

MONTAGE

FALL
2016



The MDHA Board of Directors met on Saturday, September 17, 2016 for a Strategic Planning Session to discuss the vision, the mission, and the future of the MDHA.

KICKING OFF ANOTHER GREAT SEASON FOR THE MDHA



Fall has arrived and with it another exciting season for the MDHA! Several exciting events are coming up for members of the MDHA including participation in CIBC Run for the Cure as part of Team MDHA - Brush for the Cure!

50th Anniversary

1966 - 2016



THE MDHA VISION

The vision of the MDHA is for Registered Dental Hygienists to be recognized as primary health care professionals providing client-centred oral health care for all Manitobans.

THE MDHA MISSION STATEMENT

To advocate for and promote the profession of Dental Hygiene; to support our member-owners by providing opportunities for professional development; to encourage evidence based practice and lifelong learning; and to provide education and health promotion to the public.

A MESSAGE FROM YOUR PRESIDENT

Well, where did summer go? It seems like the snow melted not that long ago and now the leaves are falling and the geese are getting ready to head south. It was a really nice summer for me, it was great to head back "home" to the Montreal area to see family and have the chance to get together with a few of my dental hygiene classmates.

It is a privilege to be serving as president of the MDHA for this 2016/2017 term. I would like to acknowledge Larissa Bubnowicz, MDHA president for the 2014/2015 and 2015/2016 terms who has been a passionate leader, my personal mentor and a real inspiration. Not to mention that her style and flair are not easily matched! Thank you, Larissa, for serving our association with such dedication and enthusiasm.



The MDHA Board of directors kicked off the season with a strategic planning day on September 17th led by our Executive Director, Kim Wozniak. I am pleased to share with you the updated MDHA's mission and vision statements that were developed in addition to the strategic plan at that session:

Vision statement:

"The vision of the MDHA is for Registered Dental Hygienists to be recognized as primary health care professionals providing client-centred oral health care for all Manitobans."

Mission statement:

"To advocate and promote the profession of Dental Hygiene; to support our member-owners by providing opportunities for professional development, to encourage evidence based practice and lifelong learning; and to provide education and health promotion to the public."

A special task force is at work reviewing the responses to the Member Survey. Member input is critical to the board of directors and each of your responses will be taken into consideration. Stay tuned for information and updates.

I am very pleased to have Harriet Rosenbaum co-captain Team MDHA Brush for the Cure with me this year. Harriet has been our top fundraiser for the past several years and is an enthusiastic champion for the cause. Look for more information about the Run in this edition of the Montage and please join us on October 2nd at Shaw Park.

The strength of a professional association is directly related to its members. I encourage you to be involved however you can. All participation – large or small – is appreciated. I love engaging with our members and value communication, so please feel free to contact me with comments or questions.

Wishing you a vibrant fall season,

Heather Sirkovsky, RDH

A MESSAGE FROM YOUR VICE PRESIDENT



It's hard to believe that summer has ended and the fall season is officially upon us. Often people view spring as a time of new beginnings but for myself, I've always viewed fall as a time for fresh starts! Summer vacations are over and fall represents a time to get back into the swing of things, establish a routine, and dive into a new project. This year, I am privileged to take on the role as your vice president and couldn't be more excited to be part of the MDHA.

For those of you who don't know me, my name is Taleisha Doiron and I am your vice president on the MDHA Board of Directors for the 2016/2017 year. I've had the opportunity to serve MDHA members as the Montage editor for the past year and am excited to dive into the role of president-elect in order to serve you better!

For me, fall serves as a great time to look back over the months of summer and reflect on all the exciting activities that go along with it. This past summer a close friend and I decided to

discover our province through hiking! I traveled to Steep Rock, Riding Mountain, Hecla Island, and Big Whiteshell and many other places here in Manitoba all the while enjoying the great outdoors! Hiking was new for me and presented a great physical challenge at times but the landscapes and the gorgeous views made it all worth it! Manitoba has so much to offer!

Now that the summer adventures have come to a close, it's time to move on to a different adventure. The MDHA Board of Directors spent Saturday, September 17 working on a Strategic Plan outlining the mission and the vision of the MDHA for the next 3 years. I was honoured to be a part of this planning and cannot wait to see how the MDHA will grow in the next few years. It was a great experience being able to interact with other dental hygienists and pick each others brains for great ideas to promote the profession of dental hygiene in our province. It's an exciting time to be a part of the MDHA!

A quick reminder to all MDHA members, CDHA/MDHA membership renewal is now open! The early bird deadline for membership renewal is September 30 so renew your membership prior to Friday, September 30th to be eligible for an early bird prize draw!

I look forward to the next year serving all MDHA members as your vice president. I am excited to take on this new challenge and can't wait to meet many of you!

Taleisha Doiron, RDH

You can't use up creativity. The more you use, the more you have.
- Maya Angelou



A MESSAGE FROM YOUR EXECUTIVE DIRECTOR

It is really hard to believe that another summer has passed, but it has and we are now in full swing heading into a new Association year. I know that the new Board of Directors is eager to get started after taking a well-deserved break over the summer. Prior to the summer break, the Board met to determine who would serve in the various positions and serving you this year will be:

| | |
|------------------------------|--------------------|
| President | Heather Sirkovsky |
| Vice-President | Taleisha Doiron |
| Past-President | Larissa Bubnowicz |
| Treasurer | Christian Peterson |
| Secretary | Jennifer Upward |
| Director | Tiffany Rother |
| Director | Meghan McKee |
| Director | Laura MacDonald |
| DH 3 Student Rep | Jasmine Bonenfant |
| DH2 Student Rep | Jenna Rae Klym |
| School of Dental Hygiene Rep | Mary Bertone |
| CDHA Rep | Deanna Mackay |



In addition to serving as noted above, all board members also give their time and talents to committee work. Without these dedicated volunteers the member activities that you have come to expect and enjoy would not be possible and I would personally like to extend thanks to all MDHA board and committee members for your continued dedication to your profession.

The 2016/2017 Association year started with board education and a strategic planning session on September 17th. Board and Committee members came together for a day of education and planning to ensure that they are able to perform the work of the MDHA to the best of their abilities. Continuing education is not only critical to you as a dental hygiene professional, but is also critical to the success of your professional association. The new strategic plan will serve to guide the work of the MDHA over the next few years and was developed with the needs of our members in mind.

The MDHA Professional Development workshops will begin again in October. Watch your mail for the PD postcard that will be sent out soon and check the MDHA website for updates on MDHA activities and member opportunities, <http://www.mdha.ca/>

Kim J Wozniak

Executive Director, Manitoba Dental Hygienists Association

Get Connected

'Like' the MDHA on Facebook
Follow us on Twitter @MDHA_MB



A MESSAGE FROM THE UNIVERSITY OF MANITOBA, SCHOOL OF DENTAL HYGIENE ALUMNI ASSOCIATION

The UMSDHAA would like to thank all those who supported us by attending our Annual General Meeting May 5th. We had a record attendance and appreciated hearing research presentations by our two speakers Pf. Mary Bertone and Deanna Mackay. Our members' support also helped us to fundraise at our two events this past year and put us in a position to make plans for this upcoming year.

We are hoping to host another fundraising event tentatively late fall and hopefully another Wine and Cheese event in the winter months of 2017 where we can network with faculty and current student body at the School of Dental Hygiene. Our Wine and Cheese event of 2015 was a roaring success. Please contact us by email at umsdhaa@outlook.ca for further information, visit our Facebook page, or stay tuned for further details.

We encourage our members to designate their online tax-deductible donations to "Smiles for Miles" at <https://give.umanitoba.ca/> or to the "University of Manitoba School of Dental Hygiene Alumni Association Diploma and Bachelor of Science in Dental Hygiene Award".

On Friday, September 23, 2016 at the Fort Garry Hotel we celebrated our SDH Alumni of Distinction for 2016, Ms. Arna Shefrin (class of 1970). Thank you to all of those who could join us. Ms. Shefrin is a truly worthy recipient whose career path includes both professional and artistic endeavours.

We are excited about our current working towards a collaborative agreement with the MDHA and we looking forward to another fruitful year.

Florna Atienza and Cindy Isaak-Ploegman

UMSDHAA Co-Presidents



UNIVERSITY OF MANITOBA
SCHOOL OF DENTAL HYGIENE

ALUMNI ASSOCIATION

PROUDLY SUPPORTING THE SCHOOL OF DENTAL HYGIENE AT THE UNIVERSITY OF MANITOBA



CDHA CORNER

Where are the dental hygienists who are:

- up for some professional pride?
- looking to have fun while learning?
- eager to help celebrate Canada's 150th anniversary in our nation's capital?
- up for a road trip (okay, maybe an airplane trip... but you get the idea)?



If you answered "I'm right here!" to these questions, then I want to talk to you!!

If you have ever attended a national conference, then you know the feeling of utter professional pride that these conferences instill. No words can really convey the feeling you get of being part of an event that celebrates, highlights, and showcases everything that we love and take pride in about our profession. I have attended two national conferences and both times I left with many new friends and great memories, and felt rejuvenated, honoured, and humbled to be a registered dental hygienist.

CDHA will be holding its biennial national conference in Ottawa from October 19 to 21, 2017. Let's make a plan to attend together! Check out www.cdha.ca/2017conference for details. Along with the conference events, why don't we also plan a Manitoba RDH evening?! Dinner, drinks, and laughs!

Intrigued? Sound fun? Considering? Let's talk!

Cheers,

Deanna, BDS Sc(DH), RDH
manitoba@cdha.ca

WHAT'S NEW AT CDHA?

PROFESSIONAL DEVELOPMENT

Webinars now on demand:

Navigating the Labyrinth of Procedure Codes & E-Claims

The Mysteries of the Peer-Review Process

Get Smart about Employment Contracts

Webinars coming soon:

Fluoride Varnishes, September 28

Sponsored by 3M

Strategies to Supercharge Students & Clients, October 28

Bugs, Drugs and Food Fads, November

Sponsored by Johnson & Johnson

Gastrointestinal Diseases and Their Dental Implications, December

Sponsored by Colgate

www.cdha.ca/webinars

Leadership summit, professional development session, & AGM

Edmonton, Alberta, October 21-22

Sponsored by Philips Sonicare

www.cdha.ca/2016Edmonton

MEMBERSHIP RENEWAL

CDHA membership provides access to CDHA Perks, GoodLife Fitness, the CPS e-suite, CDHA Protect professional liability insurance for active (practising members) and more! Check out the updated www.cdha.ca/benefits area of our website. If you renew by **September 30** you will be entered in our early bird contest for a chance to win \$1,000 in prizes. www.cdha.ca/renew

IMPORTANT UPDATE ON CDHA PERKS

If you have noticed a "This offer is no longer available" message on all CDHA Perks offerings, it means that your subscription has expired (one year from your last membership renewal date). As soon as you renew your CDHA membership, you will automatically be re-enrolled in this popular discount program.

AREAS OF INTEREST ON OUR WEBSITE

- Update Your Membership Profile:
www.cdha.ca/profileedit
- Fact Sheets and Resources:
www.cdha.ca/factsheets
- Media Releases, CDHA and our Members in the News:
www.cdha.ca/press





IT'S TIME TO RENEW!
Early bird renewal ends September 30

STRENGTH IN MEMBERS

THE CANADIAN DENTAL HYGIENISTS ASSOCIATION

RENEW NOW

CANADIAN DENTAL HYGIENISTS ASSOCIATION

REACH FOR THE TOP

LEADERSHIP | EDUCATION | AGM

EDMONTON 2016

sponsored by **PHILIPS**
sonicare

Webinar

Strategies to **SUPERCHARGE** Students & Clients

Friday, October 28, 2-3 pm ET

Register Today





2016 CDHM Annual General Meeting Notice

We are pleased to announce that the Annual General Meeting (AGM) of the College of Dental Hygienists of Manitoba (CDHM) is scheduled for:

Saturday October 22 2016

8:30 am -12:00 pm

Where: Canada Inn Destination Polo Park
1405 St. Matthews Avenue Winnipeg, MB
Free onsite parking available

Registration from: 8:30 am -9:00 am

Meeting: 9:00 am -12:00 pm

Morning refreshments will be provided

The CDHM requests that you RSVP your attendance by:
Friday October 14, 2016

Please email: cdhm@cdhm.info or call us at 204-219-2678 to register or
for more information



Delta Eta Chapter Sigma Phi Alpha National Dental Hygiene Honor Society



Established March 1958, Sigma Phi Alpha (SPA) is a national dental hygiene honor society composed of educators and graduates of accredited dental hygiene programs in the United States and Canada who demonstrate high academic achievement and leadership skills. The purpose of SPA is to promote, recognize and honour scholarship, leadership and service among dental hygiene graduates. Members are chosen by their colleagues and bestowed the honour of being inducted into this society. It is the vision of SPA to enhance the role of the dental hygiene profession in its provision of quality health care to the public. The University of Manitoba Delta Eta Chapter is unique, as we are the only established Canadian chapter within the society.

For those who do not yet know, my name is Larissa Bubnowicz and I am honoured to introduce myself as the President of the Delta Eta Chapter of the Sigma Phi Alpha National Dental Hygiene Honor Society for this current 2016/17 term. It is a pleasure to welcome our members to a new society year! To date, being a part of this society has truly been a privilege. Therefore, I greatly anticipate my forthcoming presidential commitments: learning of the society, connecting with our

chapter members and fulfilling the vision of SPA.

With the commencement of this new society term, the Delta Eta Chapter would like to present the following members who comprise our Board of Directors. We are delighted to welcome Jordan Klassen, our newly elected Vice-President, and pleased that Sheryl Slosower will serve a third, consecutive year as Secretary/Treasurer. Each of their personal talents, expertise and unique experiences will prove invaluable to our directive.

The Delta Eta Chapter has been fortunate to have been guided and mentored by a brilliant, genuine and admirable individual. We would like to acknowledge Diane Girardin for her commitment and dedication as President over the past three years. Thank you for volunteering your time, sharing your passion and giving endless energy. Simply said, you have been vital to the sustainability of our chapter and for that we are grateful.

To all members of the Delta Eta Chapter, if you have yet to renew your membership for this term and would like to do so, please contact sigmaphialpha.deltaeta@gmail.com. Or, if you simply wish to (re)connect with us, we would love to hear from you!

There is something incredibly nostalgic, and significant, about the annual cascade of autumn leaves: the scent of the apple harvest, the resonances of migrating geese, the tradition of pumpkin carving and the chill of the crisp, cool air. Take time to celebrate this fall season and experience all that it has to offer!

Larissa Bubnowicz, B.Sc.Micr., Dip.DH, RDH
President - Delta Eta Chapter, Sigma Phi Alpha National Dental Hygiene Honor Society
sigmaphialpha.deltaeta@gmail.com

SAVE THE DATE

The Manitoba Chapter of Alpha Omega Fraternity

Proudly Presents:



Dr. Howard Tenenbaum, DDS, PhD, Diploma in Periodontics, F.R.C.D. (C), F.I.C.D.

Saturday, December 3, 2016

*Differential Diagnosis and Management of Orofacial Pain and the Impact of Clinical Research
Novel Approaches for Management of Periodontitis; Current Biological Concepts*

Victoria Inn and Convention Centre

Limited seating, mandatory registration opening soon

There is no lecture fee, but donations to the Alpha Omega Foundation would be most welcome.

CONTEST!

MEMBERS IN THE COMMUNITY!

Part of MDHA's Mission includes providing education and health promotion to the public – we couldn't meet this objective without your dedicated effort.

Our members are doing a lot of great work and we want to highlight it – and say thanks! – to you for supporting community outreach initiatives.

Share your Community Outreach experience (either through MDHA or your own initiative) for a chance to win one of two gift cards for \$10 in each edition of the Montage!

Send a short write up of your experience (include pictures if you want) and send to info@mdha.ca.

*Winning submissions will be randomly drawn and announced in the next edition of the Montage

GOOD LUCK!



Hope



Sunday October 2, 2016 - Canadian Breast Cancer Foundation/CIBC Run for the Cure at Shaw Park!
MDHA has once again registered a team as Team MDHA-Brush for the Cure

Not only is this a worthwhile activity itself, but you can use it for your professional activity record (PAR) for the CDHM Continuing Competency Program.

Register today at

http://cibcrunforthecure.supportcbcf.com/site/PageServer?pagename=2016_home

Please note the following, from the MDHA Run for the Cure policy

- Participation on The Team is for MDHA members, their non-dental hygienist family members and friends.
- Registration for The Team is completed online, through the CBCF, and is therefore not within the direct control and regulation of the MDHA. Any dental hygienist not holding current membership with the MDHA, who registers online to join The Team will be informed, via email, that only MDHA members are eligible to participate on The Team
- Following the event a list of MDHA members who participated on The Team will be sent to the CDHM. At that time successful qualification for PAR accreditation will be regulated by, and under the jurisdiction of, the CDHM
- Members must sign in at the appointed meeting place on the day of the event to have their name on the list sent to the CDHM and to receive a participation certificate

If you have any questions please contact me at harriet.7@hotmail.com or Heather at hsk58@mts.net

Sincerely Yours,

Harriet Rosenbaum

Team MDHA Brush for the Cure Co-Captain



Canadian Breast Cancer Foundation
CIBC Run for the Cure

OCTOBER 2, 2016

Check out The MDHA Website!

Exclusive Members Area
The Latest Information from your MDHA

Check it out at <http://www.site.mdha.ca/>



Employment Opportunities

Members, if you are looking for employment do not forget to check our website for job postings which are regularly updated. Just visit us at www.mdha.ca and click on Employment Opportunities. Also contact us if your office needs to place a job posting at: employment@mdha.ca.



Contact Information:

Office Address:

200E-1215 Henderson Highway
Winnipeg, Manitoba R2G 1L8

Phone number:

204-981-7327

Website: www.mdha.ca

Email:

info@mdha.ca

Employment Postings:

employment@mdha.ca