



**THE  
MONTAGE**

AUTUMN 2019



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# MDHA President's Message



One of the great delights in the Fall is welcoming the incoming University of Manitoba class of dental hygiene students to the profession. You know that this class, like the classes that came before and the classes that will follow, contribute to shaping the future of our profession. The continual shaping of any profession happens—that is almost a guarantee. We either proactively shape or we reactively form, but it is likely safe to say and to expect that things change within professions. We evolve with the times, so to speak. I have recently begun reading about disciplinary amnesia (Atkinson & Housley 2003). Quite interesting. It is making me think that when we become complacent and habitual in what we do we can forget why we do what we do—more of a big picture and little picture challenge. The discipline of dental hygiene contains a body of knowledge, skill set, and a belief/attitude/value system. It is that which makes us

unique; and thus an autonomous, self-regulated professional body. Never forget that. When was the last time you delved into asking yourself what these were and what they meant to you and your dental hygiene practice? Dental hygiene is a discipline. Disciples build the discipline. Discipleship involves continual learning, inquisitiveness or curiosity, and an ever-courageous step forward as the discipline evolves and shapes. We do live in exciting times, like those who have come before us and like those who will follow. May we all know our discipline, welcome evolution, and most importantly be involved proactively and insightfully in shaping the future of dental hygiene so we always better serve our patients and clients.

*Laura MacDonald*  
President  
president@mdha.ca





## Executive Director's Message



Hard to believe that summer is behind us and the hustle and bustle of routines and colder weather are upon us again. Personally, I am back in the rink cheering on my three kids in hockey and ringette as I am sure many of you are as well – always a sign that winter is coming quick! I hope that everyone enjoyed the heat and sun while it was here and had a wonderful summer. Hopefully each of you had an opportunity to relax and enjoy it!

We are excited to take on a more active role at the upcoming CIBC Run for the Cure in Winnipeg on October 6th. The MDHA has taken place in the run with the creation of the team “Brush for the Cure” for the past number of years. This year, the MDHA has increased our involvement by coming on as a sponsor of the run. With our

sponsorship we will have a tent and booth at the vendor area where participants can mingle before and after the run. This will be an amazing opportunity to discuss the concept of ‘oral health for overall health’ as well as increase our visibility with the over 3500 participants.

Our Professional Development has been working to line up an informative and educational offering of opportunities for this year. An Ultrasonics workshop has been scheduled for November 13th and information has been sent to you recently and posted online– register today by emailing the MDHA office. Two lectures have also been scheduled and information has been sent to membership. For more info, please reference page 6 in this issue of the Montage.

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Unfortunately, I am unable to attend the CDHA Conference taking place in Newfoundland at the beginning of October. I am pleased to report that Sheryl Slosower, our chair of the PD Committee will be attending on my behalf. Sheryl will represent the MDHA at the Executive Director and President's meeting taking place within that conference. Thank you, Sheryl for continuing to represent the MDHA in various capacities.

The MDHA is always looking for volunteers to serve on various committees and get involved with the various events and activities we have planned throughout the year. If you are interested in getting involved, please don't hesitate to contact our office. We would love to have a conversation with you about how you feel you could serve your association and your profession!

Finally, I would like to inform all membership that Amanda Marten has recently moved on from her position at the MDHA office. Amanda has been an integral part of the MDHA for the past 6 years and has been an incredible asset to the association. I am sure many if not most of you have had not only an opportunity to meet Amanda, but also to be assisted by her. She will be missed! Thank you, Amanda for your dedication to the MDHA over all these years and we wish you nothing but the best moving forward.

Thank you!

*Lee Hurton*

Executive Director  
executivedirector@mdha.ca





# WORKSHOP AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES

## **Drugs & Oral Health: the not so good, the bad, and the ugly**

DATE: November 20, 2019

COURSE LENGTH: 7:00 p.m. - 8:30 p.m.

LOCATION: Dr. Gerald Niznick, College of Dentistry, Schwartz Lecture Hall

Presenter: Jamie Falk, BScPharm, PharmD

## **Why we do what we do: Rational behind IPAC Interventions**

DATE: February 8, 2020

COURSE LENGTH: 7:00 p.m. - 9:00 p.m.

LOCATION: Dr. Gerald Niznick, College of Dentistry, Schwartz Lecture Hall

Presenter: Cindy Isaak-Ploegman, RDH, BA, MEd

## **2018 AAP Periodontal Classification System - clear as mud?**

DATE: April 15, 2020

COURSE LENGTH: 7:00 p.m. - 8:30 p.m.

LOCATION: Dr. Gerald Niznick, College of Dentistry, Schwartz Lecture Hall

Presenter: Kathy Yerex, BSc, RDH



**More information and your opportunity to register  
coming soon!**

# MDHA/SDH Mentorship Committee

The Manitoba Dental Hygienists Association (MDHA)/School of Dental Hygiene (SDH) Mentorship Program is excited to kick off the year with our annual welcome back event on Thursday September 26th, 2019. All second and third year dental hygiene students along with their mentors are invited to attend the event. The event will take place at the University of Manitoba, Bannatyne Campus, Basic Medical Sciences Theatre B (down from the Neil John MacLean Library on the 2nd floor) from 6:00 – 8:00pm.

Second year dental hygiene students will meet their mentors, third year dental hygiene students will re-connect & catch up with their mentors. The evening will give mentors and mentees a chance to meet and mingle, enjoy some food and hear from our guest speakers.

This year we are delighted to have guest speaker, Leslie Spillett, bring greetings and talk to us about her new role as the Knowledge Keeper at the Rady Faculty of Health Science, Ongomiizwin-Indigenous institute of Health and Healing. We will also be hearing from our event sponsor, Marsha Stern from Crest and Oral-B.

With our continued goal to increase community outreach and strengthen our

ties to community groups, the MDHA/SDH Mentorship Program is delighted to have the opportunity to partner with Ka Ni Kanichihk, (pronounced Ga Ni Ganichick). Ka Ni Kanichihk is a community based, non-profit and Indigenous led organization that offers culturally safe programs and services to Winnipeg's Indigenous community. We are pleased to have Dodie Jordan, executive director and Cathy Minard from Ka Ni Kanichihk attend our welcome back event and present information on the various programs and initiatives that Ka Ni Kanichihk offers.

At each mentorship event and throughout the year, we will be looking for opportunities to give back to the community. To kick off the year at our Welcome Back event we would like to help Ka Ni Kanichihk by gathering donations for a few necessities, including feminine hygiene products, shampoo, conditioner and soap. These items go a long way to help those who need them.

Thank you for your support and help with giving back to the members of our community!

- MDHA/SDH Mentorship Committee

**“Only a life lived for others  
is a life worthwhile.”**

**-Albert Einstein**



THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRES

## CDHA CORNER

**Hello colleagues & friends,**

*I am very excited to be writing my first message as a CDHA board director. Thank you for trusting me to represent Manitoba on the board of our national association. I take this role seriously and understand the amount of responsibility that comes with it. I am a voice for our province and all Canadian dental hygienists at the board table and will bring forth any concerns or challenges you see dental hygienists facing or ideas you have to help move the profession forward. I will listen with an open ear and mind and always be transparent in the information I bring back to members from CDHA. I will remain accountable to all CDHA members and act with integrity at all times.*



*I was pleased to attend CDHA's national conference in St. John's, Newfoundland and Labrador, from October 3 to 5. The conference was a great way to network with dental hygienists from across Canada and share our excitement for the future of dental hygiene in Canada. With the continuing education sessions made available throughout the conference, there were great opportunities for professional and personal growth. I hope everyone enjoyed this wonderful event.*

*I look forward to learning from you, about you, and with you on my journey as a CDHA board director. Please do not hesitate to contact me at any time.*

**Kathy Yerex, BSc, RDH**  
CDHA board director, Manitoba  
[directors@cdha.ca](mailto:directors@cdha.ca)



### UNMASKING OUR DENTAL HYGIENE SUPERHEROES!

The submissions were numerous—856 in all, including 16 from Manitoba—and the judging difficult, but we're thrilled to reveal our grand prize winner, Dianna Major, and two honourable mentions: Bev Woods and Shiwon Hayles.

Check out their stories at  
[www.dentalhygienecanada.ca/superherowinners](http://www.dentalhygienecanada.ca/superherowinners)

## WHAT'S NEW AT CDHA?

### PROFESSIONAL DEVELOPMENT

#### NEW webinars recently released:

2019 Job Market & Employment Survey  
Grassroots Engagement: Advocating for Oral Health

#### Webinars coming soon:

Aerosol Reduction, sponsored by Dentsply Sirona Academy, November 20  
AAP Perio Classification, sponsored by Philips, January 15  
Vaping, sponsored by Philips, February 19  
Oral-Systemic Link, sponsored by Johnson & Johnson, March 18

[www.cdha.ca/webinars](http://www.cdha.ca/webinars)

#### Workshops in Toronto, ON:

AAP Classification System for Periodontal and Peri-Implant Diseases and Conditions, sponsored by PHILIPS, October 26 **SOLD OUT**  
Independent Practice Connections Café, sponsored by Colgate, November 1  
Interim Stabilization Therapy Orientation Session, sponsored by Colgate, November 2

### OTHER NEWS

#### Vision of a Healthy and Respectful Workplace

To help members address the issues of harassment, bullying, abuse, and violence in the workplace, and guide you in creating a positive, respectful work environment, CDHA has developed a vision poster promoting a healthy and respectful workplace. A new online community has also been launched where you can share experiences and support one another. These and more resources to come at [www.cdha.ca/HealthyWorkplace](http://www.cdha.ca/HealthyWorkplace).

#### 2019 Award Winners

CDHA recognizes exceptional volunteer service and outstanding scholarship through its award programs. The board of directors is delighted to announce that Cindy Fletcher is this year's recipient of the board's Distinguished Service Award, and Sharon Compton has been awarded Life Membership.  
[www.cdha.ca/awards](http://www.cdha.ca/awards)

#### A New Way to Enjoy CDHA Membership Perks

Now with Perkopolis, CDHA continues to bring you savings on entertainment, travel, shopping, dining, and more. Perkopolis, Canada's leading provider of fully managed perk programs. Use their online portal or download their app. Start saving today at [www.cdha.ca/CDHAPERKS](http://www.cdha.ca/CDHAPERKS).

#### Membership Renewal

CDHA's membership renewal deadline is October 31. CDHA membership provides access to many great benefits. Check out the advantages in our infographic and video. [www.cdha.ca/6reasons](http://www.cdha.ca/6reasons)



[www.cdha.ca](http://www.cdha.ca)



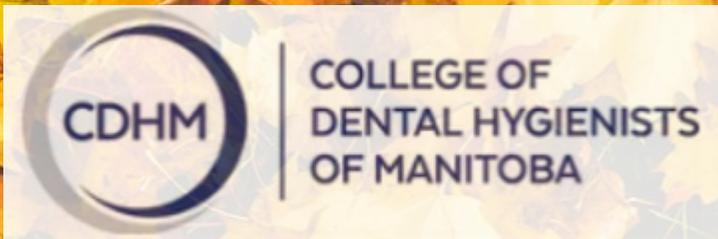
[info@cdha.ca](mailto:info@cdha.ca)



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### **Hello from the CDHM**

I hope you have enjoyed the summer season and are rejuvenated to face the busy month of September!

The summer months have been productive at College, we recently moved our office to a new home at 610-1445 Portage. It is a shared space with the College of Paramedics of Manitoba and the Manitoba Association of Medical Radiation Technologists. We are excited about the opportunities and efficiencies this partnership will provide. We look forward to welcoming everyone to our new space; all 3 organizations will join in the planning of an Open House toward the end of the year.

Our new website was launched this summer, I believe it is a navigable resource and we look forward to developing it further, to be a 'go to' place that supports your work as a healthcare provider.

The Continuing Competency Review was a big undertaking this year and we thank-you for your patience as we worked through the process. The CDHM will continue to streamline the program by creating online fillable forms which will allow registrants to enter their work, save and return later to complete and submit their CCR and PAR forms.

Ultimately, our goal is to offer a competency program that is meaningful to registrants and demonstrates competence that ensures protection of the public.

We continue to work collaboratively with MDHA Board members, CDHM Council and dedicated dental hygienists in preparation for transitioning to regulation under the Regulated Health Professions Act (RHPA).

Good luck and thank-you to those of you who are participating in the Run for the Cure this Fall; your presence will be impactful as you will be able to connect directly with participants and visitors attending the event. Thanks go to MDHA Council and Lee for supporting this involvement in the community.

I look forward to welcoming you to our AGM this year, it will be held at the Victoria Inn on Saturday October 26th, starting at 9:30am. The morning will include the business meeting, a keynote speaker and panelists.

*Arlynn*  
Registrar/Executive Director

# University of Manitoba School of Dental Hygiene Alumni Association

## Alumni of Distinction Gala 2019



Front row from left to right: Cassandra Serle and Gul Malik

Second row from left to right: Bernadette Franco, Lisa Chrusch, Signe Jewett, Diane Girardin, Sheryl Sloslower, Laura MacDonald, Harriet Rosenbaum, Simone Jaman, Lorraine Glassford, Natasha Kravtsov, Cindy Isaak-Ploegman

Third row left to right: Skylar Procillo, Raquel Bogaert, Whitney Patterson, Rachel HwanHee, Aaron Szucsik, Florna Atenza

2019 has just been flying by! The season of cozy sweaters and changing leaves is here already. After a wonderfully restful summer, UMSDHAA has been back in full swing.

The 2019 Alumni of Distinction Award Evening was held on Sept 20th at the Fort Garry Hotel. This year we honoured Sheryl Sloslower from the School of Dental Hygiene 1974. Congratulations and thank you, Sheryl, for all the contributions you've made to CDHM and the School of Dental Hygiene over the years.

At the UMSDHAA, one of our goals is to facilitate networking opportunities for alumni and students. Stay tuned for updates on this year's upcoming events.

Thank you to the MDHA Executive Committee for the ongoing support and collaboration with the UMSDHAA.

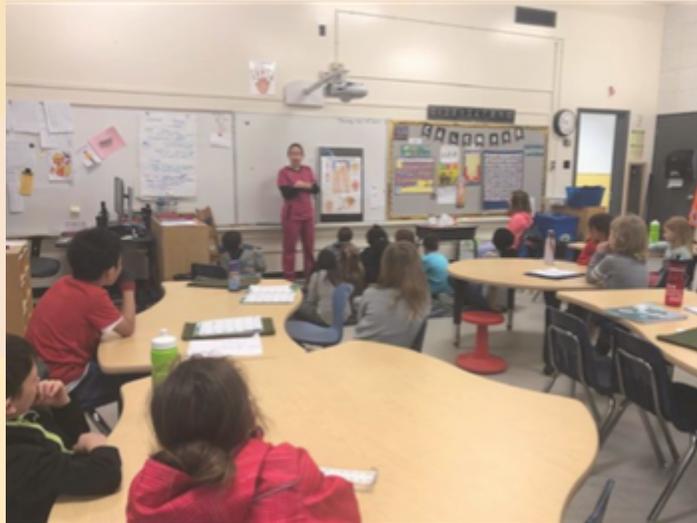
If you would like to get involved with UMSDHAA or become a member, contact us at [umsdhaa@outlook.com](mailto:umsdhaa@outlook.com) for more information.

Happy Autumn!  
*Simone Jaman*, RDH  
UMSDHAA President

# Community Outreach

Greetings Fellow Colleagues!

I hope you had a wonderful Winnipeg summer! It's hard to believe that it has come to an end and school has already started. Where does the time go? As I look forward to the fall season and everything it brings, I remind myself that teachers will soon be beckoning for a classroom visit. Last year was full of class presentations that afforded me the opportunity to teach well over 600 students! This year, I anticipate presenting to more children, as word of mouth between teachers has travelled fast. In fact, I wasn't able to find time to fit presentations in last year as I had to juggle them with my work schedule, which was unfortunate because every child should learn the importance of maintaining great oral health!



This is where you come in to the picture. I am extending an invitation to all of you dental hygiene superheroes out there to help me teach these wonderful children. You can accompany me at one of my presentations, help teach and earn a PAR at the same time! I can show you just how easy and rewarding it is to educate both the students and their teachers on good oral hygiene. I will provide all the resources you need. Please consider volunteering and sharing the knowledge with those in our community.

Gratefully yours,

*Lezah Evan, RDH*  
lezahevan@icloud.com





### **THE MDHA VISION STATEMENT**

The vision of the MDHA is for Registered Dental Hygienists to be recognized as primary health care professionals providing client-centred oral health care for all Manitobans.

### **THE MDHA MISSION STATEMENT**

To advocate for and promote the profession of Dental Hygiene; to support our member-owners by providing opportunities for professional development; to encourage evidence based practice and lifelong learning; and to provide education and health promotion to the public.

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### **Address:**

200E - 1215 HENDERSON HIGHWAY

### **Phone number:**

204-981-7327

### **Website:**

[WWW.MDHA.CA](http://WWW.MDHA.CA)

### **E-mail:**

[INFO@MDHA.CA](mailto:INFO@MDHA.CA)

