

# MONDTAGE

WINTER  
2009

Marnie Forgay (center) with MDHA members Cindy Isaac Ploegman (left) and Deanna Mackay at Welcome Back, Bannatyne! Gala Dinner



## Welcome Back, Bannatyne! Alumni of Distinction Awards

MDHA was excited to be in attendance at this Gala event which took place October 16, at the Fort Garry Hotel.

It has been a long standing tradition for the University of Manitoba Alumni Association, Faculty of Dentistry, and the School of Dental Hygiene to award the recipients of the Alumni of Distinction award at the Friday luncheon at the annual MDA convention. This year started a new and exciting tradition. The honorees received their well

deserved recognition at this fabulous celebration. This Gala hopes to become an annual event.

Hygienists who are alumni of Manitoba will of course recognize the name Marnie, the founding director of our School of Dental Hygiene. We were honoured with her presence to award this year's dental hygiene Alumni of Distinction recipient, Dr. Hester Rumberg. Prof. Forgay and Dr. Rumberg both inspired the audience with their speeches. This evening proved that

our opportunities as Manitoba Alumni are endless. We hope to see more dental hygienists attend this annual event and continue with this great new tradition!

### Inside this issue:

Executive Director Report	5
Professional Development Calendar	7
126th MDA Convention	9
MDHA Upcoming Events	11



It is the **mandate** of the MDHA to cultivate, promote, and sustain the art and science of dental hygiene, to represent, maintain, and safeguard the honour and communication, unity, and social intercourse among its members, and to contribute toward the education and improvement of the health of the public.

#### The mission of the MDHA is to:

- Meet the oral disease prevention and oral health promotion needs of Manitobans and all Canadians.
- Ensure access for all to dental hygiene services and that these services are of a high standard of care and ethic.
- Act as the collective voice, resource, and advocacy body for dental hygienists.
- Strive for the continued growth and development of the dental hygiene profession.

The association activities are directed to achieve this mission.



We make a living by what we get,  
we make a life by what we give.

Winston Churchill

## President's Message

Season's Greetings and all the best in health and happiness in this holiday season! Last issue I, Detective Deanna, investigated how MDHA could be the professional association that strives to fulfill your needs. This issue I want to investigate what WE as dental hygienists can do to give back to our professional community by extending a guiding hand to dental hygiene students.

MDHA has proudly partnered with the School of Dental Hygiene in their mentorship program and recently sponsored two separate evenings for the current DH1 and DH2 student and mentor groups. The evenings allowed participants to collaborate in developing the program's mission statement, goals and objectives. Current students also discussed how a mentorship program social nights, role playing, continued contact either through email, text or even a quick coffee to see how school/life is going. Most students reported what they really wanted was to have a connection to a dental hygienist who could show them the ropes in the "real world" and to see how a dental office functions. How does a dental hygienist get through her day and stay on schedule (yeah right!)? How does s/he perform sterilization and radiographs? How does s/he interact with other oral health team members in the office? Salme Lavigne helped mediate the evening along with myself. Participants were

Continued on page 15.....

## Read & Win!

Once again we have had another successful session of our Read & Win contest.

Answers to the last Read & Win questions are:

- 1) Pacific Dental Conference
- 2) Signe Jewett
- 3) CDHA

First person that correctly answered the questions was:

Jaimelee Woo

The following two MDHA members were randomly drawn from those who entered:

Maria Borges  
Tara Kinchen

Congratulations you all have won a \$10 gift certificate to Tim Horton's.

See page 14 for this issues Read and win questions!

## Employment

Members, if you are looking for employment don't forget to check our website for job postings which are regularly updated. Just visit us at [mdha.ca](http://mdha.ca) and click on *Employment Opportunities*. Also contact us if your office needs to place a job posting at: [employment@mdha.ca](mailto:employment@mdha.ca).

## Message from President Elect

Well, it's that time again! Christmas comes at the same time every year, but I always seem to think that it sneaks up on me! I know my to-do list is still 3 miles long, and it seems I keep adding to it!

My family has a holiday tradition where my husband and I both go out and pick a toy for a boy and a girl and then take it to the Christmas Cheer Board. As I was so busy doing everything else, I'm sad to say I almost forgot to do this till my husband reminded me!

Its important to remember that its better to give than to receive, and Christmas is a wonderful reminder of this! As dental hygienists we have a valuable wealth of knowledge that we can share. We can go to a day care or seniors home in our neighborhood and do a oral health presentation. Also MDHA has outreach opportunities that you may be interested in. Remember, as being a MDHA member, MDHA will provide you for your presentation oral hygiene supplies for participants!

The best gift is to give of ourselves! Have a wonderful holiday season!

Trish Wittmier, RDH



*Relax, Network &  
Revive Your Spirit*



**ce**  
SOLUTIONS

DETAILS AT

[www.ConEdGroup.com](http://www.ConEdGroup.com)

## Upcoming Events...

Available now for CDAs and  
Reception for credits.

### **Ottawa Rideau Rhapsody**

Crowne Plaza Ottawa, Ontario

Within Winterlude -

February 5 - 6 2010

### **Banff Rocky Mountain Rhapsody**

Banff Park Lodge - Mar 26 - 27 2010

### **Vancouver Pacific Rhapsody**

Delta Burnaby Hotel/Grand Villa Casino -

September 24 - 25 2010

**Bring a colleague and you'll each save \$30!**

**Recommend a system that virtually eliminates plaque from your patients' smiles...**



**...and helps to prevent regrowth.**



## **PRO-HEALTH™** SYSTEM

**Give your patients a virtually plaque-free smile.**

The mechanical action of the PRO-HEALTH™ SYSTEM effectively removes plaque and the chemical action helps keep it from coming back.

**To learn more about the PRO-HEALTH™ SYSTEM, please contact Crest® Oral-B® at 1-888-767-6792.**

Crest® PRO-HEALTH™ toothpaste treats sensitivity, fights gingivitis, plaque and tartar, and prevents cavities. For adults & children 12 years and older. Do not swallow.

Crest® PRO-HEALTH™ Rinse helps prevent plaque buildup and gingivitis. Keep out of reach of children under 6 years old.

**Crest® Oral-B®**



MDHA wants you!

We are currently looking for the right person to fill the position of our Professional Development Chair.

This position holds many benefits such as:

- Stay current on the latest developments in our dental hygiene profession
- Receive all the Professional Development courses that MDHA sponsors for FREE!
- Mentorship will be provided
- Possible honorarium for position will be discussed

Interested contact Mary at: [mbertone@mdha.ca](mailto:mbertone@mdha.ca)

## MDHA MIDWINTER MEETING

Date: January 29th, 2010

Location: 126th Annual MDA Convention, Winnipeg Convention Center

Room: Room 1&2 -1st Floor

Registration: 7:30am - 8am

Meeting: 8am - 9:15am

**Continental Breakfast Served!**

## Executive Director Report

Hello! At this point, we (as in, you and I) have most likely not had the opportunity to become acquainted with one another - yet (I'm looking forward to this changing over time!). So I'd like to take this opportunity to introduce myself to you in my first Montage column.

First, a bit about myself: my name is Cynthia and I've been a municipal engineer for just over ten years; I have a lovely little daughter and a crazy Jack Russel-Lab cross (yes, it's possible - I'm not sure how, but I have the proof). I've been your Executive Director for a month and a half now and have spent a large part of that time learning about the organization and becoming intimately acquainted with the association and the profession as a whole.

Before I go any further, I'll answer the burning question: what's the connection between municipal engineering and dental hygiene? To be honest, not much! I have, however, had experience working with associations in the engineering profession. I've helped to grow memberships and focused the groups on changing needs, helped ensure that the association remains meaningful to its members - and encouraged members to give back to the organization. To this end, I feel I have a lot to offer MDHA. I hope to be able to provide a fresh set of eyes to the association, an outside perspective, different ideas, and also help meet new and current goals and initiatives. I aim to make new contacts for the MDHA and help promote the dental hygiene profession. Most of all, though, I want to represent you, the members, and be a voice for the association - be a voice for YOU. So to that end, I hope you'll always feel free to contact me with any thoughts, comments, or ideas. Drop me an email ([cwiebe@mdha.ca](mailto:cwiebe@mdha.ca)) to let me know what's going on, what's pertinent to you, what you would like from YOUR association. If you see me at an event or function, stop by and say hi - I'd love to meet you and get to know more members personally.

I'm really looking forward to seeing what the New Year has in store for me as well as the association. I'm very excited for the challenges ahead, working with the MDHA Board and its membership, and seeing how I can be of service to you and helping MDHA be meaningful to you as well.

So until next time...

Season's Greetings and a Happy New Year!

Cynthia Wiebe



# EXPERIENCE COMFORT IN A NEW LIGHT



Help your customers and their patients discover superior comfort with Symmetry IQ.

- Fiber-optic lighting enhances visibility, reduces eye strain and helps maintain a neutral body position.
- Smooth, precise scaling improves patient comfort.
- Touch-pad controls and a memory feature for more efficient patient treatment.

## Spectacular Symmetry IQ Offers, Through December 31, 2009

- Buy a Symmetry IQ 4000 Piezo Unit, Receive \$1,000 suggested retail value of Hu-Friedy Products Free\*
- Buy a Symmetry IQ 3000 Piezo Unit, Receive \$500 suggested retail value of Hu-Friedy Products Free\*
- Buy any 2 Piezo Tips, Get 1 Piezo Tip Free

Join Friends of Hu-Friedy ([friendsofhufriedy.com](http://friendsofhufriedy.com)) to learn more about this product and other valuable opportunities.

Call 1-800-HU-FRIEDY or visit [www.hufriedy.com](http://www.hufriedy.com) for more information about the Symmetry IQ line of scalers.

\*Free goods order must be placed through a Hu-Friedy Regional Account Manager. May not be combined with any other offer.  
©2008 Hu-Friedy Mfg. Co., Inc. All rights reserved. Hu-Friedy, the Hu-Friedy Oval logo and Symmetry IQ are trademarks of Hu-Friedy Mfg. Co., Inc.



Symmetry IQ 4000 Scaler





# Dental Hygiene Professional Development Calendar 2010

## January

**29th**

MDA 125th Annual  
Mid-Winter  
Convention  
Ms. Betsy Reynolds,  
RDH, MS  
9:30am - 4:30pm  
(Full Description on page 9)

## March

**1st**

Manitoba Dental  
Hygienist Lecture  
Series  
The Influence of  
Vitamin D on Early  
Childhood Oral  
Health  
Dr. Robert Schroth,  
DMD, MSc Faculty of  
Dentistry, Schwartz  
Theatre,  
7:00pm–9:00pm

**13th**

Manitoba Dental  
Hygienists'  
Association  
Workshop  
Hands-onWorkshop -  
Concepts in  
Ultrasonics  
Faculty of Dentistry,  
RM S112  
3 hours session, 9:00  
a.m.-12:00 p.m. or  
1:00 p.m. - 4:00 p.m  
(Full Description on page 11)

## April

**10th**

Manitoba Dental  
Hygienists'  
Association  
Workshop  
Local Anesthetic  
Refresher Part 1  
Presented by Prof.  
Salme Lavigne, RDH,  
BA, MS(DH)  
Shwartz Theatre,  
9:00am to 1:00pm  
(Full Description on page 12)

**12th**

Manitoba Dental  
Hygienist Lecture  
Series  
Topic and Speaker  
TBA (Chosen by you)  
Faculty of Dentistry,  
Schwartz Theatre,  
7:00pm–9:00pm

**Andrea Moore O'Connor, BHE**  
Product Specialist  
Cell: (204) 793-3866

For better dentistry

**DENTSPLY**  
CANADA

**Cavitron® CAULK**  
MIDWEST®

NASDAQ: XRAY

**DENTSPLY Canada Limited**  
161 Vinyl Court  
Woodbridge, ON L4L 4A3  
(905) 851-6060 Voice Mail #52217  
1-800-263-1437  
Fax: (905) 851-9809  
Email: aaoconnor@dentsply.com  
www.dentsply.ca



GlaxoSmithKline

**Dean Rickard**  
Territory Manager  
Oral Health Care

Voicemail: 905 829 6030 x9490  
Toll Free: 1 800 268 4600 x9490  
Fax: 905 403 4500

dean.2.rickard@gsk.com

**Consumer Healthcare**

2030 Bristol Circle  
Oakville, Ontario  
Canada L6H 5V2  
Tel. 905 829 2030

www.gsk.ca

# Your Fluoride Varnish Wish List - Completed

SUNSTAR

# BUTLER <sup>®/MD</sup>

## White Fluoride Varnish

5% Sodium Fluoride

**NEW!**



Melon Madness and  
Bubblegum flavors  
36 per box

- ✓ 5% Sodium Fluoride Varnish
- ✓ White varnish blends with natural tooth color
- ✓ Thin and easy to apply
- ✓ Sets rapidly on contact with saliva
- ✓ No leak, .5ml unit dose and applicator
- ✓ Very affordable treatments
- ✓ Contains xylitol

### ***As a topical fluoride treatment***

- Perfect for any patient, including patients with ortho treatment
- Greater acceptability, less discomfort than gels and foams
- Reduces fluoride ingestion
- Reduces gagging reflex
- Takes significantly less time than tray application !!

### ***For Dentin Hypersensitivity***

- For the treatment of dentinal and post operative sensitivity

**ORDER NOW!** Call our Customer Service Department at 1-800-265-8353,  
or speak with your Sunstar Representative.

# SUNSTAR

# 126<sup>th</sup> MDA Annual Meeting & Convention

Manitoba Dental Hygienist Association Presents

Ms. Betsy Reynolds, RDH

January, 29 2010

Session 1: 9:30 am-noon

## **Microbial Considerations in Rendering Periodontal Treatment**

This course is designed to provide the practicing hygienist with current, ground breaking strategies relevant to today's comprehensive patient care approach to periodontal therapy. Amazing research will provide the course participant with a newer understanding of microbial and immunological considerations for preventive care and maintenance treatment planning. Audience members are encouraged to come fully prepared for an interactive, entertaining program designed to enhance current treatment options available.



Following the course, the participant will be able to:

- Understand how microbial concepts have evolved in order to identify the role bacteria play periodontal disease process
- Identify challenges in rendering comprehensive periodontal therapy based on immune function and bacterial interaction
- Relate how oral inflammation affects systemic health
- Define the concept of 'biofilm' in periodontal diseases
- Develop home care strategies based on current understanding of the periodontal disease process

Session 2: 2:00pm-4:30pm

## **Inflammatory Remarks: The Role of Inflammation in Oral and Systemic Health**

This course will provide participants with an in-depth look at recent research supporting oral inflammation as a main contributory factor in development of cardiac disease. An understanding of how microbial biofilm impacts treatment of the periodontically challenged patient will be provided. Treatment options and appropriate home care recommendations will be explored. Also included in this interactive, informative course will be ideas on how to establish important links to the medical community and provide primary health care providers with resources for recognition and referral of patients presenting with intraoral inflammation. Come prepared to share ideas and clinical experiences with your colleagues in a relaxed forum.

Following this course, participants will be able to:

- Understand the role of inflammation in cardiac risk assessment
- Define 'biofilm' as it relates to plaque development, maturation and control
- Develop in-office and at-home strategies for controlling biofilm
- Interact with members of the medical community to develop appropriate recognition and referral techniques for oral inflammation

For better dentistry

**DENTSPLY**  
CANADA

# Cavitron **THINsert**<sup>TM</sup> ultrasonic insert

## Delivers Ultrasonic Ease with Hand Scaling Access.



The **NEW** Cavitron THINsert<sup>TM</sup> ultrasonic insert is a great fit. At almost half the diameter of the FSI<sup>®</sup> Slimline<sup>®</sup> insert\*, Cavitron THINsert<sup>TM</sup> ultrasonic insert delivers high power in a slim tip. This means you can use your 30k Cavitron<sup>®</sup> ultrasonic scalers in difficult to reach areas like interproximal surfaces, concavities, and areas with tight tissue attachment. All without losing the tactile sensation you rely upon.

\* Data on file.



### SPECIAL OFFER: FREE INSERT

Buy 3 Cavitron Inserts, Get 1 Insert FREE!

Buy 5 Cavitron Inserts, Get 2 Inserts FREE!

Offer includes all 25K or 30K inserts, the Cavitron SofTip insert, the Prophy Jet Air insert and the new Cavitron THINsert. Cannot be combined with any other DENTSPLY offer. Offer valid from January 1 through March 31, 2010. For more information, please contact your authorized DENTSPLY Distributor or a DENTSPLY Territory Manager at 1.800.263.1437.

Other DENTSPLY Products:

**Cavitron** FSI-SLI Inserts **NUPRO** SofTip<sup>™</sup> Steri-Mate<sup>™</sup> Light

[www.dentsply.ca](http://www.dentsply.ca)  
1.800.263.1437

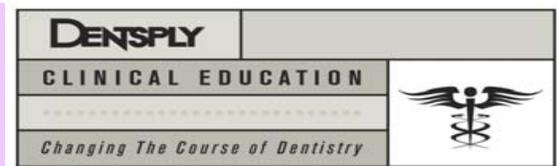
© 2009 DENTSPLY Canada. All rights reserved

# UPCOMING PROFESSION DEVELOPMENT EVENTS

## Hands-On Workshop ~ Concepts in Ultrasonics

Saturday March 13, 2010 Faculty of Dentistry, RM S112

3 hours session, 9:00 a.m.-12:00 p.m. or 1:00 p.m. - 4:00 p.m. (if needed)



### COURSE DESCRIPTION:

Join us for a highly progressive, unique ultrasonics workshop that will take you to the next level in patient care and help you meet the demands of today's non-surgical periodontal therapy. While using active Cavitron® SPS Ultrasonic Units and Inserts on manikins, participants will have the opportunity to maximize their current ultrasonic knowledge and skills and achieve an advanced level of clinical confidence using ultrasonic instrumentation. The course facilitator will present scientific and practical information that will bring immediate benefits to your practice. Case studies will be examined and an open forum will be offered to problem solve clinical

### COURSE GOALS:

- To raise the awareness of the dental professional in the area of ultrasonics and its contribution to non-surgical periodontal therapy.
- To provide clinical strategies for implementing ultrasonic instrumentation on an individualized patient basis.
- To facilitate changes in the participants' own work settings that will extend to maximizing performance of ultrasonics while keeping within the principles chairside ergonomics

### COURSE OBJECTIVES:

Upon completion of this course the participant will be able to:

- Provide ultimate patient comfort with ultrasonic technology.
- Demonstrate the ergonomic advantages of ultrasonic use as they relate to personal health.
- Select the appropriate inserts and strategically sequence ultrasonic instrumentation in the most safe and effective manor.
- Demonstrate ultrasonic insert adaptation in the most anatomically challenging situations. Review pertinent root anatomy is a focus.
- Position evacuation devices to reduce aerosols and enhance operator visibility.
- Additional information on Air Polishing – Fact vs. Fiction. (time permitting)

### BIO ~ LISA SHOEMAKER B.A., R.R.D.H.

Lisa Shoemaker is a registered restorative dental hygienist with 17 years of experience in clinical practice and education. Alumnus of the University of Guelph, Confederation College and George Brown College - Lisa brings with her a range of experiences from these reputable institutions. Currently registered to practice Dental Hygiene in Ontario, Lisa is active in clinical dental hygiene (both in preventive practice and in the specialty of Orthodontics). She holds a clinical faculty position at George Brown College in Toronto, Ontario where she instructs in the Dental Hygiene Program and in Continuing Education for Orthodontics. Lisa's role as a clinical educator has primary focus in Ultrasonics with additional courses presented in airpolishing, professionalism, conflict resolution and implant maintenance. Lisa has a keen interest in helping to incorporate these concepts into the curriculums of dental and dental hygiene programs across Canada. Commitment to her profession has been demonstrated at the local, provincial and national levels. She has been a member of the Ontario Dental Hygienists Association Board of Directors and a recipient of the Distinguished Service Award for the same association. She maintains professional affiliations with the Ontario Dental Hygiene Association, The Canadian Dental Hygiene Association, The Ontario Orthodontic Study Club, The Ontario Restorative Study

COST: MDHA members-\$50, Non-Members-\$95

REGISTRATION: Please contact MDHA by email: [info@mdha.ca](mailto:info@mdha.ca) or phone: 981- 7327

Prepayment required by February 15th to enroll in this MDHA Professional Development Course. Please make cheque payable to: The Manitoba Dental Hygienists Association

## Local Anesthetic Refresher I

Presented by Prof. Salme Lavigne, RDH, BA, MS(DH)

Saturday, April 10, 2010

9:00am-1:00pm, Faculty of Dentistry, Schwartz Theatre

New date!

### Course Description:

Local Anesthetic Revisited. This 3 hour update on local anesthesia will rekindle your knowledge of local anesthetic administration and introduce you to what's new and what's changed in the world of anesthesia. You will be introduced to some new anesthetic systems that have just reached the Canadian market and will have the opportunity to have a hands-on look at these products and even try them if you wish. Additionally the course will include an overview of the infra-orbital injection which is now part of the School of Dental Hygiene curriculum. A question and answer period will provide opportunities for brainstorming and problem-solving of issues that you may have encountered with local anesthetic administration.

COST: MDHA members-\$50, Non-Members-\$95

REGISTRATION: Please contact MDHA by email: [info@mdha.ca](mailto:info@mdha.ca) or phone: 981- 7327 by March 31, 2010

Payment will be expected on day of this MDHA Professional Development Course. Please make cheque payable to: The Manitoba Dental Hygienists Association or cash accepted.



**THE Great-West Life**  
ASSURANCE COMPANY

**Deborah L.C. Capek**  
Life & Disability Insurance, Critical Illness Ins.,  
Employee Benefits,  
RRSP's, Annuities, RRIF's & Investment Funds

P.O. Box 338  
100 Osborne Street North  
Winnipeg, Manitoba R3C 2H6  
Bus: (204) 297-6224  
Fax: (204) 946-8865  
[deborah@capekfinancial.ca](mailto:deborah@capekfinancial.ca)

**KEVIN RILEY**  
General Manager - Prairie Zone

**HENRY SCHEIN** 

Cell: 204-781-8140  
Office: 204-784-5333 Toll-Free: 800-665-8985  
Fax: 204-786-2908 Toll-Free Fax: 888-682-2748  
Residence: 204-467-9789

21 Murray Park Road Unit D, Winnipeg, MB R3J 3S2  
E-mail: [kevin.riley@henryschein.ca](mailto:kevin.riley@henryschein.ca)

April 15th-17th, 2010

Vancouver, BC Canada

# Pacific Dental Conference



**Make Vancouver your spring destination for CE learning and holiday experience!**

Get CE credits during three days of lectures and hands-on courses; enjoy the largest two day dental tradeshow in Canada featuring all the newest equipment and products.

Shopping, hotels, restaurants and breath-taking Stanley Park are all within blocks of the new spacious Vancouver Convention Centre. Experience the Pacific Dental Conference in the springtime.

- Lunch & exhibit hall reception included in registration fee
- Over 500 exhibitor booths in a new exhibit hall
- Up to 12.5 hours of CE credits
- Celebrate National Dental Hygienists week with colleagues
- Online hotel reservations now available

**Online registration begins October 15th, 2009.**

Keep informed by visiting our website and sign-up for the attendee e-newsletter at...



Pacific  
Dental  
Conference

April 15-17  
2010

[www.pdconf.com](http://www.pdconf.com)



# OPERATORY MANAGEMENT NETWORK

## Maintain Your Edge with OIM!

Receive high-performance instruments at your office every four months!

### Operator Instrument Management (OIM) Program™

With the new OIM program from Operator Management Network™ you will always have high-performance, sharp instruments for optimal client care, while reducing clinician fatigue.

An economical, easy way to maintain your edge

- saves money and time
- reduces waste
- simplifies ordering
- helps preserve the environment

Operator Management Network™ offers a standard set-up instrument kit or will customize an OIM program suited to your needs. The OIM program will help you eliminate the time and effort spent reshaping ineffective instruments.

**Sign up for the Operator Instrument Management Program™ and receive a 10% discount off all D-Sharp Dental products!**

### Go Green!

Operator Management Network™ is committed to doing business in a way that helps you to do your part in protecting the environment!

- IntroCusp™ your instruments to help reduce waste in our landfills
- Trade-up your old instruments! The Operator Management Network refurbishes and donates useable instruments to charitable organizations around the world.
- Instruments that can not be salvaged are recycled to ensure that all metals are made available for reuse.

### Operator Management Network

T. 1-877-837-4277, ext. 24  
F. 905-331-5803  
E. [info@operatormanagement.com](mailto:info@operatormanagement.com)  
W. [www.operatormanagement.com](http://www.operatormanagement.com)



rdhu

Join us at rdhu for your  
Quality Assurance  
Advancement!

Courses are available at the rdhu facility in Oakville, Ontario and you can also participate live with our group via webcasts!

Register on-line at [rdhu.ca](http://rdhu.ca) and we will keep you updated with upcoming courses and seminars. Stay tuned for our next P & G rdhu Study Group beginning September 2010 – June 2011. Limited registration begins March 2010. Waiting list has already started. Don't miss out! This is a great way for you to advance your Quality Assurance requirements.





DH II students (L-R) Tarya, Janis, Taryn, Erin with MDHA President (center) Deanna Mackay

We would like to thank the MDHA for inviting us to attend the Welcome Back, Bannatyne, Alumni of Distinction Awards Gala. We were all very grateful to have been in the presence of many successful and inspiring dental hygienists. The presentations were memorable, and it was a pleasure to be at the MDHA table. As students in our last year of our dental hygiene studies, we really appreciated this professional opportunity. Not only did it allow us to form friendships with those within the same field, it also provided us with an opportunity to network with those we normally wouldn't have a chance to come in contact with.

Thank you!

Tarya Johannson, Janis Gojda, Taryn Greenberg, Erin Mirecki

## Read & Win!

First MDHA member to correctly answer the questions and emails their response wins a \$10 gift certificate. Two additional entries will be randomly chosen to win a \$10 gift certificate!

1) What is the name of MDHA's new Executive Director?

2) What time is registration for MDHA's Midwinter meeting on January 29th?

3) What position on the MDHA Board are we recruiting for?

# GOOD LUCK!!

# SUNSTAR

Manufacturer of

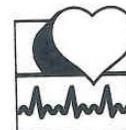
**GUM. BUTLER.**

Sunstar Americas, Inc.  
515 Governors Road  
Guelph, ON N1K 1C7

Lori Olafson, C.D.A. II  
Sales Representative  
Professional Division

800-265-8353 ext. 3431  
Fax: 519-837-2669  
lori.olafson@sunstar.com

All Levels Offered  
Your Office or Ours



**HANDS ON CPR / FIRST AID**  
Certification Clinics

JO ANN SHIELDS

TYLER SHIELDS  
204-632-6276



## MDHA wants to hear from you!

We are currently in the process of planning for next years professional development calendar and we need your help. MDHA would like to know which topics, speakers, courses you would be interesting in attending. Our goal it to provide YOU the member with a professional development calendar that will help you achieve your continued growth and development as a dental hygienist.

challenged to discuss, debate, and have open conversations about dental hygiene practice throughout their two year mentor/mentee partnership. And the learning need not be just one-way; the dental hygiene student brings with them current knowledge; the dental hygienist brings with them the experience and knowledge of the work environment. It is truly a Win Win situation!

Mentoring not only allows you to give back to your profession, it allows you to form new connections and network with people you may have not met otherwise. Feeling the positive attitude and enthusiasm of your mentees about our profession is invigorating; a true breath of fresh air. So what can you do to help dental hygiene students? Put your name forward to be a mentor! You and your future mentee will both grow from the experience. If you are interested or have any further questions, please do not hesitate to contact me.

Until next time...I will be on the case for you!

Detective Deanna

(a.k.a. Deanna Mackay, RDH)



### Your Chance to Make a Difference

For students to provide much needed clinical dental hygiene service to the Point Douglas Community mentors with an EP-Licence are needed for supervision.

- Interprofessional Collaboration
- Potential Self Initiated Practice Setting
- Potential Continuing Competency credit
- Operated out of Mount Carmel Clinic

For more information: <http://wish.med.umanitoba.ca>

Contact Kyle Conrad if you are interested at:

[umconrak@cc.umanitoba.ca](mailto:umconrak@cc.umanitoba.ca)



## Manitoba Dental Hygienists' Association

### Contact Information:

Mailing Address:

Box 25112

Winnipeg, Manitoba  
R2V 4C7

Website:

[www.mdha.ca](http://www.mdha.ca)

Email:

[info@mdha.ca](mailto:info@mdha.ca)

Employment Postings:

[employment@mdha.ca](mailto:employment@mdha.ca)

Phone number:

204-981-7327