on page 9)



(In photos: Mary Bertone providing dental screening for a participant at a local Healthy Start For Mom and Me Program; National Dental Hygienist Week)

Read & Win!

Once again we have had another successful session of our Read & Win contest.

Answers to the last Read & Win questions are:

- 1) June 9, 2012
- 2) April 8-14, 2012
- 3) "Dear Editor"
- 4) "Living Well" on CTV Morning Live

First person that correctly answered the questions was:

Tara Kinchen

The following two MDHA members were randomly drawn from those who entered:

Barb Currey
Andrea Silva

Congratulations you all have won a \$10 gift certificate to Tim Horton's.

See page 18 for this issues Read & Win questions!

Employment

Members, if you are looking for employment do not forget to check our website for job postings which are regularly updated. Just visit us at www.mdha.ca and click on Employment Opportunities. Also contact us if your office needs to place a job posting at: employment@mdha.ca.

MIDWEST
RDH

AVAILABLE IN OCTOBER

Break Free ... NO CORDS ATTACHED

Finally, a handpiece that offers cord-free accessibility plus enhanced infection control

- Lightweight and balanced cordless handpiece*
- Autoclavable outer sheath for infection control*
- Wireless foot pedal
- Specialized DPA
- Available in basic and premium starter kits

MIDWEST®
RDH Freedom™
Cordless Prophylaxis System

Erica Mitchell, RDH
GDHA Legislative Chair,
ADHC President, Trustee
and GDHA Delegate
Atlanta, Georgia

For more information, call **1.800.263.1437**
or visit www.dentsply.ca.

For better dentistry
DENTSPLY
CANADA

© 2011 DENTSPLY Canada
RDH Freedom™ and Freedom™ are trademarks and Midwest®,
RDH®, and NUPRO® are registered trademarks of
DENTSPLY International and its subsidiaries. MD120611-1



NUPRO®
Prophylaxis Paste



NUPRO® Freedom™
Prophylaxis Angle



MESSAGE FROM YOUR EXECUTIVE DIRECTOR

First of all – a big thank you to everyone who came out to our AGM on June 9th. You helped make it a great success!!! I hope you had a fantastic time and that you enjoyed the updates from your association, the time to network with friends and colleagues, and the opportunity to hear our wonderful guest speakers – Dr. Peter Cooney and Penny White, RDH!!

As not all of our members could make it out to the AGM, I wanted to give just a few key highlights of the MDHA operations-end highlights I gave at the AGM into the newsletter as you'll be hearing more about many of these initiatives in the coming year.

1. Strategic planning update – the board held a half day workshop in spring to review progress these past two years and to review/renew our near-term objectives for the association. From our session, the executive was able to prioritize the top three high-level goals for this coming year (or two); these are:
 - To enhance board structure by developing a policy manual and revising bylaws
 - To develop resource materials for presentations and outreach initiatives
 - To increase the physical presence of MDHA in the community
2. Bylaw revision update – the need for a bylaw revision has been talked about on a number of occasions. While we had hoped to have the revisions complete for our AGM, due to changes in federal regulations for not-for-profit organizations that have necessitated a bylaw revision for CDHA, we have decided to hold off on finalizing our new bylaws until CDHA has had a chance to complete their revisions. We also plan to use this time to evaluate what, if any, federal changes have filtered down to the provincial level that may require us to adjust our bylaws a bit more.
3. Changes to board structure and operations – in order to improve our operational efficiency and overall accountability, the executive board has implemented a few changes (with a few more planned for this year!).
 - After a successful workshop on parliamentary procedure this fall, we have begun implementing more parliamentary procedure into our board meetings (and at the AGM).
 - We have also begun the process of creating new operational documentation including policy manuals and board procedure documents.
 - We've also reviewed board/committee/representative positions to ensure they accurately reflect the direction in which MDHA is going and define what roles those positions are intended to fill. It is our hope that the increased clarity will help our volunteers to feel more comfortable in the roles they undertake as well as provide more information to potential volunteers.

Further to the last point, we are only a couple people short of filling all our vacancies for the 2012-2013 year!!! Take a look at the position descriptions following and see if any of them are interesting to you. We're soooo close...!! Most positions can also be filled by a committee or team; if you'd like to sign up with a friend to work a position together we're all for that. (We will also help mentor you in a new position, so don't let the unknown put you off!) Please feel free to contact us to express interest or get more information.

I know that's a lot of information in a very short space of time. If you weren't able to attend the AGM and would like more details on any of the above – or have other questions/concerns about the board operations/positions – please feel free to contact me at any time!

I wish everyone a healthy and happy summer!

Cynthia Wiebe
Executive Director



VOLUNTEER OPPORTUNITIES

MDHA 2012-2013 Remaining Board Vacancies – We need YOU!

President-Elect

- Assists the President, as requested, in the performance of the duties of the President.
- In the Presidents absence chairs board meetings.
- Chairs the Nominations Committee.
- Attends executive, annual, and special meetings.
- Submits an editorial for the quarterly newsletter.
- Succeeds to the office of President, without election, following their term as Past-President.
- The position of President-Elect is a one-year term.

Treasurer

- Manages MDHA financial and material assets and undertakes all bookkeeping for MDHA.
- Pays bills and makes deposits as required.
- Liaises with external agencies on financial matters as required.
- Attends executive, annual, and special meetings to report on finances.
- Arranges for, and assists with, annual financial reviews.
- Compiles annual budget requests and, with the assistance of the executive board, establishes the yearly operating budget.
- The position of Treasurer is a three-year term, renewable once.

Professional Development Committee

- Researches and seeks out local and national speakers who will present interesting and relevant topics for Manitoba dental hygienists.
- Finalizes contracts with PD speakers; organizes dates, times, required materials (i.e. AV, handouts, etc) for PD events; arranges for reimbursements for speakers meals, hotels, airfare, honorariums, etc.
- Meets with the U of M Faculty of Dentistry continuing education coordinator to review the PD speakers, schedules and prepare the budget estimate for the upcoming PD calendar.
- May liaise with the U of M dental hygiene department and/or the MDA/MDAA for PD courses they may be offering (Winnipeg Dental Society) and/or to co-ordinate joint PD events.
- Maintains an ongoing up-to-date calendar of upcoming PD events for the newsletter. Writes summary and informative editorials regarding past and upcoming PD courses.
- Issues PD credit slips/stamps/record of attendance to participants of MDHA PD.
- Submits reports to the MDHA board prior to executive meetings and attends meetings to report on activities as required.

Eastman Representative

- Works with the Rural Representative to act as a liaison between eastern-Manitoba rural dental hygienists and the executive board.
- Advocates for rural dental hygienists and their specific situations and concerns.
- Assists the Professional Development Chair in establishing courses and educational opportunities outside of Winnipeg.
- Attends executive, annual, and special meetings to report on rural activities.

SAVE THE DATE !

— ALUMNI OF DISTINCTION BANQUET —

SEPTEMBER 28, 2012 • FORT GARRY HOTEL, WINNIPEG, MB



Is your current Threader Floss
a ball of FRUSTRATION?

***Then take new tangle-free
G·U·M® EasyThread™ Floss
for a spin!***

- Innovative operatory container easily dispenses floss without hunting for individual strands, eliminating tangles and waste.
- G·U·M® EasyThread™ Floss fibers are designed to fill interproximal spaces to maximize biofilm and food debris removal around crowns, bridges, implants, orthodontics, and fixed retainers.
- Dual-ended threader tips allow you to maximize cleaning with one strand. If one tip wears out, just use the other and keep flossing.

G·U·M® EasyThread™ Floss is available in 2 formats:

- Hygienic Operatory Dispenser
- Convenient Patient Trial Size



SUNSTAR



EasyThread™ Floss

Call today and place your order: 1-800-265-8353 or GUMbrand.ca

©2012 Sunstar Americas, Inc C12119



VOLUNTEER OPPORTUNITIES

Manitoba Dental Hygienists Association/ School of Dental Hygiene Mentorship Program

MISSION STATEMENT

The Manitoba Dental Hygienists Association (MDHA)/School of Dental Hygiene Mentorship Program is a partnership that supports the transition of dental hygiene students into the profession through open communications, guidance, and inspiration that benefits both parties.

HOW CAN THIS BE ACHIEVED?

Only **YOU** can help us achieve this statement. Your commitment makes **OUR** profession stronger. **YOU** are the MDHA and as we always state “We are only as strong as our members” and with your commitment you are an example of this sentiment.

WHAT CAN THE MENTORSHIP PROGRAM OFFER?

- A rare opportunity for all participants to grow and develop together; to share experiences and to work as one for the benefit of **OUR** profession
- The mentee is provided with a connection to **OUR** profession that can not be attained through formal education. **YOUR** relationship with **YOUR** mentee will provide insight and will ease their transition from a “student” to a “professional”
- Participants develop stronger ties with the School of Dental Hygiene and the MDHA. This, in turn, can lead to valuable networking opportunities and/or new career paths
- Participation is recognized by the College of Dental Hygienists of Manitoba (CDHM) and can be used to fulfill your annual **Professional Activity Record (PAR)** requirement
- **WE** are life long students; both the mentors and the mentees benefit from our program



FACULTY OF
DENTISTRY

SCHOOL OF
DENTAL HYGIENE

Traditions of Excellence, Horizons of Change

INTERESTED? CONSIDERING? LET'S TALK!

Email the MDHA Mentorship Committee at: info@mdha.ca or call and leave a message for us at 204-981-7327

Pacific Dental Conference

Save these dates!

March 7-9, 2013 Vancouver, BC



Inspiring speakers
Fantastic networking
Unforgettable location!

- Three days of varied and contemporary continuing education sessions
- Over 130 speakers and 150 open sessions and hands-on courses to choose from, as well as the Live Dentistry Stage in the Exhibit Hall
- Over 300 exhibiting companies in the spacious PDC Exhibit Hall
- Excellent Spring skiing and snowboarding on local mountains or drive the scenic Sea to Sky Highway to Whistler/Blackcomb



Easy online registration opens October 15th, 2012 at...

www.pdconf.com

(President Elect's Message...cont from page 3)

I recently had the privilege of volunteering with Healthy Smile Happy Child creating an oral health display board for the GO 4 Health Expo at the Red River Ex. This was the first year that oral health was incorporated into the Go 4 Health Expo. Display board featured many important oral health facts about the importance of good oral health and tips on how to maintain proper oral health throughout various stages of life. It was a huge success!



(In photo: Shauna McGregor - GO 4 Health Expo oral health display at Red River Ex)

This past year I reflect on how much I have learned from my friends and mentors on the MDHA Board. Without these amazing people I would not be where I am today. Although I have some big shoes fill I look forward to the year ahead serving as President of MDHA.

Shauna McGregor, RDH
President-Elect MDHA

Winnipeg Rhapsody

Save The Date!

Saturday, October 13, 2012

The Fort Garry Hotel Spa & Conference Centre
222 Broadway, Winnipeg, Manitoba R3C 0R3

6 credits - 2 Great Speakers.

Open to all staff!



ce
SOLUTIONS

Featuring acclaimed authors and speakers:
Betsy Reynolds RDH MS
& **Dr. Tim Donley DDS MSD**

Science of Suppression:
The Immune System -
Betsy Reynolds

Clinical Decision Making
In Periodontics -
Dr. Tim Donley

DETAILS AT:

www.ConEdGroup.com





MDHA
Professional
Development
Calendar
2012 / 2013

STAY TUNED FOR
EXCITING UPCOMING
EVENTS FROM YOUR
PROFESSIONAL
DEVELOPMENT TEAM!

***Get the
"Advanced Edge"
in Hygiene Instruments***

Receive a **FREE SCALER** with every order of 6 new instruments or 10 instruments for renewing (retipping).

Renewing turn-around time of 10-14 days.



Contact Progressive Edge Dental Services

www.progressiveedge.ca

Phone: (403) 880-7526

"DEAR EDITOR"

Hi there, I did a couple of things this year to promote oral health month in my community, and would like to share with you in case any one else is looking for a new idea:

See attached photo - I set up a display on Early Childhood Decay at my local library for the month, including the baby sippy cups labeled with sugar content of popular drinks and several handouts for parents. In addition, one morning I had a special session of BABY TEETH TALK where I was available for young families to share a time of stories and information. We had kids from 4 months to 4 years attend, and it went over pretty well.



(In photos: Judy Lochhead)

I also had a display set up at our local school which was called STOP THE POP and had many choice beverages on display with the amount of sugar and acid that were contained in them.

In addition to that, I prepared a presentation for classrooms where I was dressed in military attire, and came into the class with a duffle bag and got their attention by declaring WAR. My bag containing 2 rubber totes. One was labeled THE ENEMY, and contained many of the worst offenders for food choices, as well, as some sugar and a picture of plaque (and a label of all the different names it could be called. We identified the many "faces of sugar", and we learned about our enemies, plaque, sugar and acids, and how to identify them on the food labels. The other container was the First Aid kit, which contained the obvious brush, floss, toothpaste, water, mouthwash, dental tools, picture of a sealant, sugar free gum, and some better choice food and drink selections. We talked about how there is a war going on every day in our mouths and what we need to do if we want to win the war. It seemed to go over really well, lots of compliments from the staff and I am sorry that I do not have any photos of myself as a warrior!! Having the props in the totes helped me to remember all the things I had to mention in my presentation, but it was also good to have visuals for the kids, and we even passed some of the food items around so kids could see how to read the labels. At the end of the presentation, we also had a quick True/ False questionnaire so that I could assess if they had learned the key elements of the message I gave. It was also a good review and made sure all the important points had been covered.

I enjoyed it very much, and hope you will pass on my idea to others who may be looking for a new approach to an age-old message! I have been teaching oral health ed for about 35 years now, so its sometimes hard to think of a new way to reach my audience, and this year I think I hit on something that worked!

Judy Lochhead RDH, DT
Reston Manitoba

"DEAR EDITOR"

On Tuesday, April 24, 2012 Karen Kiazzyk Kaatz and I visited The Parkway Retirement Community to give an oral health presentation. The health resources co-ordinator, Sharron Davis, had heard that April was National Oral Health Month so she took it upon herself to contact MDHA and see if we would be willing to present to the residents of the home. As we were only able to present in the evening, Sharron was nervous that resident's would not come out to see our presentation. Normally presentations are held during the day at Parkway, but she took a chance and booked us for the evening. We told Sharron to let the residents know we would have a lot of very interesting and valuable information and that there would be freebies as well! The numbers were low to begin with, but the residents trickled in slowly and just before the presentation was scheduled to start, we had over 40 residents in attendance! The presentation was 45 minutes long and afterward the residents asked great questions and many made comments about all the new things they had learned.

Both Karen and I thoroughly enjoyed our time at Parkway and look forward to being invited back to take part in their health fair in the fall!

Kathy Yerex, BSc, RDH

On May 25/12, I was invited to do a presentation on oral health to two adult classes at the satellite campus of Red River Community College. This took place at Union Station where students learning English as an additional language were being trained. The MDHA supplied me with tooth brushes, paste, floss piks, and oral health pamphlets....all which were received graciously by the students.



(In photos: Gloria Kroeker)

We reviewed the types of teeth we have, and their function. In addition, there was an explanation of the teeth and supporting structures. There was also significant discussion on why taking care of ones teeth is important. Nutrition and diet was part of the session, as well as explanations of the consequences of neglecting ones oral health. The "hands on" training included: learning proper brushing technique, and introduction of flossing (which was new to most of the students). The participants were interested in where they could find accessible/affordable dental services and presented many dental health questions. It was an enjoyable morning of teaching and interacting with individuals from a multitude of cultural backgrounds. They were very grateful for the session, for their "take home" gifts, and it felt satisfying to be a part of this learning experience with them.

Gloria Kroeker

MESSAGE FROM THE SCHOOL OF DENTAL HYGIENE



FACULTY OF
DENTISTRY
SCHOOL OF
DENTAL HYGIENE

Traditions of Excellence, Horizons of Change



UNIVERSITY
OF MANITOBA

LOCAL ANESTHESIA

CONTINUING EDUCATION PROGRAM

SCHOOL OF DENTAL HYGIENE
UNIVERSITY OF MANITOBA

November 2-4, 2012

Course Coordinator:

Mrs. Diane Girardin, RDH, EP

Mrs. Girardin is a graduate of the School of Dental Hygiene, University of Manitoba and has over 35 years of practice experience in preventive, orthodontic and restorative techniques. She has 19 years of clinical teaching and is, at present, the Clinic Coordinator for the senior class and course coordinator for the Pain Management Course. In addition, Mrs. Girardin is the course facilitator and lecturer for the Restorative Module for Dental Hygienists.

Workshop Faculty:

Lorraine Glassford, B.A., R.D.H., E.P.
Alayna Gelley, R.D.H., E.P.
Lila Jorheim-MacInnes, R.D.H., E.P.
Marcia Rushka, R.D.H., E.P.
Kathy Yerex, B.Sc., R.D.H., E.P.

GENERAL INFORMATION

Course Description:

This course will prepare the dental hygienist to become competent in the administration of both block and infiltration local anesthesia. Emphasis is placed on the mechanisms of pain and a thorough understanding of the pharmacology of dental drugs and their interactions with the client's current conditions and medications. The course consists of a minimum of 6 weeks of self-study prior to the 3-day workshop. Examination of didactic material (passing grade: 70%) will occur on the first day of the workshop following a review of didactic materials. The 2nd and 3rd days of the workshop will consist of the clinical administration of anesthesia on each other.

This course is recognized by the following provincial licensing authorities: BC, AB, SK, MB.

Duration: Minimum 6 weeks self-study
24 hours course attendance
(Friday, Saturday, Sunday)

Course Requirements:

Participants must be graduates of an accredited Dental Hygiene Program and hold current licensure in their province or state of residence. Participants must also hold a current certification in CPR (Basic Rescuer Level), and hold current malpractice insurance.

Proof of all the above credentials must accompany the registration form.

FOLLOWING REGISTRATION

A DETAILED COURSE

OUTLINE AND SCHEDULE

WILL BE SENT TO YOU

Registration Information:

Workshop Fee: \$985.00 (payable to the University of Manitoba). Payment in full must accompany registration form.

Registration: Full amount due by September 14, 2012.

After registration, if withdrawal from the workshop becomes necessary, a \$200.00 deposit will be retained by the School of Dental Hygiene and \$785.00 will be returned.

***Program will be offered subject to minimum participants registered**

REGISTRATION

LOCAL ANESTHESIA
CONTINUING EDUCATION PROGRAM
November 2-4, 2012

Name: _____
Address: _____
City: _____
Province: _____
Postal Code: _____
Phone Number: _____
E-mail Address: _____

Please mail your registration, payment, and credentials to:

School of Dental Hygiene
Faculty of Dentistry
D212-780 Bannatyne Avenue
Winnipeg, Manitoba R3E 0W2

Cheques/money orders should be made payable to the University of Manitoba.

For further information, you may contact Lisa Chrusch at the School of Dental Hygiene (204) 272-3062.

The Workplace Hazardous Materials Information System (WHMIS) is Canada's national hazard communication standard. You must know what these symbols mean!

Anyone working with, or near hazardous substances must be WHMIS trained!

Contact info@workplacesafetygroup.com to register for the online training.

\$30 + HST per person per year, unlimited access; renewable annually.

A small price to pay for your safety and compliance!



WORKPLACE HEALTH AND SAFETY UPDATE

WORKPLACE SAFETY

Due Diligence Compliance – What this Means for Employers and Employees

By Carola Hicks

Universally, health and safety legislation is intended to ensure that employers and employees act responsibly regarding health and safety within the workplace. The most powerful legal protection an occupational health and safety program can have is to be able to **prove due diligence**.

Defining Due Diligence means exercising care and taking precautions with workers' health and safety. It means identifying and minimizing health and safety risks to workers through proactive measures. Business owners and employers must set the direction through policies and procedures, and must provide the leadership and resources to implement an occupational health and safety program that demonstrates a reasonable standard of care and protects workers from work-related injuries, illnesses and fatalities. WHMIS training is just one part of this mandate and should be provided annually to all employees.

Safety is not a luxury, it's a legal right!

When it comes to workplace safety, workers, supervisors and employers all play different roles and have different responsibilities. But everyone has rights that they should be aware of - because those rights can mean the difference between taking a risk and taking a proper stance on unsafe practices.

Everyone working in Manitoba has the following rights:

1. **The right to know.** You have the right to know about the hazards in your job. Your employer or supervisor must tell you about anything in your job that can hurt you. Your employer must make sure you are provided with the information you need so that you can work safely.
2. **The right to participate.** You have the right to take part in keeping your workplace healthy and safe. Depending on the size of the company, you can be part of the Health and Safety Committee or be a Health and Safety Representative. You also have the right to participate in training and information sessions to help you do your job.
3. **The right to refuse unsafe work.** If you believe your job is likely to endanger you or others, you have an obligation to report the unsafe situation to management. If the situation is not corrected and you feel your health and safety is still in danger, you have the right to refuse to perform the work without reprisal.

For a copy of Manitoba's Workplace Safety and Health Legislation go to:

<http://web2.gov.mb.ca/laws/statutes/ccsm/w210e.php>

As much as employers have responsibilities to their workers, workers also have responsibilities to apply and use the resources and training their employers have provided. When all parties, employers and workers alike, take ownership of the philosophy of workplace health and safety the internal responsibility system (IRS) is in effect to the benefit of all.

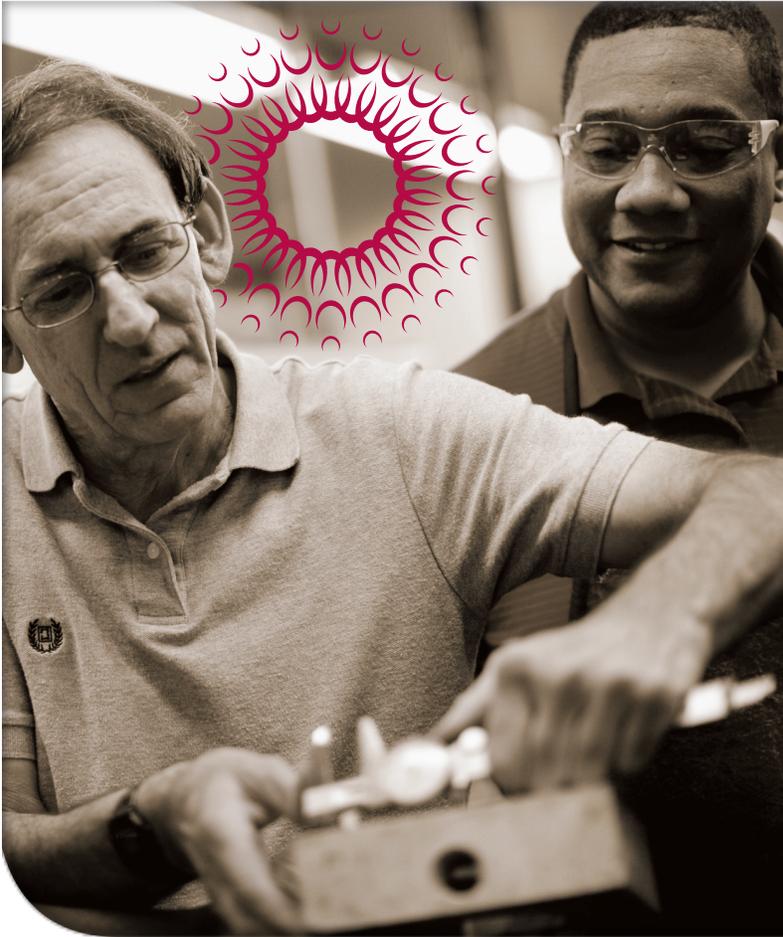
Part 3 of the Workplace Safety series will explain the role and duties of the health and safety representative and health and safety committee member



Carola Hicks is a University of Toronto Dental Hygiene graduate. She is founder and CEO of Workplace Safety Group, experts in workplace health & safety. They are a specialty training provider to the Ontario Dental Hygienists Association.

Email: carola@workplacesafetygroup.com

FROM OUR HANDS **TO YOUR HANDS**



A shared passion for performance.

Performance - for us that means listening, learning, collaborating, teaching, innovating, refining and perfecting everything we do. Our 10,000 products and countless services are exceptional because we develop them in conjunction with the very people who use them.

For you, performance means leveraging all your skill and education to deliver the best clinical outcomes for your patients. It's a goal we proudly share with you.

We are Hu-Friedy. Passionately committed to helping the best perform.

Visit us online at Hu-Friedy.com

How the best perform





VOLUNTEER OPPORTUNITIES

BE A PART OF A WINNING TEAM!

"BRUSH FOR THE CURE!" SUNDAY, SEPTEMBER 30TH!

The 2012 Run for the Cure is scheduled for Sunday, September 30th

Team "Brush for the Cure" raised nearly \$7000 last year and we'd love to beat that record this year! We are currently in search of a new Team Captain to promote the event and keep track of who is volunteering for Team "Brush for the Cure!"

Interested in joining the team or volunteering to be the MDHA Team Captain?? Please contact the MDHA at:

info@mdha.ca

Canadian Breast Cancer Foundation
CIBC  **Run for the Cure!**



For better dentistry

DENTSPLY
CANADA

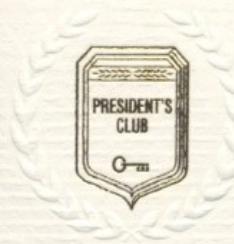
Cavitron® CAULK
MIDWEST®

NASDAQ: XRAY

Andrea Moore O'Connor, BHE
Product Specialist
Cell: (204) 793-3866

DENTSPLY Canada Limited
161 Vinyl Court
Woodbridge, ON L4L 4A3
(905) 851-6060 Voice Mail #52217
1-800-263-1437
Fax: (905) 851-9809
Email: aconnor@dentsply.com
www.dentsply.ca

Great-West Life
ASSURANCE COMPANY



Deborah L.C. Capek

Life & Disability Insurance, Critical Illness Ins.,
Employee Benefits,
RRSP's, Annuities, RRIF's & Investment Funds

P.O. Box 338
100 Osborne Street North
Winnipeg, Manitoba R3C 2H6
Bus: (204) 297-6224
Fax: (204) 946-8865
deborah@capekfinancial.ca



MDHA wants to hear from you!

We are currently in the process of planning for next years professional development calendar and we need your help. MDHA would like to know which topics, speakers, courses you would be interesting in attending. Our goal it to provide YOU the member with a professional development calendar that will help you achieve your continued growth and development as a dental hygienist.

KEVIN RILEY
General Manager – Prairie Zone



Cell: 204-781-8140
Office: 204-784-5333 Toll-Free: 800-665-8985
Fax: 204-786-2908 Toll-Free Fax: 888-682-2748
Residence: 204-467-9789

21 Murray Park Road Unit D, Winnipeg, MB R3J 3S2
E-mail: kevin.riley@henryschein.ca



Manitoba Dental Hygienists Association

Contact Information:

Mailing Address:

Box 25112
Winnipeg, Manitoba
R2V 4C7

Phone number:
204-981-7327

Website:
www.mdha.ca

Email:
info@mdha.ca

Employment Postings:
employment@mdha.ca

Read & Win!

First MDHA member to correctly answer the questions and emails their response wins a \$10 gift certificate.

Two additional entries will be randomly chosen to win a \$10 gift certificate!



- 1) Carola Hicks is the CEO and founder of what group?
- 2) Name two of the four MDHA Board vacancies that are open for volunteers.
- 3) What is the date of this years Run For The Cure?
- 4) Who was the Manitoba winner of the Job Market Survey?

GOOD LUCK!!