

Montage



Dear Member of the Manitoba Dental Hygienist Association:

You are invited to attend our **Annual General Meeting**, at the Inn at the Forks, to be held on Tuesday June 3, 2008 at 6:30 pm. Thank you to our event sponsor Crest Oral-B. Speaker to be Announced.

This is your opportunity to learn more about the work of MDHA over the past year, meet your board members, and take an active role in the governance of your Association. We will be accepting nominees for the following positions:

- President-elect
- Membership Chairperson
- Rural Representative
- Professional Development team members
- Rural rep (Northern) for Professional Development
- Fundraising

If you have any questions regarding any of the positions, please don't hesitate to email us at info@mdha.ca or mdha2@mts.net or phone us at 981-7327.

We extend thanks and appreciation to the following board members who will be leaving the Board of Directors at the conclusion of the 2008 Annual General Meeting:

- Kim Legary-Past president
- Angela Rosales-Board Member
- Kristin Carter –Rural Representative
- Rolanda Pelletier –Membership Chairperson

MDHA is only as strong as our membership. Please consider giving back to your Association and Profession. MDHA is taking steps to move forward with the needs of our members and community. Come check us out and belong to a group that has only the best interest of dental hygiene in Manitoba.

Reminder! The deadline for submissions for the summer Montage issue is: June 15, 2008. We welcome all submissions!

Manitoba Dental Hygienists' Association

Box 25112
Winnipeg, Manitoba R2V 4C7
1-204-981-7327
E-mail: info@mdha.ca

Spring 2008



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*vs a regular manual brush.

Reference: 1. Data on file, P&G.

President's Message...

Mary Bertone

If we don't change, we don't grow. If we don't grow, we aren't really living.

Gail Sheehy

Spring is finally on the doorstep. Hooray! My favorite time of year, of course once all the snow has melted and made way for first bloom. Spring is a time for new beginnings, and in that sense MDHA is going through a Spring of its own.

New beginnings; we have our largest membership ever. **New beginnings**; more than three times our previous best turnout attended the Annual Midwinter Meeting (AMM). It was great to see so many members take interest in what's happening in our Association. With such an increase in attendance there was bound to be some disruption. The Board reflected on what worked & what did not work, and will implement changes for the next AMM to minimize disruptions & delays.

Congratulations to our winners Diane Harding & Christy Leahy who won the door prize and survey prize and each received \$50 gift certificate for the RiverStone Spa. We received valuable suggestions for future Professional Development sessions. Here are just some of the examples.

- Interprofessional development
- Hands on Perio skills courses
- Infection control review
- Teeth Whiteners-What's new, what's the deal
- Courses held in the evenings

New beginnings; we're online! Welcome to MDHA's new website, our newest way of serving and communicating with our membership. It is still somewhat under construction, but please check it out and if you have suggestions for how to improve it, please do not be shy to give us your feedback. Also please note that our email address has changed. While our old address (mdha2@mts.net) will still work for the next couple of months, please use our new email address info@mdha.ca.

April 13-17 is the National Dental Hygiene Week. Please check back here for more information as it becomes available. We hope that you will be able to take part in our activities to promote our profession to the public.

Carol Yakiwchuk (CDHA President) and I attended the Faculty of Dentistry's 50th Anniversary Gala celebration this past January. They say life begins at 50, and with the continued integration of Dental Hygiene and the increasing role that we play in overall health, I believe it.

New beginnings; MDHA is looking for an Executive Director. Look for our job bulletin later in this issue. If you or someone you know fits this bill, we would love to hear from you!

New beginnings; we need you! The MDHA has vacancies on the Board of Directors. If you are interested in giving back to your profession in this capacity, please contact us (remember that new email address?). If you have any questions about any of the available positions, don't be shy to ask. Remember, free CE!

Hope to see you at the Annual General Meeting on June 3rd. Until then, keep smiling!

Message your President-Elect

Leanne Enns

Well, we did it! We got through another bitterly cold winter and what do we have to show for it? A bunch of dirty cars, cluttered houses and offices and a few extra pounds around our waists... Don't you just love the effects of winter? Well, now we are just waiting for spring to show it's bright sunny face to us. We are waiting for the days that we don't have to bundle ourselves up and freeze while walking to our vehicles. Waiting for the days when we can go for walks through the park, inhale the fresh crisp spring air into our lungs, marvel at the sights of budding trees and sprouting grass, and whistle along with the birds that fly overhead. But, we need to remember that the changes in weather, bring with them two words that nobody ever wants to think about... **SPRING CLEANING!** I'm sorry, but it had to be said. Now is the time of year when we must clear up clutter and dust our homes and workspaces, carry out those tasks that we've put off for the past few months because it was too cold outside, and welcome spring in with open arms.

While cleaning my home, I like to sort through the papers that I've received from both CDHA and MDHA and also look over all of the CE courses I have taken throughout the year. I review all of the information and look for answers to the questions I've been asked, but couldn't answer at the time. I also like to make plans for some of the things I wish to do in the future. This is my list for this spring:

1. Attend the AGM and the Welcome to the Profession Reception 2008
2. Volunteer for at least one event MDHA takes part in for the upcoming year (such as Boo at the Zoo)
3. Educate my patients afflicted with aphthous ulcers about the products readily available to them, which will help them through the healing process and also aid in pain management
4. Attend at least two CE courses held in Winnipeg throughout 2008-2009 (instead of pursuing CE online or via mail)
5. Stretch daily and attempt to eat better and drink more water

I hope you all have a wonderful time enjoying spring and making your own "to do" list. Just think...only a few more months and summer will be here!!!!!!

LOOKING FOR EMPLOYMENT OPPORTUNITIES?

The MDHA job placement service is your connection to dental offices that are looking to employ dental hygienists full-time/part-time and for temporary relief. This service is a benefit to MDHA members, so if you are looking please leave a message for Cindy at:

Phone: (204)981-7327
Email: employment@mdha.ca

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PROFESSIONAL OPPORTUNITIES**MDHA Executive Director**

The MDHA is looking for an energetic, motivated and organized person to serve our organization as Executive Director. The job description for this position will evolve over time as the association continues to grow, as would the support staffing. The position is advertised with this in mind.

Position Responsibilities The Executive Director, under this current structure would be responsible for the following activities:

1. Reports directly to the MDHA Executive Council through the president or his/ her alternate
2. Continuance of an administrative infrastructure for the MDHA
 - Upholds a working knowledge of committees, programs/ activities, and resources that are currently in effect, and of those that are viewed as needed in the future as the association continues to evolve.
 - Provide ongoing support to the Executive Council, i.e.-coordinate executive meetings and general meetings, and if requested, committee meetings, of the MDHA, including the preparation of minutes and their distribution, room bookings, etc. Attending these meetings unless otherwise notified to the contraire.
 - Ensure the currency of the MDHA policy, mission/mandate, and other.
 - Maintain accurate and easily accessible records/archives of all MDHA activities.
 - Act as a liaison between committees.
 - Ensure the publication of the Montage and development of community outreach resources/materials through contact with the Montage Editors and the Oral Health Promotion Persons
3. Ensure that the Association focuses its energy and resources on the goals, both short-term and long- term, of the MDHA: and recommends and assists to formulate and implement policies to this end so that the association can change and grow to meet the needs of the dental hygiene profession and the client it serves.
4. Responsible for the “day-to-day” operations and management of the MDHA,
 - Interact positively with the public, the dental hygiene community and others through telephone, email, written and in-person contact.
 - Manages the office affairs (membership, financial activity, materials, staff).
5. Builds alliances with governments, professional associations, educational institutions and related health groups.
6. Acts as the spokesperson of the association.

Qualifications:

1. Strong leadership and administrative skills.
2. Excellent interpersonal and communication skills; high level of tact and diplomacy in dealing with people.
3. Excellent written and oral skills.
4. Knowledge of health legislation, regulation and administration.
5. Ability to use computer word processing, spreadsheets, email and data banks.
6. Ability to travel, if required.
7. Positive evidence of previous work within a volunteer association and basic accounting experience would be an asset.

....continued on page 7

Continued from page 6...

Salary: Hours will be negotiated at the time of hiring, although it is anticipated that at this point in time, the maximum is 3-7 hours/week. Compensation commensurate with experience. An annual appraisal will be conducted by the MDHA Executive.

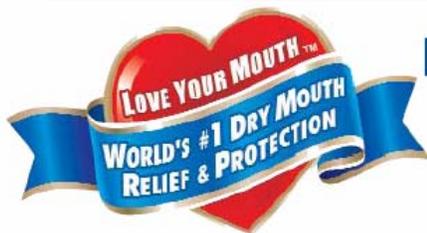
Location: Home-based office. Computer software programs will provided, as well as access to a computer.

Please submit your cover letter and resume to:

MDHA
P. O. Box 25112
Winnipeg, MB R2V 4C7
or to info@mdha.ca

National Dental Hygienist Week is annual event dedicated to heightened awareness about preventative oral health care, and to help Canadians understand the role and importance of dental hygiene profession.

Keep checking our new website for more exciting details on how MDHA members can participate in National Dental Hygienist Week, April 13-19, 2008.



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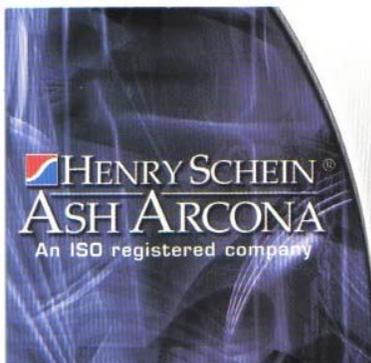
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MDHA Member Reaching Out to our Community...

On February 12, 2008 I had that pleasure of speaking to a group of 20 women on the importance of oral health. I was asked to present to a TOPS weight-loss group and I decided to focus my presentation on the links between oral health and overall health. The group was extremely attentive, asked insightful questions and overall the evening was a great success! I would like to say thank-you to the MDHA for providing me with the toothbrushes and floss I handed out at the end of the presentation. The toothbrushes and floss were a great hit with the participants and could very well be the number one reason I was asked to present again!

Kathy Griffiths BSc, RDH



A special thank you to SUNSTAR sponsoring:

- MDHA Annual Mid-winter meeting on January 25, 2008
- “Bad Breath, Bad Taste and Biofilm” by Anne Bozy on February 9, 2008
- Evening of Employment on February 11, 2008

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The MDHA appreciates the continued support!

Welcome to the Profession Reception

The Manitoba Dental Hygienists Association will be hosting a reception for the new graduates of the University of Manitoba, School of Dental Hygiene. All members are welcome to attend:

Maxime's Restaurant
1131 St. Mary's Road
Monday, April 21st at 6:30 pm

RSVP: By April 15th
info@mdha.ca or 981-7327



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Congratulations to the Dental Hygiene Class of 2008!

**College of Dental Hygienists of Manitoba Transitional Council
– March 2008 Update**

Kellie Hildebrandt, CDHM Registrar Mickey Wener, CDHM TC Chair

Thank you!

We would like to thank everyone for their patience and understanding during our first registration. It has been more time-consuming and cumbersome than previously, and we sincerely appreciate your attention to the requirements. Certificates, wallet cards and receipts have been mailed out to those with completed registration. A list of names on the Register of Dental Hygienists will soon be made available publicly for employers.

Regulations and Your Ability to Work Unsupervised

It is unfortunate that the timing of the regulations being passed was not able to coincide with the January 15, 2008 registration date as initially anticipated. At our last Transitional Council meeting, Manitoba Health indicated that they anticipate the Act will come into force by April 1, 2008. Even then, we know there are no guarantees as to how fast all will move through the governmental process. It does mean that you legally are unable to work unsupervised until the regulations are passed and the Act comes into force. Please check the CDHM voicemail (219-2678) or the CDHMTC website for updates. <http://www.gov.mb.ca/health/cdhmtc/index.html>

Annual General Meeting (AGM) and Elections for Council Positions and Committees

Notice of the College's first AGM will be sent 30 days prior to the meeting date. At this meeting, we will need to elect registered dental hygienists (practicing or non-practicing) for the CDHM Council and the following committees: Continuing Competency, Complaints, and Disciplinary. It will be important to have individuals who represent a broad spectrum of experience and ideas.

The Council will govern the activities of the College and will consist of 6 dental hygienists and 3 members of the public. They will meet a minimum of four times/year.

The Continuing Competency Committee will be initially gathering information on continuing competency programs in other provinces and professions, then making recommendations to the Council on a program that will be phased in for Manitoba dental hygienists.

The Complaints and Disciplinary committees will deal with just that, any complaints that come forth and resulting disciplinary action.

It is an exciting time to be involved in dental hygiene in Manitoba as new legislative changes open up new opportunities for both practice and for serving. We encourage you to attend the AGM, to consider colleagues and yourself for these important positions, and to vote for your chosen representatives.

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Napa, CA

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Cheryl Thomas RDH
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“Like most dental hygienists, I really dislike having to sharpen my scalars. But with EverEdge, you just do not have to do it as often... and this saves time, the life of the instrument, and of course hand fatigue. I have had Carpal Tunnel Release surgery – having sharp scalars all the time, but not having to sharpen them so often, really helps reduce the chance of recurrence of the strain injury. When you combine all of this, EverEdge scalars are great value.”

Glen Vasiladis, RDH
Toronto, Ontario, Canada



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