

THE MONTAGE

WINTER 2019



MDHA President's Message

What's in a word

Ever come across a word that just seems to sit with you for a while—as if it's tugging at you to pay attention or luring you into thinking more deeply than you had before you came across the word. I happen to enjoy words, particularly, their origins. It fascinates me how words evolve from what, how, and when the word came into being to how it is used today (often morphing along the way). Two words I have been mulling over this past month are internecine and diffident. I came across the words when reading Cooper's (2012) article on the professionalization of occupational therapy. In their story, I see so many parallels with dental hygiene's story of professionalization.

Merriam-Webster online dictionary provides two definitions for the adjective internecine one of them being "*of, relating to, or involving conflict within a group*"; further to this Dictionary.com adds that the conflict is destructive to both sides. The etymology of the word in the English language dates back to the mid 1660



with an interesting tale of how it morphed to 'involving conflict within a group'. Cooper used the word internecine contextual to internal conflict within a professional group. Internecine conflict impedes professional growth and development. Conflict does not, but internecine conflict does. This leads me to ponder about our profession. Specifically, how important it is that we have a unified stance with respect to criteria understood to be critical to professional practice such as entry-to-practice, continuing competence, practice standards, ethics, and measures in place assuring all Manitobans have direct access to dental hygiene care no matter where they live. I wonder is there internecine conflict within our profession that detracts from that—if there is then we need to pay attention lest such conflict inhibits access to dental hygienists offering full scope of practice, and inherent-

within, safe and quality assured practice.

The word diffident now comes into play—it means “*hesitant in acting or speaking through lack of self-confidence*” (Merriam-Webster online dictionary). Cooper shares that when a profession (or persons within) are diffident than this too impedes the professionalization process. Note the word does not imply lack of knowledge or skill, but rather lack of self-confidence and thus hesitancy to act or speak. Hmmm...interesting. The Manitoba Dental Hygienist is confident Manitobans having direct access to full scope of dental hygiene practice benefits the health care system and resulting health care. Herein lies our role in advocating. This confidence, an antonym to diffidence, implies speaking up, having a voice, advocating for health, safety, and quality of care for one all—our patients/clients, society, our co-workers, ourselves.



Cooper’s choice to use these two words just got me thinking—they caught my attention and now maybe yours too. Embracing conflict advances our profession; being confident enables us to be advocates of health and wellness for all.

Laura MacDonald
President
president@mdha.ca



Executive Director's Message



Winter is definitely here! I hope that everyone has enjoyed the start to the season and is enjoying preparing for the holidays.

The MDHA has had a busy fall which included a great start to our PD Offerings for the 2019-20 year. On November 13th, the MDHA hosted a sold-out Ultrasonics Workshop, supported by Dentsply. The evening was a great opportunity for the attendees to upgrade their skills, learn new techniques and share ideas with fellow dental hygienists.

On November 20th, the MDHA classroom offerings began with the 1st of 3 opportunities to Come learn with us! The first offering highlight Jamie Falk, BScPharm, PharmD and his presentation on “Drugs & Oral Health: the good, the bad and the ugly”. Over 35 members were in attendance to learn about common medications that can negatively affect oral health, why these drugs have this effect, how common it is and what we as dental hygienists can do about it.

There are two more classroom opportunities scheduled for 2020 to come learn with us. Visit the Professional Development tab on the MDHA website to learn more and to register!

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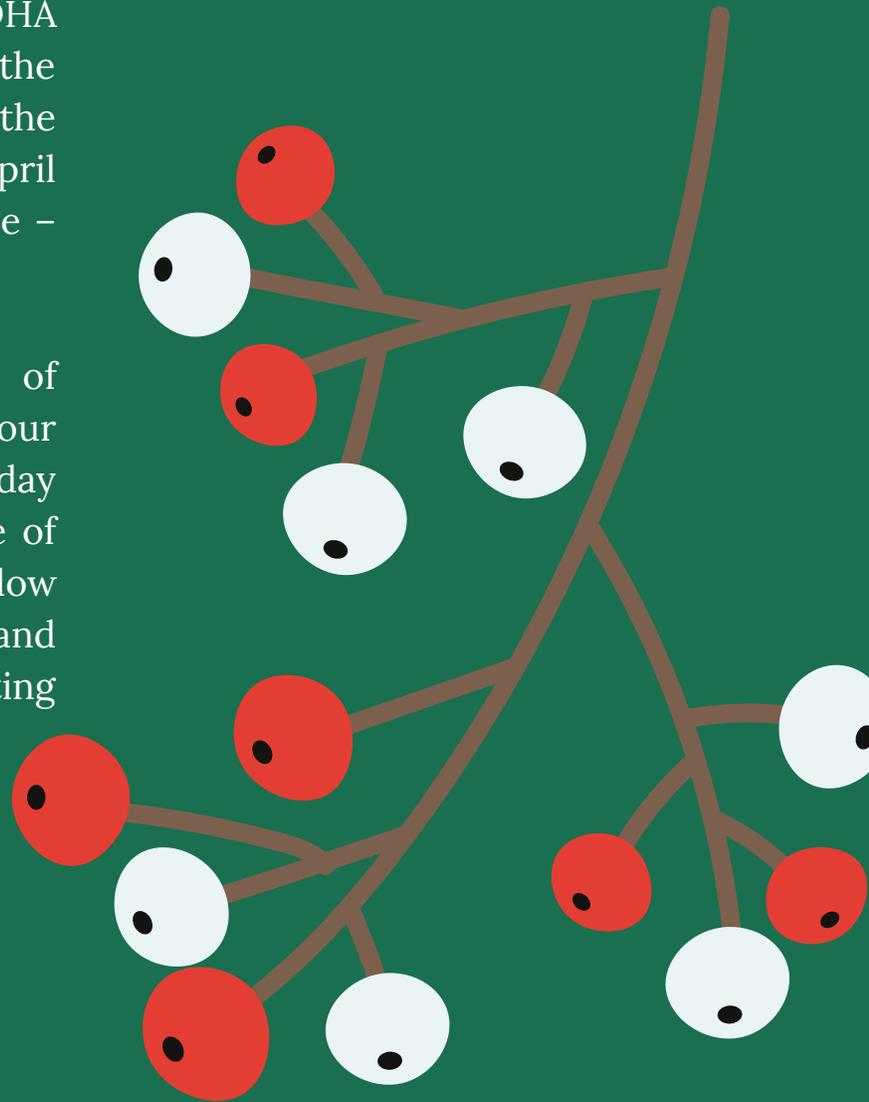
Looking forward to 2020, the MDHA is excited to continue to plan for the MDHA contributions to the MDA/CDA Convention in April including our annual Mix & Mingle – stay tuned for more information.

From MDHA office & Board of Directors, we truly wish all our members a wonderful holiday season. May each and every one of you have the opportunity to slow down, enjoy time with friends and family and recharge for an exciting 2020!

Happy Holidays!

Lee Hurton

Executive Director
executivedirector@mdha.ca





PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Why we do what we do: Rational behind IPAC Interventions

DATE: February 20, 2020

COURSE LENGTH: 7:00 p.m. - 9:00 p.m.

LOCATION: Dr. Gerald Niznick, College of Dentistry,
Schwartz Lecture Hall

Presenter: Cindy Isaak-Ploegman, RDH, BA, MEd

2018 AAP Periodontal Classification System - clear as mud?

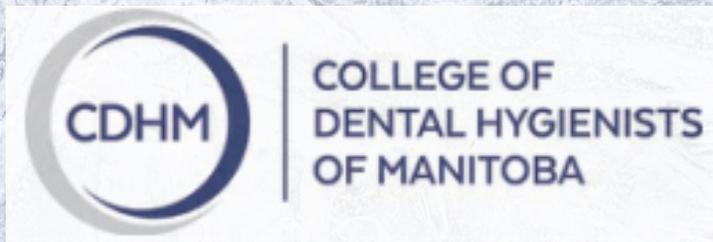
DATE: April 15, 2020

COURSE LENGTH: 7:00 p.m. - 8:30 p.m.

LOCATION: Dr. Gerald Niznick, College of Dentistry
Schwartz Lecture Hall

Presenter: Kathy Yerex, BSc, RDH

Check www.mdha.ca to register today!



Season's Greetings!

December is a busy time of year, providing us with time to enjoy all the wonderful things the holiday season has to offer. It is also a time of thanks, and a time to reflect.

Dental hygiene in Manitoba has a rich history, supported by a vibrant and supportive association in the Manitoba Dental Hygienists Association and an excellent institution of learning in the University of Manitoba dental hygiene program. We thank-you!

Manitoba dental hygienists are recognized by colleagues across the country as leaders in their commitment to community outreach and oral health promotion. The landscape of dental hygiene across the country, however, is changing and legislation in many provinces supports dental hygiene full scope of practice; this allows dental hygienists to reach further into their communities and provide better patient-centered care.

The CDHM is working hard; therefore, with many volunteer dental hygienists in the province, to bring about legislative change so dental hygienists in Manitoba can work to their full scope of practice and more effectively serve the oral health needs of all Manitobans.

CDHM and the MDHA must work in tandem to bring about desired change in legislation. While our mandates are different and how we go about supporting legislative change is often different, the MDHA and the CDHM have similar visions with similar desired results, being best practice dental hygiene care for all Manitobans.

CDHM The vision of the College of Dental Hygienists of Manitoba is to contribute to the growth of the dental hygiene profession in Manitoba by advancing the profession including increased access to dental hygiene care.

MDHA The vision of the MDHA is for registered dental hygienists to be recognized as primary health care professionals providing quality client centered oral health care for all Manitobans.

When you receive a request to complete the CDHM survey early in January, thank-you for taking time to respond and investing in your profession, we appreciate you!

Warm holiday wishes to you and yours, hoping 2020 brings health and happiness.

Best Wishes,

Arlynn

Registrar/Executive Director





University of Manitoba School of Dental Hygiene Alumni Association

It's hard to believe that 2019 is coming to an end. Looking back, the UMSDHAA has had a productive year.

In February, we had a dinner event at Kum Koon Garden, where dental hygiene students were able to present and display their community health poster boards to alumni.

At our annual general meeting in May, we had presentations from Corinne Latozke, presenting her current research regarding Dental Ethics in Canada updated in the 21st Century, and Pf. Kathy Yerex returning for a continuation of her Master's Thesis in Science: Oral Biology "Exploring cat cariology and link to human pattern of caries in cat owners."

The 2019 Alumni of Distinction Award Evening was held on Sept 20th at the Fort Garry Hotel. This year we honoured Sheryl Slosower from the School of Dental Hygiene 1974.

Thank you to all those who supported us this year through attending events or supported our perogy fundraisers. Thank you to the SDH and MDHA executive committee for their ongoing support and collaboration.

Please contact us by email at umsdhaa@outlook.ca for membership information and visit our Facebook page for more information on how to be involved and notified for future events.

Wishing everyone a lovely holiday season and a safe and happy New Year from the UMSDHAA. Looking forward to 2020!

Regards,
Simone Jaman
UMSDHAA President





THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIÉNISTES DENTAIRES

CDHA CORNER

Hello colleagues & friends,

It is hard to believe that the holiday season is right around the corner and that the snow is here to stay! I never feel prepared for either, but c'est la vie.

Through the changing seasons, CDHA is always hard at work for its members. The association has recently published its annual report in video format, highlighting the work that its members do to move the profession forward. I encourage you all to watch it to see the strength behind our collective voice and the difference we can make individually and together: www.cdha.ca/annualreport

CDHA has released the 2019 Job Market and Employment Survey reports, which provide insight into dental hygiene employment trends across Canada. A free CDHA webinar is also available, providing an overview of the results. Have a look and see how your current employment situation compares to that of your colleagues nationwide!

CDHA believes that every dental hygienist is entitled to a healthy and respectful workplace and so has made resources to maintain both physical and psychological health available to all. Read the highlights of the Healthy & Respectful Workplace Survey on the website, as well as CDHA's vision for a healthy and respectful workplace for all dental hygienists in all practice settings: www.cdha.ca/healthyworkplace.

As CDHA's board director from Manitoba, I invite you to contact me at any time with your questions or concerns. I look forward to getting to know CDHA members across Canada and being your voice.

Happy Holidays!

*Kathy Yerex, BSc, RDH
CDHA board director, Manitoba
mb@cdha.ca*



WHAT'S NEW AT CDHA?

PROFESSIONAL DEVELOPMENT

NEW webinars recently released:

2019 Job Market & Employment Survey
Grassroots Engagement: Advocating for Oral Health
Aerosol Reduction, sponsored by Dentsply Sirona Academy

Webinars coming soon:

AAP Perio Classification, sponsored by Philips, January 15
Vaping, sponsored by Philips, February 19
Oral-Systemic Link, sponsored by Johnson & Johnson, March 18

www.cdha.ca/webinars

Save the date:

CDHA Summit: Leadership and Education, Whitehorse, Yukon, October 2-3, 2020

OTHER NEWS

2018-2019 Annual Report

Check out the brand new video format of CDHA's 2018-2019 annual report, which summarizes our progress over the past year in meeting the organizational ends (or goals) established by the board of directors. The financial statements are also available for download. www.cdha.ca/annualreport

2019 Job Market & Employment Survey

We are pleased to release both the executive summary and full report of CDHA's 2019 Job Market and Employment Survey, as well as a webinar communicating key findings. This compensation survey is completed every two years to identify dental hygiene employment trends and issues affecting the profession. www.cdha.ca/jobsurvey

Recognize Excellence

CDHA's board of directors celebrates exceptional volunteer service through its awards program, recognizing members who have made outstanding contributions to the dental hygiene profession, either in their communities or nationally through the association. Do you know a member who fits this description? Consider nominating that person for CDHA's Award of Merit, Distinguished Service Award or Life Membership Award. The deadline for nominations is **January 31, 2020**. www.cdha.ca/awards

A New Way to Enjoy CDHA Membership Perks

Now with Perkopolis, CDHA continues to bring you savings on entertainment, travel, shopping, dining, and more. Perkopolis, Canada's leading provider of fully managed perk programs. Use their online portal or download their app. Start saving today at www.cdha.ca/CDHAPERKS

NDHW™ is Coming!

National Dental Hygienists Week™ will now be held annually on the same dates every year: April 4 to 10. We've got lots in store for #NDHW20 so mark your calendars, start planning your #dhpurplepride celebrations, and watch www.cdha.ca/NDHW as details unfold. #ihavepurpleplans! Do you?



www.cdha.ca



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[@thecdha](https://twitter.com/thecdha)



www.facebook.com/theCDHA

Run for the Cure Recap



This year was another successful run for the books. Even though it was a very chilly and rainy Sunday morning, the turn out was fantastic. I would again like to thank everyone on Team MDHA Brush for the Cure for their participation, contribution and support for this amazing cause. Not only did we reach our goal of \$5000 but surpassed it raising \$6204.50 for breast cancer research.

This year was my first year as captain and the first year the MDHA signed on as an official sponsor of CIBC's Run for the Cure. Being a sponsor gave us the opportunity to be more present and engage with the crowd. Not only was my team extremely versatile in being ready and willing for the changes, they were also keen on getting our message out to the public, which was "Oral Health for Overall Health".

Special thanks to Lee Hurton, our executive director for putting in the work to make us a sponsor and to Natasha Kravtsov and Harriet Rosenbaum for stepping in and helping me set up in the morning. I am so happy with the response and energy of our team and can't wait until next year!

Jasmine Bonenfant

Captain, Team MDHA Brush for the Cure

CROSS CANADA

comparison



This cross Canada comparison was presented at the CDHM Annual General Meeting to highlight the differences between legislation and scope of practice of dental hygiene across the country.

BRITISH COLUMBIA AND ALBERTA

- Self-regulated in 1995, about 13% of Canadian registered dental hygienists work in B.C.
- In B.C. they can administer local anesthetic, order radiographs and use lasers for periodontal therapy. They can place temporary but not permanent restorations regardless of a dentist present or not.
- B.C has about 13% of Canadian registered dental hygienists and Alberta has 11%
- Alberta became self-regulated in 1990.
- University of Alberta does not award diploma, only a bachelor of science in dental hygiene.
- In Alberta hygienists can administer local anesthetic, administer nitrous oxide, order radiographs, perform orthodontic procedures/place permanent dental restorations with a dentist and temporary ones without a dentist, perform orofacial myofunctional therapy, and use lasers in periodontal therapy

CROSS CANADA

comparison



QUEBEC AND ONTARIO

- Quebec was the first to be self-regulated in 1975.
- They can administer local anesthetic and perform orthodontic procedures and place permanent restorative materials both with a dentist present.
- 21% of Canadian registered hygienists work in Quebec.
- Ontario cannot use local anesthetic but they can write prescriptions, perform orofacial myofunctional therapy and use lasers for periodontal therapy.
- Ontario has 12 public and 6 private institutions that offer diplomas in dental hygiene, which accounts for just over 50% of dental hygiene institutes in all of Canada.
- About 44% of Canadian registered dental hygienists work in Ontario.

MANITOBA AND SASKATCHEWAN

- Manitoba self-regulated in 2005.
- We cannot use lasers, administer nitrous oxide, request radiographs, perform orofacial myofunctional therapy or write prescriptions. We do have one of the four baccalaureate degrees.
- Manitoba has 2.5% of Canadian dental hygienists, the same as Nova Scotia, Saskatchewan has about 100 less hygienists than Manitoba.
- Saskatchewan became self-regulated in 1998.
- They are able to administer local anaesthetic, order radiographs and perform orofacial myofunctional therapy.

CROSS CANADA

comparison



YUKON, NORTHWEST TERRITORIES, NUNAVUT, P.E.I.

- Dental hygienists are not self regulated.
- They do not required to have liability insurance.
- They cannot place any restorative materials or perform orthodontic procedures even with a dentist present.
- There are no institutions present with accredited dental hygiene programs.
- Only in Yukon can local anesthetic be performed by a dental hygienist.
- Only P.E.I. can perform orthodontic proceedures with a dentist and has a requirement of 1 million dollars professional liability insurance.

NEWFOUNDLAND, NEW BRUNSWICK, NOVA SCOTIA

- Nova scotia and new Brunswick each became self legislated in 2009 and each have one accredited institute offering a diploma in Dental hygiene.
- Both can order radiographs and perform orofacial myofunctional therapy.
- Newfoundland became self-legislated in 2013; they can administer nitrous oxide and all three can administer local anesthetic.
- Nova scotia allows hygienists to write prescriptions and use lasers for periodontal therapy. Its public institution also offers a baccalaureate degree in dental hygiene.



THE MDHA VISION STATEMENT

The vision of the MDHA is for Registered Dental Hygienists to be recognized as primary health care professionals providing client-centred oral health care for all Manitobans.

THE MDHA MISSION STATEMENT

To advocate for and promote the profession of Dental Hygiene; to support our member-owners by providing opportunities for professional development; to encourage evidence based practice and lifelong learning; and to provide education and health promotion to the public.



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