

Montage



Boo At The Zoo October 18 & 26, 2008



Julianna - DH In -Training

Thanks to MDHA Volunteers:
 Deanna Mackay
 Mary Bertone
 Julianna Josephson
 Nicholas Josephson
 Kathy Griffiths
 Melanie LaCroix
 Ashleigh Ives
 Kim Dewar
 Leanne Enns
 Trish Wittmeier
 Maria Borges



Trish W. & Snow White

Thanks to our Spooktacular Sponsors:

- Sunstar Butler
- Dairy Farmers of Manitoba



B@TZ '08

The Manitoba Dental Hygienists Association partnered with QX104 FM & Hot103 FM to promote a Healthy Halloween at Safeway's Boo at the Zoo.

This year MDHA was highlighted on both of the radio stations and websites. Thank you to all volunteers for their hard work and dedication.

Our major sponsor Sunstar Butler allowed us to give over 700 free toothbrushes to little ghost and goblins on the first evening !

Manitoba Dental Hygienists' Association

Box 25112
 Winnipeg, Manitoba R2V 4C7
 1-204-981-7327
 E-mail: info@mdha.ca

Winter 2008



SPECIAL POINTS OF INTEREST:

Risk Management and Emerging Liability	5
SUYS	7
Employment Opportunity	8
Around the World	10

INSIDE THIS ISSUE:

CE Calendar	6
Volunteer Opportunity	10
Message from CDHM	12

All entries must be received by June 30, 2009



World Dental Hygienists Award



sponsored by the **Sunstar Foundation for Oral Health Promotion**

The **Sunstar Foundation for Oral Health Promotion**, has established, the World Dental Hygienists Award to recognize dental hygienists who have made a great contribution to the dental community, their profession or to the general public.

All licensed/certified dental hygienists and students of dental hygiene schools who have made prominent contributions to patients, the dental community or to the general public are eligible for this award. For further details, please see application rules and guidelines on our website:

www.sunstaramericas.com/awardinfo/2008-2009.pdf

Award Categories:

One award is granted for each of the following three categories:

1. Research Category: research paper on dental hygiene

This award is for either a quantitative or qualitative study that provides new information contributing to the body of knowledge in dental hygiene. Results must demonstrate a statistically significant difference in findings.

2. Project Category: report of the activities that contributed in promoting oral health

This award is for activities that make a prominent contribution to patients, the dental community or to the general public. The impact of the activities need to be verifiable based on facts and to show that a significant amount of individuals (>100) were positively affected. The award is open to individuals as well as groups of dental hygienists who made notable accomplishments in all areas of oral health promotion, including counseling, supporting, education, innovation, research, prevention and treatment.

3. Student category: students of dental hygiene schools

This award is for an activity or volunteer work that contributes to the health of the public/patients or an essay on dental hygiene leadership and professional development. Themes may include visions or hopes for the future in the field of dental hygiene.

How to Enter:

Previously unpublished manuscripts – written for an individual or a group – may be submitted. They must be in English and limited to 10 pages excluding tables and references. Photographs should not be submitted. By applying, applicants agree to specific guidelines, and that any winning application may be published in the International Journal of Dental Hygiene. (See <http://www.ifdh.org> for more information.) Please send manuscripts by e-mail to Ms. Marjolijn Hovius at the address below, indicating which category your application is being made. E-mail: intjdenhyg@inholland.acta.nl

Licensed/certified dental hygienists applying must include a copy of their license or certificate. Students must include a copy of their registration certificate in their school.

Announcement of Winners:

Winners will be announced in May, 2010 in the International Journal of Dental Hygiene (IJDH), its website and websites of the Sunstar Foundation for Oral Health Promotion, Sunstar Inc., and Sunstar Americas, Inc. Publication of the winners text will be published in the IJDH August issue.

Application Guidelines are available at the following locations:

1. In the (IJDH) and on its website after July, 2008.
2. On the websites of the Sunstar Foundation for Oral Health Promotion www.sunstar-foundation.org, Sunstar Inc. www.sunstar.com and Sunstar Americas, Inc. www.SunstarAmericas.com.
3. On the website of the International Federation of Dental Hygienists www.ifdh.org/index.shtml



Awards:

3 winners from from each category will be selected

- **Research Category:** \$5,000
- **Project Category:** \$3,000
- **Student Category:** \$2,000

For each prize a trophy will also be presented.

Winners and/or a representative of each winning group, if submission is made as a group, will be invited to the award ceremony at the 18th International Symposium of Dental Hygiene scheduled July 2010 in Glasgow, Scotland.

Sponsor: Sunstar Foundation for Oral Health Promotion
Co-sponsors: Sunstar Inc., Sunstar Americas, Inc.
Collaboration: International Journal of Dental Hygiene (IJDH)
and International Federation of Dental Hygienists (IFDH)

SUNSTAR

BUTLER

SUNSTAR

G·U·M

HEALTHY GUMS. HEALTHY LIFE.®

President's Message...

Leanne Enns

Seasons Greetings! I can't believe I am already doing my Christmas shopping. Where did the summer go? It seems not too long ago, I was planning to go to the lake one more time to enjoy the beautiful summer weather. The next thing you know, I am huddled in my big down filled jacket, cursing the snow and falling on my butt while walking to my car... Fun times!

I would like to welcome all members, both new and old, who have joined the MDHA by registering with the CDHA in October. A short while ago, I was asked by one of our members what it was that our association does for its members. Here is a quick summary! Our association's mission is to meet the oral disease prevention and oral health needs in both Manitoba and Canada, and to ensure that the highest quality of oral health services are available to the public. Acting as a collective voice, the MDHA serves as a resource and advocacy body for dental hygienists and strives for continued growth and development of the Dental Hygiene profession.

The MDHA believes that dental hygiene education must evolve to meet the needs of the dental hygiene profession as well as the general public. With this in mind, we have organized a lecture series, which relates to the care we provide as dental hygienists. These lectures, running from October to April, count as CE credits and provide great opportunities to stay informed about the changes taking place in the dental hygiene profession. We had a great turn out for our last lecture, which was a pharmacology review. We are pleased to have Anna M. Pattison RDH, MS present "Advanced Periodontal Instrumentation" at the 125th Mid-Winter Annual Convention on Friday, January 30, 2009. I hope to see you there.

The MDHA has worked with Hot 103 and QX 104 for our 3rd annual *Boo at the Zoo* event, where oral hygiene aids and educational fact sheets were handed out to all of the little ghosts and princesses who attended during the two evenings in late October. The MDHA has also partnered with Find First Aid Inc. for the 2nd consecutive year to provide CPR training to our members at a reduced rate. Classes run until mid December.

We at MDHA would like to thank our members for their patience and understanding as we navigate through our own period of transition. The board has been exploring new ways to reach out and communicate with members. There will undoubtedly be bumps in the road, but in the end we will be able to serve you better.

On November 22, 2008, the Past President, President and President Elect attended the 50th Gala for the Faculty of Dentistry. We would like to congratulate Jaimie Robins, whose name was chosen at random from a list of all MDHA members, to join us at the Gala. Good times were had by all!

In closing, I would like to send you and yours my best wishes for the holiday season and wish you all the best in the new year!



Message from your President-Elect

Detective Deanna ~ My Space

As I mentioned in the last issue of the Montage I have many burning questions and in this issue I will be talking about some new hand instruments from Hu-Friedy.

During my investigation I was amazed at how much information is available through Hu-Friedy. Regional Account Manager Linda MacEachern and Product Manager Danielle Victoriano overwhelmed me with information which is also available to you at **www.friendsofhu-friedy.com**. This site contains detailed information on every instrument available at Hu-Friedy, I never even knew half these instruments existed. They have video demonstrations, testimonials from hygienists, continuing education and continual updates on new products available just to name a few. As a sneak peak let me share some of the site's new and novel instruments.

For those of you who loved the Nevi1 and Nevi2 well guess what...there is now a Nevi3 and Nevi4! The Nevi3 has ultra slender dual cutting blades that provides: effective placement in tight, narrow contacts and interproximal areas, precise access for effective removal of light to moderate deposits, EverEdge Technology, and the unique contra-angle bends provide superior access, reach and adaption to posterior areas*. The Nevi4 also has tapered dual cutting blades as above but with increased shank rigidity it provides powerful effective strokes with less effort and fatigue for the clinician. The Nevi4 is especially effective for removal of burnished, heavy and tenacious deposits*.

Hu-Friedy is proud to introduce a dental hygiene instrument designed to embody the spirit of dental hygiene, as well as a commitment to support the Y-Me National Breast Cancer Organization: the Y-ME Curette. This new addition to the EverEdge Technology line of instruments features a distinctive anterior curette design modified to improve access and reach. It is perfect for challenging debridement needs of anterior teeth, furcations, line angles and pedodontic dentition. With a 70 degree face of a Gracey, dual cutting blades of a universal curette, and contra angle shank design, the Y-ME Curette combines efficiency and function. The development of the Y-ME was fueled by the desire to make an impact clinically and to touch the lives of others. Know that Y-ME is dedicated to empowering and educating people about breast cancer, Hu-Friedy found the opportunity to partner with the organization a perfect way to promote awareness, for breast cancer and overall health, through dental professionals*.

Hopefully this edition of "my space" will help you keep current with Hu-Friedy instruments available and give you another resource to keep you and your instruments SHARP! Please visit www.friendsofhu-friedy.com and you will lose hours upon hours and wonder why haven't you visited this site before! This can be a great foundation of information and lead in to Anna Pattison lecture on Advanced Periodontal Instrumentation at the MDA Convention on January 30, 2009.

In closing I would like to wish all our member a Happy Holiday Season and Health & Happiness in the New Year.

*Cited from www.friendsofhu-friedy.com

Risk Management and Emerging Liability

By Brian Gomes



The importance of health care professionals, such as Dental Hygienists to protect themselves individually against liability, rather than rely on employer-provided insurance, has never been greater. Patients today have high expectations of health care services as technology; education and training continue to evolve.

A liability claim can be financially devastating without adequate insurance. Even a frivolous allegation can result in crippling defense costs to individual professional.

Health care professionals, who arrange liability insurance through their professional association such as the Canadian Dental Hygienists Association (CDHA), receive coverage that best protects them.

This type of insurance often shields assets and covers legal expenses to defend not only against legal claims and allegations, but also against complaints filed to that professional's regulatory body. Coverage also follows the professional in the event he or she is working for multiple employers or as a sole practitioner.

Employer-provided liability insurance, on the other hand, is designed to protect the best interest of the employer and the clinic or office. Professional staff are often protected only to the extent that the employer is satisfied that the operation as a whole is adequately covered and often varies from one place of employment to another. This type of insurance usually does not include legal defense reimbursement for complaints to a regulatory or disciplinary body, or for legal reimbursements derived through criminal proceedings and allegations when a professional is found not guilty. The association's member's policy has been designed to include coverage in such instances applicable to members.

Liability coverage negotiated and provided through the association protects individual professionals regardless of the location they work in, subject to the specific policy and scope of practice covered. These liability policies cover professionals on a "claims made" basis, which means that the coverage in place when a claim is reported and not when the incident actually occurred, is the policy to respond.

As Hygienists increasingly work within an independent practice setting it is also imperative to understand and protect the variety of exposures related to such scenarios. For those members working independently, the CDHA insurance program now offers a group program for general liability and contents coverage.

Brian Gomes is a Vice President with Aon Reed Stenhouse, the member's professional liability program insurance brokerage.

Dental Hygiene Professional Development Calendar 2008 - 2009



Upcoming Events

- January 30, 2009 MDA 125th Annual Mid-Winter Convention
Advanced Periodontal Instrumentation
Ms. Anna Pattison, RDH, MS
- February 23, 2009 Manitoba Dental Hygienist Lecture Series
"Superbugs...you need to know"
Ms. Monique Liarakos, BA,RN,BN,A.K.A. "The Bug Lady"
Faculty of Dentistry Schwartz Theater room, 7:00pm—9:00pm
- March 28, 2009 University of Manitoba CE Calendar
"Tips For Treating Patients with Autism: The Experience of a Lifetime"
Presented by Ms. Karen Raposa
Basic Medical Science Building Theatre C, 9:00am to 1:00pm
- April 13, 2009 Manitoba Dental Hygienist Lecture Series
"Managing Periodontal Disease"
Dr. Leah Kells, DMD, MDent(Perio), FRCD(C)
Faculty of Dentistry, Schwartz Theater, 7:00pm—9:00pm

Hands-On Workshop

Sponsored by:

Manitoba Dental Hygienists' Association & Dentsply Canada

Date: Saturday, February 28, 2009

LOCATION: RM S211-Faculty of Medicine (next to Faculty of Dentistry)

COURSE TITLE: Concepts in Ultrasonics

COURSE TYPE: Hands-on, Participation is limited to 16 people per session

COURSE FORMAT: 3 hours session

9:00 a.m.-12:00 p.m. or 1:00 p.m.- 4:00 p.m. (if needed)

COURSE INSTRUCTOR: **Lisa Shoemaker, RDH, Clinical Educator**



COURSE DESCRIPTION:

Join us for a highly progressive, unique **ultrasonics workshop** that will take you to the next level in patient care and help you meet the demands of today's non-surgical periodontal therapy. This interactive session will give participants the opportunity to maximize their current ultrasonic knowledge and skills and achieve an advanced level of clinical confidence using ultrasonic instrumentation. The facilitator will go beyond the traditional lecture format to present scientific and practical information that will bring immediate benefits to your practice. The application of ergonomics will be a focus of this program. Case studies will be examined and an open forum will be offered to problem solve clinical issues experienced by the participants.

COST: MDHA members-\$45, Non-Members-\$75

REGISTRATION: Prepayment and contact information required by mail to Alayna Gelley

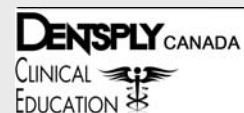
Cheque payable to: MDHA

P.O. Box 25112

Winnipeg, MB R2V 4C7

Deadline: February 15, 2009

CONTACT: Alayna Gelley at agelley@mdha.ca or info@mdha.ca for more information





SOUP UP YOUR SMILE 2008 Siloam Patrons Brush Up on Oral Health

Natasha Delaquis, Vanessa Pelagio and Kaleigh Warden – SUYS Promotions Team

The 7th annual Soup Up Your Smile at the Siloam Mission showed to be yet another huge success. More than 500 Siloam Mission patrons benefited from the interactive displays, games, prizes & giveaways, and dental hygiene consultations, all organized by the Faculty of Dentistry's senior dental hygiene students in their efforts to promote oral health education and awareness while giving to those in need. Local businesses and individuals also showed great support in donating to the event.



Siloam Mission-SUYS first shift

Held on November 6, patrons used a passport system as they were invited to visit various displays to learn more about the basics of oral home care and the connections between the mouth and diabetes, and with smoking & crystal meth. Patrons could also learn more about the basics of a dental visit, including where to go and what to expect.

Prize draws were held in both the afternoon and evening. Completed passports were turned in for ballots, as well, patrons had the opportunity to win additional ballots through a game based on the information provided at the displays. Dental goodie bags complete with a toothbrush, toothpaste, floss and instructions were available to all patrons. Bags including denture products and care tips were also available.

Dental hygiene consultations proved to be very successful, as the clinical team had the day completely booked, seeing 23 interested patrons. Clients received feedback on their assessment, individualized oral hygiene instructions, and encouragement regarding tobacco cessation. Referrals were provided for patrons in need to the Saul Sair Health Centre, the new health and dental clinic located at Siloam Mission.



Draw Prize winner with Natasha Delaquis & Kaleigh Warden

The success of this year's outreach event reflects the work and efforts of the second year dental hygiene class, as well as the many donors who graciously gave to the event and the clothing and food-drives. Major donors included Manitoba Hydro, The Catholic Health Corporation of Canada, Crest Oral-B, and Special T-Shirt Company. St. John's Cathedral supported the event by collecting a substantial amount of gently used clothing.

Continued on page 8...

Continued from page 7..

Generous donations were also made by A&W Restaurant on Portage Ave, Marigold Restaurant on Inkster Blvd, Sinclair Dental, Wal-Mart Empress St. and Kildonan Place locations among many other local businesses and individuals

This year's event was rewarding for both the patrons of Siloam Mission as well as the dental hygiene students. It was an enriching experience for all who were involved as a positive energy filled the room while the patrons learned about a variety of oral health and health topics. The students developed a new understanding and appreciation for the struggles faced by Siloam patrons, and the patrons were extremely grateful for the time and efforts of the dental hygiene students. Fortunately Soup Up Your Smile has become a mainstay in the School of Dental Hygiene's Community Health curriculum and will provide this opportunity for next year's students and patrons.



Clinical Team - Chika Kambara-Bowler & Becca Mueller

Employment Opportunity

Dental Hygienist

Would you like to work in an office...

- where the focus is on adequately educating and caring for our patients
- with a comprehensive periodontal care program in place, where you work with a complete hygiene team
- with state-of-the-art ultrasonic equipment, subgingival irrigation, and intra-oral cameras

Are you the type of person that is...

- an energetic team-player
- interested in professional and personal development

Positions are available for full-time and part-time hygienists. Full-time positions are salaried (negotiable and very competitive) for 4 days a week (Monday-Thursday, 8:45-5:15) with 5 weeks of paid holidays per year. Part-time positions have flexible hours and very competitive, negotiable hourly wages.

If our office sounds like the place for you, call us at (204) 857-5772 or mail a resume to:

Dr. Scott Mather and Dr. Larry Cogar

44 Tupper St. N.
Portage la Prairie, MB
R1N 1W8





Together, guiding the way to long-term oral health.

Recommending Oral-B® Power toothbrushes can help your patients reach their long-term oral health goals. That's because the unique small round brush-head design and the oscillating-rotating cleaning action ensure a superior clean in hard-to-reach areas, versus a regular manual brush.

Together with your brushing instructions, we can make a difference.



Around the World

On October 31, 2008, Margo Nohlgren and I headed to Shanghai, China to visit a friend and classmate of ours, Daniela Wang. The three of us graduated from the University of Manitoba – School of Dental Hygiene in 2004. We had a great time catching up, sight seeing, shopping, laughing, sharing memories from the past and making new memories. We even had time to take part in a Wrigley's Oral Health Exhibition in Xian – go figure!



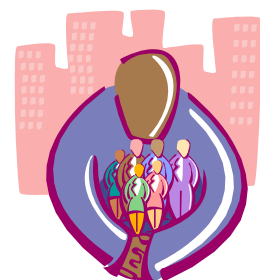
Volunteer Opportunity & Free Continuing Education

The MDHA is looking for a CE Chairperson. If you are energetic, and want to have more involvement with your association we would love to have you on board. Please e-mail us at info@mdha.ca or call us at 981-7327 and we would be happy to mentor you into this position.

Reaching Out...

On October 24, 2008 I gave an oral health presentation to a group of students at Gordon Bell High School. I was asked to present to a classroom of 15 students who are a part of a special education program at the school. The students in the program are special needs students with varying disabilities. I did my best to address the needs of individual students and communicate with them on levels which they could most easily understand. The group was very receptive to the presentation and I had an enjoyable afternoon. I would like to say thank-you to the MDHA for providing me with the toothbrushes and toothpaste I handed out to the students – they were very much appreciated!

Kathy Griffiths BSc, RDH



WE ARE COMMITTED TO THE SUCCESS OF YOUR DENTAL HYGIENE PRACTICE



Specializing in Dental Hygiene Instruments
 CE Sharpening Courses and Products available
 Re-tipping/Sharpening Services available
 Trade-in Program (trade in your old instruments for new and save \$)
 Scrubs Couture – Beautiful, Stylish Professional Wear
 Look, Work and Feel Your Professional Best™

Call D-Sharp to receive a FREE sample of our EZ Grasp™ Hygiene Instrument (while supplies last)



D-Sharp Dental Inc.
 4063 Applevale Lane
 Burlington, ON L7L 1E9
 Tel: 905.331.5593
 Toll Free: 1.877.8D.SHARP
 Fax: 905.331.5803
 Email: info@dsharp.ca

Visit our newly launched websites!
www.d-sharp.com
www.scrubscouture.com



Gerry Hagglund
 Vice President

Team Sinclair Dental

Margaret, Brenda, Craig, Jim, Rosie, Rudy, Clark

For Personalized Service Call: 775-9304 1-800-442-5372

Andrea Moore O'Connor, BHE
 Product Specialist
 Cell: (204) 793-3866

For better dentistry

DENTSPLY
 CANADA

Cavitron® CAULK
 MIDWEST®

NASDAQ: XRAY

DENTSPLY Canada Limited

161 Vinyl Court
 Woodbridge, ON L4L 4A3
 (905) 851-6060 Voice Mail #52217
 1-800-263-1437
 Fax: (905) 851-9809
 Email: aconnor@dentsply.com
 www.dentsply.ca

Great-West Life
 ASSURANCE COMPANY



Deborah L.C. Capek

Life & Disability Insurance, Critical Illness Ins.,
 Employee Benefits,
 RRSP's, Annuities, RRIF's & Investment Funds

P.O. Box 338
 100 Osborne Street North
 Winnipeg, Manitoba R3C 2H6
 Bus: (204) 297-6224
 Fax: (204) 946-8865
 deborah@capekfinancial.ca

KEVIN RILEY
 General Manager – Prairie Zone



Cell: 204-781-8140
 Office: 204-784-5333 Toll-Free: 800-665-8985
 Fax: 204-786-2908 Toll-Free Fax: 888-682-2748
 Residence: 204-467-9789
 21 Murray Park Road Unit D, Winnipeg, MB R3J 3S2
 E-mail: kevin.riley@henryschein.ca



GlaxoSmithKline

Dean Rickard
 Territory Manager
 Oral Health Care

Consumer Healthcare

Voicemail: 905 829 6030 x9490
 Toll Free: 1 800 268 4600 x9490
 Fax: 905 403 4500
 dean.2.rickard@gsk.com

2030 Bristol Circle
 Oakville, Ontario
 Canada L6H 5V2
 Tel. 905 829 2030
 www.gsk.ca

SUNSTAR

Manufacturer of



Sunstar Americas, Inc.
 515 Governors Road
 Guelph, ON N1K 1C7

Lori Olafson, C.D.A. II
 Sales Representative
 Professional Division

800-265-8353 ext. 3431
 Fax: 519-837-2669
 lori.olafson@sunstar.com

BDMI

Making Dentistry Work for You!

Bolton Dental Mfg. Inc.

50 Goebel Avenue
 Cambridge, Ontario N3C 1Z1

Tel: 519.651.2444 Fax: 519.651.0939
 Toll-Free: 800.667.3770



Visit us online at www.bdmcan.com

Message from the CDHM

Renewal for the 2009 registration year is upon us. Renewal forms and information were mailed out at the end of October. If you have not received these documents, email the CDHM at CDHM@shaw.ca. Please submit the renewal form and supporting requirements by January 1, 2009. Cheques may be post-dated to January 15, 2009.

The CDHM website is continuously being updated, and includes:

- Renewal forms and information
- Dental Hygiene Registers
- Meeting activities (including presentations that were made at the AGM, Sept 08)
- Council activities
- Legislation

If you have questions please visit www.CDHM.info or email CDHM@shaw.ca.

Heather Grasby
Realtor



10 Brandt Street
Steinbach, MB R5G 1Y2
(204) 791-9649
(204) 326-9844
Fax (204) 326-2429

Email: heather@prudentialriverbend.ca
www.prudentialsells.ca

An Independently Owned and Operated Member of the Prudential Real Estate Affiliates Inc.



Yes, That's The new Me

I am very pleased to announce that after 22 years in the dental profession, I have acquired my Real Estate License and am now a Prudential Riverbend Realty in Steinbach.

I am excited to begin this new career and would look forward to providing my services to you or anyone you know who may be looking to sell or buy. Referrals would be appreciated.

If you ever need any real estate advice or if I can help you with any of your real estate needs, please let me know!!



Prudential Riverbend Realty

Heather Grasby

Feel Secure and Satisfied with your Decision



DENTAL HYGIENE IS ABOUT TO GET A BIG BOOST



Presenting the new Cavitron® Jet Plus™ and Cavitron® Plus™

The new Cavitron® Plus™ ultrasonic scaler and Cavitron® JET Plus™ combination ultrasonic scaler and air polishing unit is an investment in patient comfort, ergonomics and long term reliability.

You will marvel at the contemporary design and innovative features, such as intelligent circuitry that monitors the system and keeps you informed of it's status through an illuminated **diagnostic display**.

The radically different **360° wireless foot control** can be comfortably activated from any direction and allows you to instantly **boost the power** up to 25%.

Cavitron® JET Plus™ offers an ergonomic **JET-Mate™ handpiece** with a 330° swivel and lavage control at your fingertips. The Cavitron® Plus™ is available with an ergonomic **Steri-Mate® handpiece** with swivel that rotates 330° to alleviate cable drag.

To learn about all the innovative features of the new Cavitron® Plus™ and Jet Plus™, and what they can do for your practice, contact your authorized DENTSPLY Dealer or DENTSPLY Representative at 1-800-263-1437. Also, for more information, visit www.cavitron.dentsply.com



360° wireless foot control

Cavitron® Raising the Professional Standard

DENTSPLY