

Montage



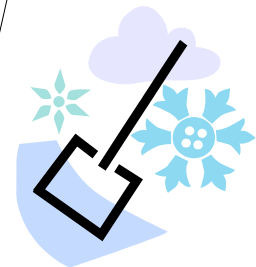
Boo At The Zoo

October 20 & 28, 2007

Manitoba Dental Hygienists' Association

Box 25112
Winnipeg, Manitoba R2V 4C7
1-204-981-7327
E-mail: mdha2@mts.net

WINTER 2007



Thanks MDHA volunteers...

Danielle Duprat
Sam Dajani
Alayna Gellej
Nicloe Deaust
Angela Rosales
Trish Wittmier
Deanna Mackay
Mary Bertone
Joan St. Laurant
Soni Brar

Kathy Foy
Amanda Bousquet
Kathy Griffiths
Sandy Gardner
Melvina St. Vincent
Ashlee Heyens
Shawna Kufley
Karen Rosolowski
Rolanda Pelletier
Kim Legary

...You all are Speeektaacular!



A Big Thank you to:

- Sunstar Butler
- GlaxoSmithKline
- Dairy Farmers of Manitoba
- Dairy Farmers of Canada
- Maxill
- Sonicare



Special Points Of Interest:

- Boo at the Zoo pg. 1
- SUYS pg. 5
- Continuing Dental Education pgs. 6-7

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The Manitoba Dental Hygienists' Association partnered with Hot103 and QX104FM to promote a **Healthy Halloween** at Safeway's **Boo at the Zoo**. Both evenings were a great success thanks to our dedicated volunteers and sponsors! Look for us again next year!

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Available November 2007

* In laboratory tests.
Listerine is a registered trademark of Johnson & Johnson.



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President's Message...

Mary Bertone

Seasons Greetings!

The cold weather has arrived in full force and the holiday season planning has begun. In other words, the chaos has begun! Much like my wild efforts trying to track down that elusive Nintendo Wii for my sometimes-grateful kids and less grateful husband (shh, don't tell them), MDHA has been hustling and bustling with activities as of late and I have much to report.

MDHA has partnered with Find First Aid Inc. to provide CPR training at a reduced rate to members. The sessions have been running since October and will continue through to the end of the year. The latest two sessions in the MDHA Professional Development Series received a great turnout and positive feedback. We are pleased to present Karen Baker, R.Ph., M.S.Pharm. who will be speaking on oral health products for home use at the next session to be held at the MDA 124th Mid-Winter Annual Convention on January 25th. Don't forget to mark your calendars. The YWCA Week Without Violence was held in Brandon this past October, and MDHA participated in their Young Women's Conference with a Dental Hygiene career display. MDHA has once again participated with Boo at the Zoo hosted by Hot 103.1 FM & QX104.1 FM, volunteers handed out bags stuffed with oral health care goodies and the MDHA *Don't Haunt Your Halloween Smile* fact sheets. Our editors continue to work towards developing an online version of the Montage. Get your browsers ready for a spring launch.

Welcome to our new members who joined us with the October CDHA registration! We hope that you will join us in serving our profession and our community. MDHA is here to support our members. MDHA is proud to offer oral health products as giveaways for any member who volunteers in an oral health-related community outreach endeavor. All you need to do is contact us at 981-7327 or email mdha2@mts.net and we'll talk.

On behalf of the MDHA, I would like to extend our congratulations to Carol Yakiwchuk on becoming the new President of CDHA. It is exciting to have one of our own at the helm!

This past summer I had the privilege of meeting Dental Hygiene author and icon Esther Wilkins at the International Federation of Dental Hygienists conference in Toronto. What an inspiration it was to spend some time with her and to learn how active she still is in promoting our profession and oral health.

From my home to yours, here is my Seasons Greetings card...



D.H. Superstar Esther Wilkins & Me

Happy Holidays

&

All the Best in the New Year!



Message from your President- Elect



We cannot hold a torch to light another's path without brightening our own.
~Ben Sweetland

As 2007 quickly comes to an end, people are busy buying Christmas presents, baking holiday goodies and planning family get-togethers. It seems as though there are always more dishes to wash and bills to be paid around this time of year. Our children, nieces and nephews are starting to ask us for the things they didn't receive last year, and also for items that many of us have not even heard of. When this happens do we rush out and buy them before doing some research? Hopefully, we don't. Instead, we ask people about these items, look around for information on websites, and watch the news, in efforts to learn more about these desired things.

At this time of year, many of our clients will be considering the purchase of electric toothbrushes, flosses and other different oral hygiene aids, as either large presents or stocking stuffers. You will probably be asked questions regarding different products that are out on the market today. I know from experience that this usually leads to other discussions about a wide range of topics, from what causes bad breath, to how baby bottle caries are prevented.

As dental hygienists, one of our main roles is to educate the general public about the ways they can achieve optimal oral health. In 2008, I would encourage all of you, as MDHA members, to do some things that you may have never done before. There are a number of opportunities available for you to pursue, which can benefit you as a dental hygienist. Take a continuing education course relating to a topic that you would like to learn more about. Volunteer at an event like "Boo at the Zoo," or teach an elementary school class about proper oral hygiene. With the information available to us in regards to our profession, the opportunities to educate others and ourselves about optimal oral hygiene are limitless.

In closing, I would like to send all of you and your families my best wishes for this holiday season. May your upcoming year be filled with nothing but joy and happiness.

Seasons Greetings!

Leanne Enns

Mark Your Calendar...

Friday, January 25/08 ~ Wpg Convention Centre
MDA 124th Mid-Winter Annual Convention
Continental Breakfast: 7:30 am

Annual Midwinter Meeting: 8:30am –9:45am
2E & 2F, 2nd floor

Speaker: Karen Baker, R.Ph., M.S. Pharm.
10:00am-12:00pm / 2:00pm-4:30pm
2E & 2F, 2nd floor





6th Annual SOUP UP YOUR SMILE~2007



University of Manitoba School of
Dental Hygiene Outreach Event 2007
National Dental Hygienists Campaign
Nov 6 ~ Siloam Mission,
Winnipeg, Manitoba

On a Mission to a Healthier Smile!

On November 6th, the Faculty of Dentistry
Dental Hygiene Class of 2008 spent the day
serving up oral health tips to patrons at
Siloam Mission. Students greeted over 200



of Winnipeg's disadvantaged and homeless community, equipped with interactive oral health displays and learning activities, free dental products, and opportunities for free dental hygiene consultations and urgent *get out of pain* dental care.

Students used clever attention-getting titles on important oral health topics to increase participation and interaction such as *Pass Go! Play it right for a Healthy Smile!* (*affordable dental care Monopoly game*), *Super Clean Mouth Machine* (*oral disease and prevention*), and *Don't Meth Up your Mouth* (*street drugs*) to name a few. Visitors received a stamp on their oral health passport at each station, then traded these in for free tickets to win many donated prizes.

The screening team provided free consultations and personalized oral hygiene tips, and those in pain received free dental care at Health Action Centre. A big thank you to the Centre for Community Oral Health and to Duffy's and Unicity Taxi for partnering to provide this valuable service, and to Dean Iacopino, Director Lavigne, and MLA Bidhu Jha for their presence and commitment to student efforts.

SUYS provided students with an exceptional opportunity to grow as future oral health professionals and helped empower soup kitchen visitors toward healthier lives. A special thanks to the Manitoba Dental Hygienists Association for their financial support, to all of our event and prize donors, and to faculty, staff and students who donated gently used clothing and other useful items. Finally, our biggest thank you goes out to Siloam Mission, who continue to welcome us to contribute in this very meaningful way.

Mission Accomplished!

Carly Koppers, Tanis Blanchfield, & Karen Rosolowski
Promotion Team on behalf of the Dental Hygiene Class of 2008

Continuing Dental Education

Sponsored by:

Manitoba Dental Hygienists' Association & Dentsply Canada

Date: Saturday, April 26, 2008

Location: Brandon, MB - River Bank Discovery Centre
#1-545 Conservation Drive

COURSE TITLE: Hands-on Workshop: Achieving Clinical Confidence with Ultrasonics

COURSE TYPE: Hands-on, Participation is limited to 16 people per session

COURSE FORMAT: 3 hours session

9:00 a.m.-12:00 p.m. or 1:00 p.m.- 4:00 p.m. (if needed)

COURSE INSTRUCTOR: **DANI BOTBYL, RDH, Clinical Educator**

PROFILE:

Ms. Botbyl is a recognized national speaker and educates a wide variety of audiences including students and practicing professionals. She has become a leading authority in the area of ultrasonic technology implementation and lends much of her expertise to incorporating ultrasonics into the curriculums of dental and dental hygiene programs across Canada. Ms. Botbyl maintains private clinical practice in the Niagara Region of Ontario and continues with her formal studies at Brock University.

COURSE DESCRIPTION:

Join us for a highly progressive, unique **ultrasonics workshop** that will take you to the next level in patient care and help you meet the demands of today's non-surgical periodontal therapy. This interactive session will give participants the opportunity to maximize their current ultrasonic knowledge and skills and achieve an advanced level of clinical confidence using ultrasonic instrumentation. The course facilitator will go beyond the traditional lecture format to present scientific and practical information that will bring immediate benefits to your practice. The application of ergonomics will be a focus of this program. Case studies will be examined and an open forum will be offered to problem solve clinical issues experienced by the participants.

COST: MDHA members-\$45, non-members-\$75

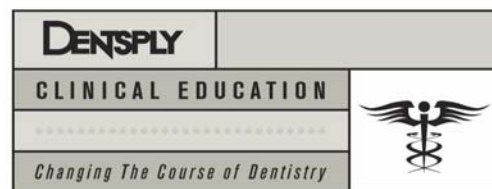
REGISTRATION: Prepayment and contact information required by mail to Myra

Cheque payable to: MDHA

Deadline: March 15, 2008

CONTACT: Myra Gregory 1-204-764-0080
Box 455 Hamiota, MB R0M 0T0

Nutritional Break provided by: Dr. Trudy Corbett



UPCOMING CONTINUING EDUCATION COURSES SATURDAY, February 9, 2008

BAD BREATH, BAD TASTE AND BIOFILM- Anne Bosy MSc, MEd, RDH

Biofilm is an association of bacteria that forms a unity on a surface wherever there is water. Biofilms are very sophisticated systems where the whole has a different genetic structure from the individual members. Biofilm infections tend to be persistent because the bacteria in the biofilm can evade the molecules and cells of the immune systems. Dental plaque is a classic biofilm. This presentation will describe oral biofilm development and discuss the association with mouth odor. Other factors that can contribute to mouth odour will be explored. Some time will be dedicated to assessment and treatment of this embarrassing condition. The question "Should we have the same concerns for systemic health of the individual whose complaint is bad breath as we do when we associate these pathogens with periodontal disease?" will be explored. The Fresh Breath Clinic will also be discussed.

Time:	9:00 a.m. – 3:00 p.m.
Place:	Theatre B, Basic Medical Sciences Bldg. 730 William Ave.

Fees:	\$100 MDHA members
	\$100 Part-Time Dental Hygiene Faculty
	\$150 Dental Hygienist

SATURDAY, March 15, 2008

CORE BODY STRENGTH & YOUR PRACTICE

Laura MacDonald Dip DH, BSc(DH), MEd; Dean Kriellaars PhD; Brenda Kulik Macaulay, MB Fitness Cert Instructor

Core body strength enhances the quality of your practice. It enables you to have good posture and sound ergonomics. This course will provide you with the principles of ergonomics and core body strength, both in theory and practice. Participants will self – critique their own working position, recognize triggers for poor posture, and commit to good posture and sound ergonomics as part of their practice competencies. This course begins with an in-class discussion and then moves to the gym where participants will be led through a discussion prior to lunch and for a short time following. The course ends with a second session in the gym on core body strength training. The course is interactive so registrants are to come prepared to participate. Core Body Strength & Your Practice is intended to help you better your own physical well-being so you may enjoy a high quality of practice because you are fit to do so.

Time:	TBA
Place:	Theatre B, Basic Medical Sciences Bldg. & Joe Doupe Recreation Centre, 730 William Ave.

Fees:	\$100 MDHA members
	\$100 Part – Time Dental Hygiene Faculty
	\$150 Dental Hygienists
	\$200 Dentists

More information on the above courses will be included in upcoming brochures



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College of Dental Hygienists of Manitoba Transitional Council - Update

All dental hygienists who are currently licensed by the MDA have been sent an application for registering with the CDHM, effective January 15, 2008. If you have not received an application form, please contact Kellie Hildebrandt, Registrar, at CDHM@shaw.ca or (204) 219-2678.

As the regulations regarding practice have not been finalized, it is important to keep up-to-date with any changes or developments by checking the CDHM web site at <http://www.gov.mb.ca/health/cdhmtc/index.html>. Please also find on the site a recent CDHM Communiqué sent to all Manitoba dentists.

The College appreciates your professionalism and patience as we make this important transition.

Mickey Wener, Chair, CDHM Transitional Council



Update Regarding Proposed Dental Hygienists Regulation: November, 2007

To date, changes to information previously provided for registration include:

- Extending the implementation date for the 600 required practice hours for Practicing Registration from January 15, 2009 to January 15, 2010.
- Reducing the minimum number of career hours required for “included practices”, now called ‘extended practice’, from 3500 to 3000 hours.
- Clarifying that the NDHCB examination requirement takes effect for the January, 2009 registration year (The Registration Guide indicates that all applicants applying for registration after January 2008 must provide evidence of passing the National Dental Hygiene Certification Board Examination).
- Extended Practice and your ability to work unsupervised will not take effect until government has approved the Dental Hygienist regulation and proclaimed The Dental Hygienists Act. It is anticipated this will occur in early 2008 but may not be in place by January 15, 2008

Dental Hygiene Professional Development Calendar 2007-2008



Winter 2007 (Date TBA)

School of Dental Hygiene (3day course)
 "Local Anesthetic Certification Course"
 Please call **789-3683** for registration

January 2008

Friday, January 25 (4.5Cr.)

MDA 124th Mid-Winter Annual Convention
 Karen **Baker**, R.Ph., M.S. Pharm.
 "Oral Health Products For Home Use: What Should I Recommend?"

February 2008

Friday, February 8th

Winnipeg Dental Society
 Dr. Jonathan A. **Parker**, D.D.S
 "Saving Marriages, Improving Health and Growing Your Practice Through Treatment of Snoring, Obstructive Sleep Apnea and Bruxism"
 St. Louis Park, MN
Location: Victoria Inn, 1808 Wellington Cres., Wpg

Saturday, February 9th (6Cr.)

U of M Calender
 Anne **Bosy**, RDH, M.Ed., M.Sc.
 "Bad Breath, Bad Taste and Biofilms"

Monday, February 11th, 6:00 p.m.

MDHA Free CE Course (Evening 2Cr.)
 "Evening of Employment"
 All MDHA members are welcome to attend
Location: Schwartz Lecture Theatre

March 2008

Friday, March 14th

Winnipeg Dental Society
 Dr. Igor **Pesun**, D.M.D., M.S., F.A.C.P.
 "Simplifying Implant Prosthodontics"
 Department of Restorative Dentistry, U of M
Location: Victoria Inn, 1808 Wellington Cres., Wpg.

Saturday, March 15th

Laura **MacDonald**, Dip DH, BSc(DH), M.Ed;
 Dean **Kriellaars**, PhD,
 Brenda **Kulik Macaulay**, MB Fitness Instructor
 "Core Body Strength and Your Practice"

April 2008

Friday, April 18th

Winnipeg Dental Society
 Dr. Jeff **Bruca**, D.D.S.
 "Diagnosis and Treatment of Predictable Restorative Dentistry", San Francisco, CA.
Location: Victoria Inn, 1808 Wellington Cres., Wpg.

Spring 2008

School of Dental Hygiene (3 day course)
 "Local Anesthetic Certification Course"
 Please call 789-3683 for registration

School of Dental Hygiene (3 1/2 week course)
 "Restorative Certification Course"
 Please call Diane Girardin at 789-3683 for registration

Please contact Alayna Gelley at 488-4976 or argg@mts.net for information on courses
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UNIVERSITY OF MANITOBA

MAY 9 – 11, 2008

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Examination of didactic material will occur on the first day of the workshop following a review of didactic materials. The 2nd and 3rd day will consist of clinical administration of anesthesia on each other. This course is recognized by the following licensing authorities: BC, AB, SK, MB. For information and registration, please contact the School of Dental Hygiene at (204) 789-3683.

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